



# St Mark the Evangelist Anglican Church

1606 Fisher Ave, Ottawa ON K2C 1X6

Volume 4:2

March 31, 2023

## Weekly Newsletter

Dear friends,

Welcome to our weekly newsletter. We are continuing the weekly newsletter for the foreseeable future.

### Shout Outs

If you would like some special occasion like an anniversary or birthday acknowledged in the Sunday service, Fr Julian will be more than happy to announce it. However, it must be into either Father Julian or the office by Wednesday Evening for it to be included in the service for the following Sunday.

### Starting Volume 4

On March 20, 2020, our first electronic newsletter was published as a way of staying in touch as the world shut down around us. The first Morning Prayer video came out for Sunday, March 22. In June 2021, I switched to a numbering system that identified was year we were in. So here we are, into the fourth year of electronic newsletters. How life has changed! I would like to include a quote which was published in the first newsletter:



### Live Streaming

The service will be streamed at 10 am on Sunday. Here are the links for the [service](#) and the [bulletin](#). The link is also available on the home page of our website: <http://www.stmarksottawa.ca>

### Holy Week Services

- April 2    8 am    Holy Eucharist  
             10 am Sunday of the Passion  
   with Liturgy of the palms
- April 4    7 pm    Evening Prayer  
   [Service Link](#)
- April 5    7 pm    Tenebrae  
   [Service Link](#)
- April 6    7 pm    Sung Eucharist with  
   Stripping of the Altar followed by  
   overnight (virtual) vigil  
   [Service Link](#)
- April 7    1:30 pm    Good Friday  
   Service with Eucharist from  
   reserved sacrament  
   [Service Link](#)
- April 9    8 am    Holy Eucharist  
   10 am Sung Eucharist for Easter  
   Sunday

### Easter Flowers

If you wish to donate towards flowers at Easter in thanksgiving or in memory of loved ones, please let the office know ASAP. If you wish to telephone the office, please call Joy at 613-224-7028 if it is not Monday, Wednesday or Friday mornings.

### Spring Market

This is the last week of the Spring Market and there are some surprise additions. New to the market are Meringue Nests, small nests perfect for filling with lemon curd, lemon curd mixed with whipped cream or whipped cream and fresh berries. An easy and tasty dessert! Also, there Chocolate Easter Eggs. These are ~ 75 g fudge filled eggs dipped in chocolate. Some of them have pecans added into the chocolate fudge. As well, this week there are our delicious mini tarts. A selection of tarts filled with flavours which say spring – Lemon, Strawberry & Maple. Although it is not on order sheet, you can also get a variety pack of 6 tarts with 2 of each kind. These are also \$8.00.

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Hot cross buns and Eccles cakes are also coming for those who ordered them. There may be a few hot cross buns available for purchase, depending on how much time I have on Saturday to make an extra batch

There will be selection of Janis's cards offered. These are notecard size and will be offered at 5 for \$12 or \$3 each. As well, there are preserves still available and any preserves left from the fall will also be on offer.

The order sheet is available [here](#) for treats that will be available after church on Sunday, April 2. Order early for the best selection.

### **Come to Dark Gethsemane**

For several years now, St. Mark's has held an overnight vigil between the Last Supper on Maundy Thursday and dawn on the morning of Good Friday. Anyone can participate, by spending an hour in prayer to remember the hours of prayer that Jesus spent, before his betrayal, in the Garden of Gethsemane. Before the pandemic, participants came to the Peace Chapel for this, but since then we have found it to be less complicated and more comfortable for each person to spend their hour in prayer at home. Resources are available for anyone who would like suggestions as to how to spend this special time. Ensuring that the ten hours are covered without interruption is the main purpose, to emulate the time our Saviour spent preparing for the ordeal of his crucifixion and death.

Please consider this opportunity to devote yourself as the final days of Lent draw to a close. A sign-up sheet will be posted in the link for this purpose, or you can call the office to register your name in the chosen hour.

### **Debra-Dynes Outreach**

It has come to my attention that the Food Bank at Debra Dynes is in constant need of more food than is delivered by The Ottawa Food Bank. I will gather some statistics in the next couple of weeks with exact numbers of families served in relation to food delivered by The OFB. They are also in need of cash donations to buy food once their supply is exhausted. This is indeed a time of crisis and

we can help with donations of food and cash that will be delivered twice a week if necessary.

### **Coffee, Company & Conversation**



Chris White came to entertain on Thursday morning with a great selection of songs and stories. Unfortunately, his wife Mary was ill and unable to come. Joy was pressed into service to provide a little bit of piano accompaniment.



This coming Thursday, April 6, will feature

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coffee and conversation, As always, congenial company and coffee, tea and delectable treats will be on offer.

As a rule, if school buses are not running, CCC will also be cancelled.



**Debra Dynes Family House** 29 m · 🌐

It's official! We're hosting our first online auction 🎉

Exactly one month from now, we'll launch amazing prizes for an essential cause - running camps and nutrition programs for children throughout the summer. We'll be posting sneak peeks as we go so you can get excited and prepared to bid on your favourite ... See more

**Debra Dynes Family House**  
**ONLINE AUCTION**



**RAISE A SMILE**

Funds raised will:

- \* Send 70 children to camp
- \* Fund summer nutrition programs (breakfasts, lunches, and snacks) for children in the community

**April 22nd - May 3rd**

### COVID Update

In his most recent communique, our Bishop announced a revision of the Diocesan COVID restrictions. Parishes can now observe normal liturgical and social practices while following the three main public health recommendations. These are:

- asking people to stay home when sick;- encouraging mask-wearing in indoor spaces; and
- -keeping up-to-date on COVID boosters
- LACs must wear masks while administering

### Forward Day by Day

The February to April Forward Day by Day are now available. The cost of them has risen

and \$3 would allow us to actually cover the cost of the booklets.

### Office Hours

The office will be open Monday, Wednesday and Friday from 9:30 to noon.

### E-Transfers to the Church

We can accept e-transfers to the main church account. We cannot do autodeposit because of the type of account but you may e-transfer money to [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca). You will be required to give a question. Please either make the answer obvious or email the office and let them know the answer to the question. This option has no cost to the church.

### Donations to the Church

We are extremely fortunate at St Mark's that there are a number of people who use Pre-Authorized Remittance (PAR). If you are not on PAR, we would encourage you to continue your donations. Of course, putting a cheque in the mail is always a great option for getting your donation to us. If you wish to make a donation by credit card, you may do so at CanadaHelps.

<https://www.canadahelps.org/en/dn/47820>.

### Contacting the Church

You may contact the office at 613-224-7431 or [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca). Messages are being monitored.

### Comments and Suggestions

If you have anything you would like to see in next week's newsletter, please email the church at [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca)