

# First Sunday in Lent

## St Mark the Evangelist Anglican Church

1606 Fisher Ave, Ottawa ON K2C 1X6 613-224-7431 <u>STMARKS@STMARKSOTTAWA.CA</u>

Rev. Julian Campbell, Incumbent

We gather today on the traditional and unceded territory of the Algonquin Anishnaabe Nation. May we dwell on this land with respect and peace.

The flowers on the altar today are given by Nancy Reid, Kathryn Woodard and Margaret Groome in memory of their beloved parents, Muriel and George Groome.

10 AM, HOLY EUCHARIST,

Prelude Arioso on Herzliebster Jesu David Blackwell

Pastorale on Rockingham Norman Gilbert

#### **Opening Hymn 175 Forty Days and Forty Nights**

(HEINLEIN)

Forty days and forty nights you were fasting in the wild, forty days and forty nights tempted, and yet undefiled:

Burning heat throughout the day, bitter cold when light had fled, prowling beasts around your way, stones your pillow, earth your bed.

Shall not we your trials share, learn your discipline of will, and with you by fast and prayer wrestle with the powers of hell?

So if Satan, pressing hard, soul and body would destroy, Christ who conquered, be our guard; give to us the victor's joy.

Saviour, may we hear your voice – keep us constant at your side; and with you we shall rejoice at the eternal Eastertide.

#### THE GATHERING OF THE COMMUNITY

All stand. The presiding celebrant greets the community

*Celebrant* The grace of our Lord Jesus Christ,

and the love of God,

and the fellowship of the Holy Spirit,

be with you all.

**People** And also with you.

Celebrant Almighty God,

All to you all hearts are open,

all desires known,

and from you no secrets are hidden. Cleanse the thoughts of our hearts



by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

Act of Praise: Lord, Have Mercy (HYMN 686)

Lord, have mercy, Christ, have mercy, Lord, have mercy.

#### The Collect of the Day

Celebrant Let us pray.

Compassionate God, who sent Jesus Christ to deliver us from all manner of injustices and inequalities, create in us new hearts and enlarged visions, to see the image of God in every person irrespective of background, race and ethnicity. May we be generous in our love of others as we work towards ending misunderstanding, racism and injustice; creating communities of human flourishing, through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen** 

Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

Almighty God, your Son revealed in signs and miracles the wonder of your saving love. Renew your people with your heavenly grace, and in all our weakness sustain us by your mighty power; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever **Amen.** 



# The Proclamation of the Word A Reading from the Book of Genesis

GENESIS 2:15-17; 3:1-7

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die." But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves The word of the Lord.

#### **People** Thanks be to God.

Psalm 32.

Turle (from J.S. Bach)



1. Happy are they whose trans<sup>1</sup>gressions · are for<sup>1</sup>given,\* and whose <sup>1</sup> sin is <sup>1</sup> put a<sup>1</sup>way!



- 2. Happy are they to whom the Lord im putes no guilt, and in whose spirit there is no guile!
- 3. While I held my tongue, my bones <sup>I</sup> withered · a<sup>I</sup>way, \* because of my <sup>I</sup> groaning <sup>I</sup> all day <sup>I</sup> long.
- 4. For your hand was heavy upon me 'day and 'night; \* my moisture was dried up as 'in the 'heat of 'summer.
- 5. Then I acknowledged my 'sin to 'you, \* and did 'not con'ceal my 'guilt.
- 6. I said, "I will confess my trans<sup>1</sup>gressions · to the <sup>1</sup> Lord." \*

  Then you for lgave me · the <sup>1</sup> guilt · of my <sup>1</sup> sin.
- 7. Therefore all the faithful will make their prayers to you in 'time of 'trouble; \*
  when the great waters
  over' flow, they 'shall not 'reach them.
- 8. You are my hiding-place; you prelserve me · from I trouble; \* you surround I me · with I shouts · of deliverance.
- 9. "I will instruct you and teach you in the way that ' you should ' go; \*

  I will ' guide you ' with my ' eye.
- 10. Do not be like horse or mule, which have 'no · under standing; \* who must be fitted with bit and bridle, or else they will not stay near you."
- 11. Great are the tribulations · of the wicked; \* but mercy embraces those who trust in · the Lord.
- 12. Be glad, you righteous, and reljoice in · the l Lord; \*
  Shout for joy, lall · who are true of heart.
- A Reading from the Letter of Paul to the Romans Romans 5:12–19

  Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned—sin was indeed in the world before the law, but sin is not reckoned when there is no



law. Yet death exercised dominion from Adam to Moses. even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

The word of the Lord.

