



St Mark the Evangelist Anglican Church

1606 Fisher Ave, Ottawa ON K2C 1X6

Volume 4:21

Weekly Newsletter

August 11, 2023

Dear friends,

Welcome to our weekly newsletter. We are continuing the weekly newsletter for the foreseeable future.

A subgroup of the Parkwood Hills Community Stakeholders Committee has been meeting over the past few months to prepare for emergencies. They have been working to develop strategies including social connections and networks, in addition to general preparedness efforts. As part of this work, they have written a series of three articles which we have been asked to share. The first of the articles appears below.

Summer Newsletter

Please send any news items or announcements for the newsletter to joangrayer@yahoo.ca and also to stmarks@stmarksottawa.ca

Shout Outs

If you would like some special occasion like an anniversary or birthday acknowledged in the Sunday service, Fr Julian will be more than happy to announce it. However, it must be into either Father Julian or the office by Wednesday Evening for it to be included in the service for the following Sunday.

Keegan Lazarus is the supply organist for the month of August.

Live Streaming

The service will be streamed at 9 am on Sunday. Here are the links for the [service](#) and the [bulletin](#). The link is also available on the home page of our website:

Office Hours

The office will be open Tuesday and Friday mornings from 9:30 am to noon. Please call ahead. Even volunteers take holidays.

Preparing for Emergencies

Prepare for emergencies by getting to know your neighbours!

During an emergency, family, friends, and neighbors may be the first people able to help each other.

Getting to know those who live close to you is not only a wonderful way to build friendships, it also reduces loneliness and creates a safety net.

When emergencies happen, some services may not be available, or they may be difficult to access. As well, it can take a few days for additional help to arrive. Helping each other can reduce stress and help keep you safe.

Do you know anyone who may need support?

- Are there isolated seniors in your neighborhood?
- Do those who live close by have young children or pets?
- Would one of your neighbors need assistance due to special needs? What can you do?

Summer Services

There will be one Sunday service at 9 am from July 2 to September 3

Sign up rosters are now available in the link.

PLEASE SIGN UP!

August 11, 2023

- Drop by to have a chat or give them a call, or send them an email
- Share the important numbers provided below
- Offer to check-in with them regularly
- Reach out when you believe they may need help, when the weather gets really hot or when there's a power outage, for example.

For more help:

- Call 9-1-1 for urgent assistance
- Call 2-1-1 for information on how to connect with resources in your community
- Call 3-1-1 for non-emergency City services and information 24 hours a day

Staying connected is important. Help may be just around the corner, at your place of worship, and even right next door!



Piano Available

Wanda Bowman has a Willis piano for sale or for donation. If you know of anyone who would be interested, please contact Wanda or the office.

Summer Camps

Our church building continues to be used over the summer by a number of different groups. As we did last summer, we have 2 day camps operating every day for most of the summer. The Carleton Memorial Daycare operates a day camp for school age children in Bishop Reed Hall and Pedalheads operates a bicycle camp in the back parking lot, using the lower hall for their inside space. The grounds are certainly lively!

Used Postage Stamps

A large amount of used postage stamps was dropped off to OXFAM Canada on MacArthur Avenue.

Over the years, St. Mark's Church has collected used postage stamps, which we have sent to Effect Hope, an organization that helps those affected by leprosy and other tropical diseases. Doreen Matweow who took this on for a number of years is no longer able to process the stamps. We were unable to find someone in the church to continue this worthwhile ministry. We decided to send our stamps to Oxfam Canada. Used postage stamps can still be donated to St. Mark's.

Oxfam Canada has been raising funds for projects across the globe from its stamp program. The Oxfam Canada stamp volunteers raise roughly \$30,000 annually by sorting and selling stamps to collectors.

Stairwell Carollers Auditions

Stairwell Carollers was founded in 1977 by our director Pierre Massie, who was a music University of Ottawa music student at the time. Our mandate is to raise funds for charities and student scholarships. Since 1986 we've donated over \$144,000 to these causes.

This fall marks our 46th year singing in the National Capital Region and we will again be recruiting singers this August 2023. We are in dire need of sopranos, altos, tenors and basses in order to continue moving forward with our philanthropic endeavors. There is a poster with audition information at the end of the newsletter.

