



St Mark the Evangelist Anglican Church

1606 Fisher Ave, Ottawa ON K2C 1X6

Volume 3:38

Weekly Newsletter

Dear friends,

Welcome to our weekly newsletter. We are continuing the weekly newsletter for the foreseeable future.

Look for Addendum at
end **December 9, 2022**



REMINDER

- **Masks are strongly encouraged.**
- **Wear a mask during coffee time.**
- **Get your COVID-19 Booster & Flu Vaccine!**

For inquiries and concerns, please email
Covid19HelpDesk@ottawa.anglican.ca

Shout Outs

If you would like some special occasion like an anniversary or birthday acknowledged in the Sunday service, Fr Julian will be more than happy to announce it. However, it must be into either Father Julian or the office by Wednesday Evening for it to be included in the service for the following Sunday.

Live Streaming

The service will be streamed at 10 am on Sunday. Here are the links for the [service](#) and the [bulletin](#). The link is also available on the home page of our website: <http://www.stmarksottawa.ca>

Last week for completely unknown reasons, the streaming hardware stopped working during the service and the device was also unable to record. It seemed to be working fine yesterday so hopefully this week will be fine.

Christmas Flowers

If you would like to place flowers on the altar for Christmas in thanksgiving or in memory of loved ones, please contact the office before December 20.

Fall Bazaar 2022

This is the last Sunday of the bazaar! The online order form is [here](#) and you may place your orders for pick up on Sunday

This week, there are mince tarts available for order. If you have already placed orders, you may pick up your cookie boxes and Eccles cakes. There may be more cookie boxes both 4 l and smaller available on Sunday. We will not know until the cookies are packed how many there will be.

There will be cards and gift tags available after church. There are a few preserves available.

The Christmas cookie boxes are being packed tomorrow morning (Dec 10) at 9 am so if you still wish to contribute cookies, there is still time. No need to package them up because they are packed into the larger boxes.

-Joy Bowerman, Bazaar Convenor

Coffee, Company & Conversation

CCC continues on Thursday, December 15. This is the last gathering of 2022 and has the theme Christmas Joy. Come gather round to sing Christmas carols and enjoy some holiday treats. All are welcome.

Great Antiphons of Advent

This year at the beginning of the 10 am services we have been hearing some of the Great Antiphons of Advent. (An antiphon is a short sentence sung or recited before or after a psalm or canticle.) These date from the 6th century in Italy and were originally used before the Magnificat in the 7 days preceding Christmas. They are also known as the O antiphons because each of them begins

with O. There are references to the antiphons in numerous Advent materials. The Advent litany uses the O antiphons, but probably the most well known is the hymn O Come, O Come Emmanuel. If you are listening to the 10 am service, you will hear a solo voice singing the original Latin antiphon followed by everyone singing the corresponding verse from O Come, O Come Emmanuel.

Advent Outreach Opportunities

During the season of Advent as we prepare for Christmas, we often look around us and help those in the community. This year we have a couple of opportunities for this outreach.



Gift Bags for Nelson House

I am hoping that we can make Christmas a little brighter for the women of Nelson House by preparing Gift Bags for them. I have made up a

sample bag of the following items :

- Chocolates
- Hat and gloves
- Deodorant
- Toothbrush and toothpaste
- Shampoo
- Body Lotion

These items are suggestions only ...use your imagination to create your own unique Gift Bag. Bags can be left in the Link and will be delivered to Nelson House the week before Christmas.

Thank you once again for your anticipated generosity.

Joan Hounsell,
Outreach Co-ordinator

Advent Giving Tree

We will once more be delivering your gifts to various agencies, including the Mission and the Well, with St Luke's Table. We need

toiletries, both regular and 'hotel' sizes, hand and body lotion, shampoo, toothpaste, combs, razors, deodorant, and also socks and underwear M-L for men and M for women. Also hats mitts and scarves are appreciated, along with small gifts including cookies chocolate and candies.

Please leave the above items in a regular bag, unwrapped, under the tree.

Thank you, for your caring, as we try to move forward.

Jenny and Cynthia.

Magnificat

This Sunday the musical theme running through the service is the Magnificat.

The Magnificat (Canticle 18 in the BAS) or the Song of Mary or in the Byzantine tradition the Ode of the Theotokos is taken from the Gospel of Luke. Magnificat is the first word of the Latin version which begins Magnificat Anima Mea Dominum, My soul magnifies the Lord. The words are spoken by Mary while visiting her cousin Elizabeth who is pregnant with John the Baptist. Elizabeth praises Mary for her faith (using words partially reflected in the Hail Mary), and Mary responds with what is now known as the Magnificat.

The Magnificat is one of the eight most ancient Christian hymns and in Western Christianity is sung at the main evening service while in Eastern Christianity, it is sung at the morning service.

There is some scholarly discussion of whether the historical Mary herself actually proclaimed these words. The canticle echoes several biblical passages, but the most pronounced allusions are to the Song of Hannah, from the Books of Samuel (1 Samuel 2:1–10).

Although the gospel of Luke is believed to be originally written in Greek, the text has been translated and interpreted many times. This Sunday morning, we will hear three different interpretations of this ancient hymn. First chanted as a traditional Anglican psalm using the words from the Book of Common Prayer. Then as the offertory hymn from Common

Praise with words written in 1962 and again as the communion anthem from Sing a New Creation with words written in 1990. As well, both the prelude and postlude are based on the Magnificat.

