



# St Mark the Evangelist Anglican Church

1606 Fisher Ave, Ottawa ON K2C 1X6

Volume 4:14  
**June 23, 2023**

## Weekly Newsletter

Dear friends,  
Welcome to our weekly newsletter. We are continuing the weekly newsletter for the foreseeable future.

who served at sea and ashore in Canadian Navy, past, present and future.



Due to the serious wartime shortage of sailors for sea billets, the Navy decided to organize a women's division of the Royal Canadian

Navy (RCN) "to release a man to go to sea." On July 31, 1942, the Women's Royal Canadian Naval Service was established. The WRCNS, unlike other Allied female units, was not an auxiliary but rather a formed unit of the RCN and its officers held the King's commission. At peak strength, over 6,000 women were fulfilling the various roles of coders, confidential clerks, messengers, telegraphists, cooks, stewards and some 35 other important duties. The WRCNS was disbanded in 1946.

## Shout Outs

If you would like some special occasion like an anniversary or birthday acknowledged in the Sunday service, Fr Julian will be more than happy to announce it. However, it must be into either Father Julian or the office by Wednesday Evening for it to be included in the service for the following Sunday.

- Gwen & Vern MacLean celebrate their 60<sup>th</sup> wedding anniversary on June 29<sup>th</sup>

## Live Streaming

The service will be streamed at 10 am on Sunday. Here are the links for the [service](#) and the [bulletin](#). The link is also available on the home page of our website:

<http://www.stmarksottawa.ca>

**Next week's roster looks pretty thin. Please sign up!!!**

## Navy Lady Roses

The Navy Lady roses in our link this year are spectacular. Our roses were donated to St Mark's by our own "Navy Lady", the late Ruth Werbin

In 2010, the Royal Canadian Navy celebrated its 100<sup>th</sup> anniversary. In that year, the Wrens dedicated this rose as a tribute to their Shipmates, all the gallant men and women



In 1951 a Wren section was reformed in the RCN, initially in the Reserve but becoming full-time regulars by 1955. Wrens continued to

## Summer Services

There will be one Sunday service at 9 am from July 2 to September 3

Sign up rosters are now available in the link.

**PLEASE SIGN UP!**

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serve in the RCN and RCNR (reserve) until unification of the Canadian Forces. Women in the navy were still known as Wrens until the late eighties. Today, no longer called Wrens, women serve in the Canadian Navy, both regular and reserve, ashore and at sea.

### Thank you

to Georgia, Russell and John who cleared all the debris from the edges of the parking lot. The parking lot is ready for the Peddalheads (summer camp) next week.

### Coffee, Company & Conversation

June 22nd was the last CCC morning until next September, so it was a special one! To honor National Indigenous People's Day ( June 21 ) and to celebrate Canadian Indigenous culture, there was a display table with Indigenous and Inuit art and crafts. It's amazing what various people had to share - soapstone carvings, a reconciliation shawl, sweetgrass, woven items and more. The beautiful banner that hangs in our church was above the display, and the miniature teepee from the front of our church was the centerpiece. It all formed a wonderful conversation piece.



As usual our CCC bakers provided delicious treats to go with the coffee and tea including homemade Bannock. But, this last Thursday, after our morning gathering, people stayed to enjoy a "till we meet in September" pot luck lunch provided by the organizing team. Platters of sandwiches, vegetable and fruit trays, along with lovely cheese and crackers

and wonderful desserts including ice cream cones, made the time together extra special.



The team will take a summer break and then, on September 14th, will be back with a fall program with some new aspects to it based on next season's planning and also the feedback received by the people who attend. The program should be an interesting one.

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The enthusiastic and committed group who attend CCC make it a success and very rewarding for the Team who put it together. Many thanks to the organizers, and especially to the dedicated teams of bakers that give of their time and effort to make each Thursday morning a wonderful one.

"Till September 14th!".

### MU 40<sup>th</sup> Anniversary Tea



In the spring of 1983, when Father David Stalter was still our Rector, the Rev Ken Cowan and his wife Dorothy visited us to speak to the women about starting Mothers Union up again.