If you would like to know more about our group and what we do, please visit our website at the link in my signature below.

Kindest regards

p.p. Helen Lücker

Pierre Massie, **Director**

<https://www.stairwellcarollers.com/en/home/>

August 11, 2023

DEBRA DYNES FAMILY HOUSE

SCHOOL SUPPLIES

Each year, we distribute school supplies to elementary, high school, and post secondary students. There is always a gap that needs to be filled- especially for those going to high school and post secondary! Your help goes a long way and ensures back-to-school costs are not a barrier to learning.

SUPPLIES NEEDED

- backpacks
- binders
- duotangs
- notebooks
- math sets
- scientific calculators
- lined and graph paper
- glue sticks
- highlighters
- pens
- erasers
- pencil sharpeners
- rulers
- pencil cases
- crayons, pencil crayons, and markers

HOW YOU CAN HELP

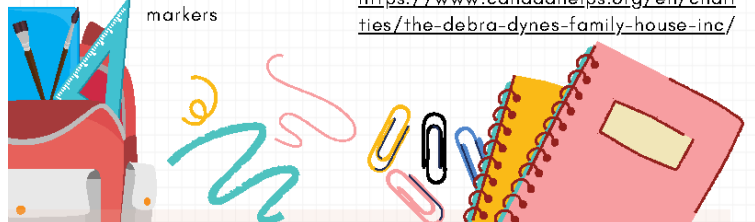
Personal Cheque or Cash

Personal cheques can be made out to Debra Dynes Family House. We are happy to make arrangements to receive cheques/cash without contact. You can also mail a cheque to the following address:

Debra Dynes Family House
955 Debra Avenue, Unit 85 Ottawa, ON
K2C 0J5

Online

You can make a donation through Canada Helps at:
<https://www.canadahelps.org/en/charities/the-debra-dynes-family-house-inc/>



info@debradynes.com 613-224-3824 955 Debra Ave, Unit 85 debradynesfamilyhouse.com

St Mark's School Supply Drive

St Mark's annual school supply drive for DDFH starts July 28 and will continue until August 25.

The attached poster provides a comprehensive list of supplies needed and other financial ways to help the Family House. Cash and cheques can be given to me (if you wish) for delivery to DDFH.

Supplies can be left at the church for delivery.

Thank you as always for your continued support of DDFH.

Joan Hounsell,
Outreach

- keeping up-to-date on COVID boosters.

Forward Day by Day

The August to October booklet has arrived and is available in the office. The cost of the booklet is \$3.

COVID Update

In his most recent communique, our Bishop announced a revision of the Diocesan COVID restrictions. Parishes can now observe normal social and liturgical practices, with one exception, while following the three main public health recommendations. These are:

- asking people to stay home when sick;
- encouraging mask-wearing in indoor spaces; and

The one liturgical exception to normal practices is that LAC's must wear masks when administering communion.

An easy tool for determining whether you are eligible for a new COVID booster, and how to book one, is found at

<https://www.ontario.ca/booster-recommendation/>

E-Transfers to the Church

We can accept e-transfers to the main church account. We cannot do autodeposit because of the type of account but you may e-transfer money to stmarks@stmarksottawa.ca. You will be required to give a question. Please either make the answer obvious or email the

August 11, 2023

office and let them know the answer to the question. This option has no cost to the church.

Donations to the Church

We are extremely fortunate at St Mark's that there are a number of people who use Pre-Authorized Remittance (PAR). If you are not on PAR, we would encourage you to continue your donations. Of course, putting a cheque in the mail is always a great option for getting your donation to us. If you wish to make a donation by credit card, you may do so at CanadaHelps.

<https://www.canadahelps.org/en/dn/47820>.

Contacting the Church

You may contact the office at 613-224-7431 or stmarks@stmarksottawa.ca. Messages are being monitored.

Comments and Suggestions

If you have anything you would like to see in next week's newsletter, please email the church at stmarks@stmarksottawa.ca



ALL VOICES! / TOUTES LES VOIX!

email: info@stairwellcarollers.com

Auditions will take place end of August 2023 for our fall season.

e-mail: info@chanteursstairwell.com

Les auditions auront lieu à la fin août pour notre saison d'automne.

www.stairwellcarollers.com/ www.chanteursstairwell.com