Coffee Hour Help

We are looking for several people to join the Coffee Hour teams. Each team usually consists of 3 or 4 people who share the preparation of coffee and small treats, and is on duty once every two months. Right now several groups are working with only two people.

Please call Pauline at 613-224-7608 or email pmadams39@gmail.com, if you would like to help out.

PWRDF Advent Resource

The Primate's World Relief and Development Fund offers a yearly Advent resource. This year the resource is called The Gift of Hope. To subscribe to this online resource visit <https://pwrdf.org/advent2022/>

Debra Dynes Fundraiser



WILD WING

DEBRA DYNES FAMILY HOUSE HOLIDAY FUNDRAISER!

DRAW OPEN UNTIL DECEMBER 14TH
ALL PROCEEDS GO TO HELP FAMILIES

Prize list:

1. SENATORS VS KRAKEN TICKETS SATURDAY, JANUARY 7TH
2. SHOPPERS DRUG MART GIFT BASKET (\$500 VALUE)
3. MAHOMES JERSEY
4. COORS SELTZER MINI FRIDGE
5. BEER STORE GIFT BASKET
6. ONE OF 3 MAIGA ALL OCCASION BASKETS
7. WILD WING \$100 GIFT CARD WITH MOLSON SWAG

\$20/ticket

All donations of new or like-new condition toys, clothes, books, non-perishable foods, and household items are graciously accepted. Get a ballot to win one of 4 \$25 Wild Wing gift cards for donating

Cash payment only

Budget Submissions

If you know of any project or would like to propose any project for inclusion in the 2023 budget, please submit them to the office by the beginning of December.

Forward Day by Day

The November to January Forward Day by Day are now available. The cost of them has risen and \$3 would allow us to actually cover the cost of the booklets.

COVID Communique from the Diocese

Respiratory viruses in Ontario and Quebec are sending young children to emergency rooms at double or triple the usual rate due to a combination of the highly contagious RSV, COVID-19, and influenza. It is a situation that calls for a response by all who care for the vulnerable in our midst. Throughout the pandemic, our response to the reality of public health concerns has been science-based, and this latest challenge must be met the same way.

Last month we implemented the requirement of masks for those in liturgical leadership. Masks are an effective tool for combating respiratory viruses as well as the flu.

Keeping that in mind, we ask each congregation to:

- ask people to stay home when they are symptomatic
- strongly encourage mask-wearing
- have masks available for those who forgot theirs
- **encourage people to wear masks during coffee time**
- encourage COVID boosters and flu shots

Bible Study

This past Fall we didn't have any Bible Study. This was due to the fact that many of us were involved in the reconstruction of the parish's Pastoral Care Team. As a result, people who are still doing the Ottawa Pastoral Care Counselling course (which is mandatory) each week. I will be on vacation from 16th

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November 2022. Upon my return, we will schedule a time for Bible Study via zoom.

Peace,
Fr. Julian

Office Hours

The office will be open Monday, Wednesday and Friday from 9:30 to noon.

Changes to COVID restrictions

The masking requirement was reinstated for all liturgical leaders on Sunday, October 30. The following procedures remain in place

- Masks are still recommended for all members of the congregation but required for all liturgical leaders.
- The Peace is status quo until further notice.
- ¼ of the nave will remain with “distancing tape” until further notice.

E-Transfers to the Church

We can accept e-transfers to the main church account. We cannot do autodeposit because of the type of account but you may e-transfer money to stmarks@stmarksottawa.ca. You will be required to give a question. Please either make the answer obvious or email the office and let them know the answer to the question. This option has no cost to the church.

Donations to the Church

We are extremely fortunate at St Mark's that there are a number of people who use Pre-Authorized Remittance (PAR). If you are not on PAR, we would encourage you to continue your donations. Of course, putting a cheque in the mail is always a great option for getting your donation to us. If you wish to make a donation by credit card, you may do so at CanadaHelps.

<https://www.canadahelps.org/en/dn/47820>.

Contacting the Church

You may contact the office at 613-224-7431 or stmarks@stmarksottawa.ca. Messages are being monitored.

Comments and Suggestions

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TURKEY PIES are now available for \$6 each. There is a limit of 4 unless you are a family of 5.

Mince Tarts

I sent the newsletter out at noon today and as I sent it, I received the LearnGaelic newsletter which gave a history Mince Pies. I thought it particularly apt since Mince tarts are on offer this Sunday.

Pàidhean mions (Pie-en mince)

How are things?

We're not sure about you, but we've been very busy in the kitchen baking lots of delicious things this week! And we're sure there are plenty of others doing the same. That scone hidden in your drawer came from somewhere, didn't it?

There's a reason we call them 'mince' pies. In the past, people used to make them mostly with mutton, but also with beef, pork, rabbit and venison. When they were first eaten at large gatherings in the middle ages, they were filled with a mixture of mutton, fruit and preserving liquid. Today, mince pies look very different, and there's no meat in the mixture anymore. However, it's when we look back that we realize that their connection to Christmas time hasn't changed.

In days gone by, the mince would be prepared along with the Christmas pudding on the last Sunday before Advent. To spread the joy, it was a tradition down in England that everyone would participate in the baking. And if people wanted to be sure of good health and happiness in the year ahead, they had to eat mince pies every day for the twelve days of Christmas! .

As we know, mince pies are as popular today as ever, and very often, we save one or two for a special old man who is very famous! Why not try making some in your own kitchen? We have a great recipe for them on LearnGaelic — go to LearnGaelic.scot, Watch & Listen, Watch Gaelic, Food and click on [Màiri's Mince Pies](#).

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