In 1968, the marriage canons in Canada, had been changed to allow divorced women to participate fully in the life of the church. Immediately, we were told by England where the M.U. headquarters are, and where most of the money to support work overseas also

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comes from, to cease and desist. Living in Ottawa we followed the rules, whereas in Niagara and down East, they quietly ignored the command, and kept going. Then in 1983 when we were all in Sync, we were allowed to start again.

Unfortunately at the same time that M.U. had to stop, the 'new' ACW came into being, and any woman wishing to join a group turned to A.C.W..

St Mark's already had circles and guilds, but nothing for young women with small children. M.U. appealed to us, and so we started a group at St. Mark's, with many of the younger women becoming involved. At that time its focus was marriage and the family, but it has evolved. It is still devoted to helping women and children develop their independence especially in African countries, and help fathers with a more involved caring role with their children. It is very much a prayerful worshipping group connected worldwide on one side, and a practical 'how can we help' group on the other.

We have been and still are a very caring group, always there for each other, and concerned about their well-being. We felt this at the Billings Estate Afternoon tea held on Wednesday, 16 of us, enjoying being together, and concerned about Margaret L. and her mother Ida (almost 108 years old) s Margaret had been called to sit with her Mum. She was so pleased that we had sent her a care package from Billings which she ate sitting with her Mum and feeling very much loved by our group.

It was a very good long awaited afternoon.

Cynthia



Financial Report – May 2023

At the end of May, our net income was very close to that budgeted. This leaves us on track for our expenses to exceed our income by ~\$22,000 at the end of the year. While rentals continue to exceed expectations, the collections income during May was disappointing. After a good month in April, May was again much lower than expected. During May, the Lenten Outreach was sent to Matthew House and PWRDF Earthquake Relief. Overall expenses were close to what was budgeted. We continue to benefit financially from our switch to Bell as the incentives offer continue to completely cover the monthly services.

### Request for Refreshments

Dear friends of Campus Ministry,

We are looking for volunteers to help us with baked goods for Wednesday workshops, 6-8pm, to feed Ukrainian newcomers affected by war. Every Wednesday on average we have 30 participants attending the college campus, and each week welcome new arrivals to Ottawa. If you are willing to help and support this cause, please contact the chaplain, Yuriy, at [derkacy@algonquincollege.com](mailto:derkacy@algonquincollege.com); or call at extension 5341. God bless you!

Jack Wilson  
Chairperson  
Campus Ministry at Algonquin College

### Forward Day by Day

The May to July Forward Day by Day are now available. The August to October booklet has arrived and is available in the office. The cost of them has risen and \$3 would allow us to actually cover the cost of the booklets.

### COVID Update

In his most recent communique, our Bishop announced a revision of the Diocesan COVID restrictions. Parishes can now observe normal social and liturgical practices, with one exception, while following the three main public health recommendations. These are:

- asking people to stay home when sick;

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- encouraging mask-wearing in indoor spaces; and
- keeping up-to-date on COVID boosters.

The one liturgical exception to normal practices is that LAC's must wear masks when administering communion.

An easy tool for determining whether you are eligible for a new COVID booster, and how to book one, is found at <https://www.ontario.ca/booster-recommendation/>

### **Office Hours**

The office will be open Monday, Wednesday and Friday from 9:30 to noon.

### **E-Transfers to the Church**

We can accept e-transfers to the main church account. We cannot do autodeposit because of the type of account but you may e-transfer money to [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca). You will be required to give a question. Please either make the answer obvious or email the office and let them know the answer to the question. This option has no cost to the church.

### **Donations to the Church**

We are extremely fortunate at St Mark's that there are a number of people who use Pre-Authorized Remittance (PAR). If you are not on PAR, we would encourage you to continue your donations. Of course, putting a cheque in the mail is always a great option for getting your donation to us. If you wish to make a donation by credit card, you may do so at CanadaHelps.

<https://www.canadahelps.org/en/dn/47820>.

### **Contacting the Church**

You may contact the office at 613-224-7431 or [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca). Messages are being monitored.

### **Comments and Suggestions**

If you have anything you would like to see in next week's newsletter, please email the church at [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca)