



# Mark This Word

The Parish Newsletter of St Mark the Evangelist, Ottawa  
Anglican Church of Canada

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## Episcopal Visit in February

*On February 9, 2014, St Mark's welcomed Bishop John Chapman, as well as parishioners and clergy of St Michael's and St Richard's, in an historical tri-parish celebration*

**Will Knight:** St Mark's celebrated a special day on Sunday, February 9, 2014 when it welcomed the congregations of St Richard's and St Michael and All Angels to worship with the Bishop of Ottawa, the Right Reverend John Chapman. The day was also special for particular members of all three congregations; several reaffirmed the baptismal covenant; others were confirmed as Anglicans; and some were received into the church. From our congregation, Audia Barnett and Kathy Joly reaffirmed their faith, while Gillian Martin and I were welcomed into the Anglican communion.

It was good to see St Mark's pews filled with members from all three parishes. The choir too was larger, supplemented by other choristers. And the Reverend Brian Kauk shared the altar with the Reverend Dr. Linda Privitera from St Michael's and the Reverend Margo Whittaker from St Richard's. Our bishop commented on this when he briefly spoke in his welcoming remarks. He hoped it boded well for the MAP process in which all three parishes were engaged. In his sermon Bishop John



*Audia Barnett, Fr Brian, Gillian Martin, Bishop John, William Knight, Kathy Joly*

reminded us that we are both the salt and light of the world, a commentary on Matthew 5:13-16. His observations on regaining our saltiness and showing our light spoke not just to those confirming and reaffirming their faith, but to all congregation members as they contemplated what MAP means.

After the service, the Bishop posed for pictures with those he had just confirmed, re-affirmed, and received. The large combined congregations made for a lively coffee reception after the service; it was actually hard to navigate around all the little knots of people in Bishop Reed Hall. But it appeared that everyone got a slice of cake, thanks to the care of our able coffee servers.



*Parishioners from St Mark's, St Michael's and St Richard's presented to Bishop John Chapman on his Episcopal visit to St Mark's.*



# Pancake Supper has a change of management, but don't flip!

*Since 1969, the Marksmen of St Mark's BAC (Brotherhood of Anglican Churchmen) have hosted a Pancake Supper on Shrove Tuesday. Over the years, this annual pre-Lenten celebration has evolved into a well-appreciated and well-attended parish event.*

Connie and Lorne Bowerman, with help from their family and men of the parish, have been running the event faithfully since 2008. They took over from Murray Cobb, who had been the organizer for nearly 30 years. On Shrove Tuesday, March 4, 2014, the Bowermans passed the griddle and pancake flippers to a new team: Kate and Steve Close, Georgia Roberts and Russell Wilkins.



Thank you Lorne and Connie. And thank you to Ted Dale who is still working the sausage detail.

Rumour has it that Connie still plans to be involved for a few more years. St Mark's will continue to tap into her wealth of experience and expertise, but the team will be giving her a break with the hands-on aspects. We're grateful for the wonderful tradition that was set in motion by the Marksmen all those years ago!

## Gavin ... meet Gavin



*It was the meeting of the two Gavins at this year's Pancake Supper. Left, Gavin Brown (son of Ceri Morris and Chris Brown) with Grandpa Dave, and Gavin Throp (son of Valarie Bowman) with Dad Grant*

### St Mark's Parish Milestones:

#### A Venerable Senior is 65 !

**1949** October 9 - first Anglican service in Carleton Heights school



#### and our Church turns 60

**1954** December 24 - first service in the unfinished church building

**1955** February 6 - first official service in the finished church  
February 24 - dedication of church



## Ministry Assessment Process (MAP)

### Wind-up of MAP at St Mark's

As noted in previous newsletters, a number of events have taken place for discussing the Ministry Assessment Process (MAP) and a quantity of information material about MAP has been provided to the parishioners of St Mark's.

On Sunday April 4 there was a special Vestry at St Mark's with the sole purpose of voting on the following resolution:

*"It is resolved that St Mark's agrees to move toward the creation of a new parish to be named by the Bishop, in partnership with St Michael and All Angels and/or St Richard's."*

After several parishioners spoke to the resolution – some in support and some against – the vote was called, and of the 110 people eligible to vote, 32 voted for the motion and 77 voted against.

Both St Michael's and St Richard's considered parallel resolutions during their annual vestries in February and both voted in favour with large majorities. They have now created an Implementation Council for moving forward together.

The members of St Mark's who were on the MAP Leadership and Discernment Teams found it a privilege to work on this process. It was a very positive and challenging experience.

A letter of thanks and good wishes has been sent to St Michael's and St Richard's.

*St Mark's Leadership Team*



### A few thoughts from the pew

"How positive it was to get so much closer to the other two parishes with all the joint activities that occurred. Those are relationships that we should continue to foster no matter what the future brings - because the future could well bring us together in a more permanent configuration - who knows?"

"Ever since the beginning, Christians have disagreed and gone in different directions, but at the same time they retained their common belief in the Risen Lord. For St. Mark's worship was, is and always will be different than what other parishes want to participate in. Post-MAP we have to concentrate in rebuilding our core values and in doing so will require the full support of our parish. At the root level, love, thoughtfulness and communications are vital in bringing us back together and this can only be done by focusing on the needs within our own parish. We must revitalize our aging structure and our aging community."

### May 4, 2014 Joint Service

On Sunday May 4, 2014, members of St Mark's and St Richard's joined with the parish of St Michael's to celebrate the ministry of Linda Privitera on her retirement.

It was also a service of moving forward for all the three churches, with this prayer:

*Lord, we thank you for the journey we have taken together... for the joys and sorrows, the promise and the pain that we have shared. We ask that your Holy Spirit guide each congregation and each parishioner into the future that you desire for them.*

*Lord, Hear our prayer*

*photos: provided by Linda Privitera's family*



# Seniors' Eucharist and Lunch, June 4 ... and our own Olympian



*Dena Burley with the Pro-Am Bronze medal she won at the Beaverbrook - Amica Olympics.*

## GIFT / Stewardship

I came across the following during my daily meditations and thought it would be a loving and gentle way of continuing our faith journey and exploration of stewardship. It is from one of my favourite mentors, Fr. Richard Rohr.

### **Living in the Flow**

*If the Trinitarian life flows between us, then every aspect of our lives is something that we can allow, enjoy, and steward. A Trinitarian theology gives you the understanding that you are being guided and you are participating in the Great Mystery. And it has very little to do with you except, like Mary, your "yes" seems to be crucial. It matters. It seems that God does not operate uninvited.*

*You are a part of the flow. The Father, Son, and Holy Spirit—and you too, to the degree you say "yes"—are each perfectly giving and perfectly receiving, without any obstruction to the divine flow. Each person of the Trinity welcomes 100% of what is offered, which is entire and unrestricted. This is called Grace. To simply receive is always a humiliation, yet it is even harder to immediately let go of what you've freely received.*

*You can live this mystery yourself. Trust love, trust communion, trust vulnerability, and trust mutuality. Always seek to be in relationship, finding little ways to serve others, to serve the sick, to serve the poor who*

*cannot pay you back. Know that your heart is given to you and needs to be handed on, just like the Trinity. And you'll begin to know yourself inside this mystery called Love.*

*Don't try to work this out too much with your head. Just trust the flow of the most natural, dynamic, and positive energy that's already flowing through you. It will feel like Love.*

I look forward to our exploration of our Stewardship journey at St. Mark's and our continued Growing In Faith Together (GIFT) endeavours. In the coming weeks you will get more details about how we are doing and what we are doing with our GIFT contributions.

Inspired by God's Love  
Michael Perkin - Stewardship/GIFT

**More thoughts from the pew**

On page 3 you will see **a few thoughts from the pew** section on MAP. Maybe there are other thoughts on other topics that you would like to briefly comment on. One suggestion that has already come through is thoughts on the joint summer services.

This is your section - send your thoughts to the office or [mtw@stmarksottawa.ca](mailto:mtw@stmarksottawa.ca)



## Nurses: Angels on Earth

*"I think one's feelings waste themselves in words; they ought all to be distilled into actions which bring results."* Florence Nightingale

Many who have been ill can attest to nurses as "angels on earth". The nurse is usually the one right there on the spot, doing what is needed. Before the foundation of modern nursing, the church (nuns) and the army often provided nursing-like services. Possibly the first nurse in the Bible was Phoebe (Romans 16:1) a deaconess of the early church.

Nurses have had a profound effect on the quality of Canadian life.

**1639:** Augustine nuns establish a medical mission in Quebec;

**1874:** Formal nurse training was established at the General and Marine Hospital, St. Catharines, Ontario;

**1899-1902:** Canadian nurses were sent to the South African (Boer) War;

**1901:** Nurses officially became part of the Royal Canadian Army Medical Corps.

Many nurses have left their mark, especially during conflicts. One of the most prominent is Florence Nightingale, (1854 Crimean War). Appalled by the conditions of the hospitals, she became an advocate for hygiene, and a hero throughout the world with her dedication and contribution to the nursing profession.

For a relatively young parish, St Mark's has had a number of nurses who followed Florence Nightingale's example of putting feelings, training, into action. Former parishioners Joyce Fitzgerald (deceased) and Lillian Bowden were both military nurses. We had Joan Whitham, Annabel Griffiths, Eileen Heppell. We still have some former nurses today, including Doreen Craig and Gillian Morris and there's bound to be others.

Nurses may be angels on earth, but in the last couple of years, we have lost three nurses, who have now become heavenly angels. Each in their own way made their mark in our community: Barbara May, Betty Gillham and Gail Stone.



**Barbara:** The inscription on Barbara's burial site says it all: *"She taught us by her life serene what faith and hope and love could mean"*. Her daughter Marion remembers her as "a quick responder and cool as a cucumber under pressure" when numerous times she was called upon to provide

emergency care at local traffic accidents. For many years Barbara and husband George were leaders of the marriage enrichment courses at the diocese. She was a member of the church choir and instrumental in the choir ladies ridding themselves of their mortar boards!



**Betty:** Where do you start with the many hats of Betty - racing car driver; Girl Guide leader; Head Nurse - Civic Hospital; Public Health Nurse - Ottawa-Carleton School Board; Church Warden; Church Treasurer; Choir Camp nurse; Diocesan Lay Reader; sub-deacon; pastoral care leader; Board of Nepean Seniors' Home Support; Council on Aging; mother and grandmother to all; maker of cakes; Nepean's Citizen of the Year. Rest in peace, Betty.



**Gail:** She was a nurse all her adult life, professionally and personally. When not on duty, she would often be found caring for family and friends, and was an early advocate of palliative care, eventually going into private practice. Gail headed our health committee and was instrumental in bringing the Parish Nurse program to St Mark's. Although never formally a Parish Nurse, she trained at Algonquin with Patti Robillard, St Mark's first Parish Nurse. Gail was a person of deep faith, where prayer and spirituality played a large part. She was one who also put her faith and prayer into action.

These are just a few of our parish nurse angels. Quite often there would be a Sunday incident, someone would faint, and our nurse angels would quietly get in to action with the majority of the congregation unaware there was an emergency.

Although none of these angels were officially what we know today as Parish Nurses, in their day they certainly did many of the things that have now been taken on by our Parish Nurses: Patti Robillard - 2004 - 2012 and Janet Helmer 2013 - to the present.