#### **People** Thanks be to God.

#### Gradual Hymn 511 Lord Jesus, Think on Me

(SOUTHWELL)

Lord Jesus, think on me and purge away my sin, from earth-born passions set me free and make me pure within.

Lord Jesus, think on me, with many a care oppressed; let me thy loving servant be and taste thy promised rest.

Lord Jesus, think on me, nor let me go astray; through darkness and perplexity point thou the heavenly way.

Lord Jesus, think on me, that, when the flood is past, I may the eternal brightness see and share thy joy at last.

Lord Jesus, think on me, that I may sing above to Father, Holy Ghost, and thee the songs of praise and love.



Reader The Lord be with you.

People And also with you.

Reader The Holy Gospel of our Lord Jesus Christ according to

Matthew *Matthew 4:1–11* 

**People** Glory to you, Lord Jesus Christ.

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.' "Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone." "Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test." Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him." "Then the devil left him, and suddenly angels came and waited on him.

The Gospel of Christ.

**People** Praise to you, Lord Jesus Christ

Gospel Response: Listen, God is Calling (NENO LAKE MUNGU)

Listen, God is calling through the Word inviting, offering forgiveness, comfort and joy.

Guest Speaker: Archbishop and Most Reverend Linda Nicholls, Primate Anglican Church of Canada



#### The Apostles' Creed

Celebrant Let us confess the faith of our baptism,

as we say,

All I believe in God,

the Father almighty,

creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven.

and is seated at the right hand of the Father.

He will come again

to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

#### **Prayers of the People**

#### **Confession and Absolution**

Celebrant Dear friends in Christ,

God is steadfast in love and infinite in mercy;

he welcomes sinners

and invites them to his table.

Let us confess our sins,

confident in God's forgiveness.

Silence is kept.

Celebrant Most merciful God,

All we confess that we have sinned against you

in thought, word, and deed,

by what we have done,



and by what we have left undone.
We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Celebrant

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People Amen.

All stand, and the presiding celebrant addresses the people.

The peace of the Lord be always with you.

**People** And also with you.

#### THE CELEBRATION OF THE EUCHARIST

The Preparation of the Gifts

#### Offertory Hymn The Right Hand of God, vss. 1-4 (LA MANO DE DIOS)

The right hand of God is writing in our land, writing with power and with love; our conflicts and our fears, our triumphs and our tears, are recorded by the right hand of God.

The right hand of God is pointing in our land, pointing the way we must go; so clouded is the way, so easily we stray, but we're guided by the right hand of God.

The right hand of God is striking in our land, striking out at envy, hate, and greed.
Our selfishness and lust, our pride and deeds unjust, are destroyed by the right hand of God.



The right hand of God is healing in our land, healing broken bodies, minds and souls; so wondrous is its touch with love that means so much when we're healed by the right hand of God. The Prayer over the Gifts

God our refuge and our strength, receive all we offer you this day, and through the death and resurrection of your Son transform us to his likeness. We ask this in his name. **Amen** 

name. Amen

## The Great Thanksgiving

**Celebrant** The Lord be with you. **People** And also with you.

Celebrant Lift up your hearts.

**People** We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

Celebrant Blessed are you, gracious God,

creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord,

who was tempted in every way, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone,

but for him who died for us and rose again...

Therefore we praise you, joining our voices to proclaim the glory of your name.

All Holy, holy, holy Lord,

God of power and might,

heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Celebrant God of our weary years, God of our silent tears,

you have brought us this far along the way.



In times of bitterness you did not abandon us, but guided us into the path of love and light. In every age you sent prophets to make known your loving will for all humanity. The cry of the poor has become your own cry; our hunger and thirst for justice is your own desire. In the fullness of time, you sent your chosen servant to preach good news to the afflicted, to break bread with the outcast and despised, and to ransom those in bondage to prejudice and sin.

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying:
This cup is the new covenant in my blood, shed for you and all people for the forgiveness of sin.
Do this for the remembrance of me.

For as often as we eat of this bread and drink from this cup we proclaim the Lord's death until he comes.