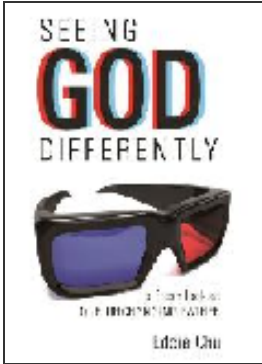
**Thank you to all our Angels, past and present.**



# Seeing God differently: a fresh look at our unchanging Father

*“In a day and age where people have constructed God in their own images, a book that brings some clarity to viewing God is much needed.”*

Dr. Anthony Campolo



*Seeing God differently*, 2013, is a book written by one of St Mark's own parishioners, Eddie Chu. It responds to many questions that many of us have when we think about God and leads us “on a journey toward discovering the powerful parental love of God”. Our copy includes

endorsements from Dr. Tony Campolo and Philip Yancey as well as David Kitz.

Eddie Chu grew up in Hong Kong under a mixture of eastern and western religious influences. After becoming a Christian in Toronto, he completed the core requirements of the Master of Theological Studies degree at Tyndale University College and Seminary. He and his wife Kathy are active our St. Mark's congregation.

I recommend Eddie's book. More information can be found at [www.SeeingGodDifferently.com](http://www.SeeingGodDifferently.com)

*Betty Caughlin: Parish Librarian*

## Episcopal Visit - presentation by Church School and Nursery

The lessons for Bishop John's visit in February were of light and salt of the earth, so the children of the church school and nursery made lanterns and joined together to sing 'This little light of mine'. They also sang the 'Sanctuary' song.

*O Lord, prepare me  
to be a sanctuary,  
Pure and holy,  
strong and true.  
With thanksgiving,  
I'll be a living  
Sanctuary for You*



## The Rev Nash ...

On May 14, 2014, the Feast of St Matthias, Bishop John Chapman ordained Richard Nash Smith as a transitional deacon at a ceremony at Christ Church Cathedral. Many of you will remember Nash from his time with us at St Mark's, and the parish was well represented at the service.

Here's what Nash said following his ordination: *Brian [Kauk] was there with a present from the whole parish. It was wonderful. The next stage for me is my half-time curacy at St Thomas, Alta Vista, starting August 6, 2014 for two years. All being well, I shall be ordained full priest in November 2014. Please extend my deepest gratitude to everyone.*

## St Mark's Roll Call

### Births

- Oliver David Brown (*Gillian Morris' grandson*)
- Jackson Martinez-Ball (*Ann Matthews' grandson*)
- Alexander Peter David Bawden (*Karen Roberts' son*)

### New Parishioners

- Sylvia & John Groulx

### Moves

- Jean and Murray Cobb to Lucan, Ontario

### Deaths

- |                |             |                 |
|----------------|-------------|-----------------|
| Della Kerman   | Eileen Holt | Clair Gleddie   |
| Betty Gillham  | John Platt  | Ken Simpson     |
| Johanne Barnum | Joan Knight | Winifred Finnie |
| Aleck Tokessy  |             |                 |



## Moving into the 21<sup>st</sup> Century - the electronic church

*Taken a little bit tongue-in-cheek, this could soon be the church of the future. Many churches have already done away with hymn books and prayer books and are using audio visual equipment for the 'word'. Let's look at what could happen ... and what already is.*

### Church Services of the Future?

PRIEST: Praise the Lord!  
 CONGREGATION: The Lord's name be praised!

PRIEST: Will everyone please turn on their tablet, PC, iPad, smart phone and Kindle Bibles. The church Wi-Fi password is 'LORD911'. Please switch on your Bluetooth to download the sermon, and open your Kindles to 1 Cor. 13:13.

*P-a-u-s-e*

PRIEST: Now, Let us pray committing this week into God's hands. Open your Apps, BBM, Twitter and Facebook, and have a personal chat with God.

*S-i-l-e-n-c-e*

PRIEST: As we give our offerings, have your credit or debit cards ready, to transfer your contributions to the church account.

- for electronic fund transfers: extra computers and laptops are at the rear of the church;
- for iPads, you already have them open.
- for telephone banking, take out your cell phones;
- for those who are technically challenged, ushers will circulate with mobile card swipe machines;
- for the really technically challenged we will take cash, with photo ID.

*The Church becomes truly electrified as ALL the smart phones, iPads, PCs and laptops beep and flicker!*

- PRIEST: Announcements and Final Blessing:
- this week's ministry cell-meetings will be held on various Facebook group pages where the usual group chat takes place. Please log in;
  - Thursday's Bible study will be held live on Skype at 7:00 pm. Please don't miss out;
  - for counselling and prayers, you can follow our Priest on Twitter this weekend;
  - for hymn-singing, tune in to [www.hymnsRUS.ca](http://www.hymnsRUS.ca)

May God bless you, and have nice day.  
 CONGREGATION: Amen!

### Church Music via Computer?

Last February the *Anglican Journal* ran an article on alternate ways for providing church music and hymns, noting that without today's technological tools, like the internet, some congregations would have no organ, or choral music at Sunday services. One parish even uses Skype, (the visual telephone) where a former organist plays the service music via long-distance video.



Sadly there are fewer church choirs, and fewer church organs and organists, and this year St Mark's even had times without our organ. This led our choir poet-laureate-in-residence to come up with one of her many gems.

*I do not understand the hype  
 in sending hymns by means of Skype!  
 How could it sub for organ pipe  
 With stops for notes so round and ripe?*

*No, count me out, I'd rather raise  
 a solo voice in heartfelt praise  
 But I'd prefer a bass like Ray's  
 And other voices for each phrase.*

*A lovely choir and organ strong  
 Would be my choice all my life long  
 So blessed am I to share my song  
 with St Mark's choir where I belong!*

Brenda Zanin

### **Thank you Margaret P**

The Rector and Wardens announce that Margaret Pirnat will not be returning to her position as Parish Secretary in September.

We wish Margaret all the best in her future endeavours and are thankful for her years of service in the church office.



# Calendar of Events

<b>Sunday September 7</b> <b>Regular Sunday Schedules</b> 8:00 am Holy Eucharist 10:00 am Sung Eucharist Church School & Nursery
<b>Sunday September 21</b> <b>Parish BBQ</b> following the 10:00 am service
<b>Sunday October 5</b> <b>Parish Breakfast</b> Bishop Reed Hall following the 8:00 am service
<b>Saturday November 1</b> <b>Annual Bazaar</b> 10:30 am - 2:00 pm
<b>Sunday November 9</b> <b>Parish Breakfast</b> Bishop Reed Hall following the 8:00 am service
<b>Wednesday November 19</b> <b>Seniors' Eucharist and lunch</b> TBA
<b>Sunday November 30 - Advent I</b>
<b>Wednesday December 24</b> Christmas Eve
<b>Thursday December 25</b> Christmas Day

Clergy / Diocesan Information	
September 22 - 24	Clergy Conference
October 15	Ottawa West Great Chapter at St Mark's
October 16 - 19	ACPO Fr Brian away
November 6 - 8	Diocesan Synod

New Weekly Schedules	
<b>Mondays</b>	9:00 am Slim & Trim - Hall 6:30 pm Cubs - St Rita's
<b>Tuesdays</b>	7:30 pm Prayer & Praise - Choir Room 3rd Tuesday Prayers for Healing - Chapel
<b>Wednesdays</b>	9:00 am Slim & Trim - Hall 7:00 pm Scouts - St Mark's or St Rita's
<b>Thursdays</b>	6:30 pm Beavers - St Rita's 7:00 pm Senior Choir - Choir Room / Church
<b>Fridays</b>	9:00 am Slim & Trim - Hall 10:30 am Eucharist - Perley Rideau

New Monthly Schedules	
<b>1st Sunday</b>	12 noon Prayer Shawl meeting - Chapel
<b>1st Monday</b>	12 noon Circle 2 - Hall
<b>1st Thursday</b>	7:00 pm Scout Group Committee
<b>2nd Wednesday</b>	7:30 pm Parish Council - Hall
<b>4th Tuesday</b>	1:00 pm Mothers' Union - Hall
<b>4th Wednesday</b>	Health Committee - as needed - Hall



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