# All Christ has died. Christ is risen. Christ will come again.

Celebrant Remembering, therefore, his death and resurrection, we await the day when Jesus shall return to free all the earth from the bonds of slavery and death. Come, Lord Jesus! And let the church say, Amen

#### All Amen

Celebrant Send your Holy Spirit, our advocate, to fill the hearts of all who share this bread and cup with courage and wisdom to pursue love and justice in all the world.

Come, Spirit of freedom! And let the church say, Amen



#### All Amen

*Celebrant* Join our prayers and praise

with your prophets and martyrs of every age, that, rejoicing in the hope of the resurrection,

we might live in the freedom and hope of your Son.

Through him, with him, in him, in the unity of the Holy Spirit,

all glory and honor is yours, almighty Father,

now and forever.

#### All Amen

#### The Lord's Prayer

Our Father, which art in heaven:

**Response** Hallowed be thy name.

Thy kingdom come; thy will be done: R

On earth as it is in heaven: R

Give us this day our daily bread: R

And forgive us all our debts: **R** As we forgive our debtors: **R** 

And lead us not into temptation: R

But deliver us from evil: R

For thine is the kingdom, the power, and the glory: R

Forever and ever, amen. R

### The Breaking of the Bread

Celebrant We break this bread,

All Communion in Christ's body once broken.

Celebrant Let your Church be the wheat

which bears its fruit in dying.

All If we have died with him,

we shall live with him;

if we hold firm,

we shall reign with him.

#### The Communion

Lamb of God Hymn 747



Communion Hymn 504 Jesu, Jesu, Fill Us with Your Love (CHEREPONI)

Jesu, Jesu, fill us with your love, show us how to serve the neighbours we have from you.

Kneels at the feet of his friends, silently washes their feet, master who acts as a slave to them, *Refrain* 

Neighbours are rich and poor, varied in colour and race, neighbours are near and far away. *Refrain* 

These are the ones we should serve, these are the ones we should love; all these are neighbours to us and you. *Refrain* 

Loving put us on our knees, serving as though we are slaves; this is the way we should live with you. *Refrain* 

Kneel at the feet of our friends, silently washing their feet; this is the way we should live with you. *Refrain* 

Anthem: I Want Jesus to Walk with Me Spiritual, ARR. R. HAAN

#### **Prayer after Communion**

Celebrant Let us pray.

Faithful God, in this holy bread you increase our faith and hope and love. Lead us in the path of Christ who is your Word of life. We ask this in his name. **Amen.** 

Celebrant Glory to God,

All whose power, working in us,

can do infinitely more

than we can ask or imagine.

Glory to God from generation to generation,

in the Church and in Christ Jesus,

for ever and ever. Amen.

#### The Dismissal



Celebrant

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and now may the blessing of God Almighty, Father, Son and Holy Spirit be with you and remain with you always. **Amen.** 

Then the deacon or the celebrant says,

*Leader* Go in peace to love and serve the Lord.

**People** Thanks be to God.

#### Closing Hymn: 354 Come, Thou Fount of Every Blessing

(NETTLETON)

Come, thou Fount of every blessing, tune my heart so sing thy grace; streams of mercy, never ceasing, call for songs of loudest praise.

Teach me some melodious measure, sung by flaming tongues above;

O the vast, the boundless treasure of my God's unchanging love.

Here I make faith's affirmation: thus far by thy help I've come, and I hope, by thy compassion, safely to arrive at home.

Jesus sought me when a stranger, wandering from the fold of God; he, to rescue me from danger, interposed his precious blood.

O to grace how great a debtor daily I'm constrained to be!
Let thy goodness, like a fetter, bind my wandering heart to thee.
Prone to wander, Lord, I feel it, prone to leave the God I love;



take my heart, O take and seal it, seal it for thy courts above.

Postlude Prelude in A minor J.S. Bach

Cover Art: JESUS MAFA. Jesus is tempted – Matthew 4:1-11, from Art in the Christian Tradition, a project of the Vanderbilt Divinity Library, Nashville, TN. https://diglib.library.vanderbilt.edu/actimagelink.pl?RC=48312 [retrieved February 20, 2023]. Original source: http://www.librairie-emmanuel.fr (contact page: https://www.librairie-emmanuel.fr/contact). JESUS MAFA is a response to the New Testament readings from the Lectionary by a Christian community in Cameroon, Africa. Each of the readings was selected and adapted to dramatic interpretation by the community members. Photographs of their interpretations were made, and these were then transcribed to paintings.

