



# St Mark the Evangelist Anglican Church

1606 Fisher Ave, Ottawa ON K2C 1X6

Volume 4:28

## Weekly Newsletter

**September 29, 2023**

Dear friends,

Welcome to our weekly newsletter. We are continuing the weekly newsletter for the foreseeable future. Please send any

news items or announcements for the newsletter to [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca)

### Shout Outs

If you would like some special occasion like an anniversary or birthday acknowledged in the Sunday service, Fr Julian will be more than happy to announce it. However, it must be into either Father Julian or the office by Wednesday Evening for it to be included in the service for the following Sunday.

**Don Marjerrison is the organist this Sunday.**

### Live Streaming

The service will be streamed at 10 am on Sunday. Here are the links for the [service](#) and the [bulletin](#). The link is also available on the home page of our website:



**Thanksgiving is next weekend and as usual, we will decorate the church with produce which will be taken to Debra-Dynes after the service.** Please bring your contributions to the church on **Thursday evening from 6-9 or Friday morning 9-12.** We have a rental in the church on Saturday.

### Who we are – A Narrative

What we do as a parish and our continued existence affects our immediate parish family, the surrounding neighbourhood, and our virtual community. To get beyond "Salaries & Building," the committee has allocated our expenditures to the 6 ministries that are significant to life at St. Mark's and our life in the community. Details about one area will be published in the weekly newsletter for 6 weeks. This is the fourth installment.

Volunteers' contribution to the church IS the life of the church. We do not have statistics on the number of volunteer hours invested by St. Mark's members, so you must note that only financial expenditures have been accounted for in these articles.

### Pastoral Care



*So deeply do we care for you that we are determined to share with you not only the gospel of God but also our own selves, because you have become very dear to us.*  
THESSALONIANS 2:8

Pastoral Care responds to Christ's teaching to love one another as ourselves. It requires the time and care to be present with others in a regular and committed way. At St Mark's the pastoral care ministry has many facets including:

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- Pastoral and bereaved counselling, home communions and visits by the priest
- Visiting and home communions by the newly trained Pastoral Care team
- E-prayer and prayer-cycle phoning
- Prayer-shawl ministry
- Requiem choir and funeral receptions

“It is so significant for me to be on the receiving end of pastoral phone calls, email, and an occasional home visit, especially when experiencing isolation. Without that contact, I would be terribly alone. With it I am included in the faith community, given an opportunity to talk about concerns for my family, and given me a chance to pray with others and occasionally celebrate Eucharist.” – Betty Caughlin

“In September 2014, a fellow chorister in the St Barnabas Evensong Choir was found dead in her home from an allergy attack at the age of 54. The funeral was at St Barnabas with a full choir in attendance. As you might imagine, it was extremely difficult. I brought along a supply of pocket prayer shawls and many of us got through the service that day using the tactile reassurance of the prayers and love that surrounded us.” – Joy Bowerman

***The investment in our Pastoral Care ministry in 2023 is expected to be 15% of our total budget expenditure***

***Take the time to look at the bulletin board in Bishop Reed Hall to see all the testimonials we received during this project.***

### **Fall Bazaar**

This years Fall Bazaar will follow the same format as last years. There will be an in-person Fall Bazaar on November 4 from 10 am to 2 pm. As well, we will offer an online segment offering preserves and baked goods from November 5 through December 10. If you wish to contribute, through working at the bazaar or contributing items, please contact Joy Bowerman at 613-224-7028 or [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca) Watch for posters and further information.

### **Financial Update**

Although our collections income is actually slightly higher than last year, we are still almost \$10,000 behind where we hoped to be at the end of August. Other revenues have increased, particularly our rentals income so that we are only about \$3,000 dollars under our expected net income. The bank balance is as low as it has been since 2010.

### **Coffee, Company & Conversation**

Yesterday, at CCC, while some chatted over coffee or tea accompanied by delicious homemade morning snacks, others began to learn or refresh their bridge skills. CCC now has a skilled bridge teacher attending who will be helping those who wish to play the game, whenever it is a regular coffee and conversation morning. Thirty two people were in attendance, and half of them were non St. Mark's members. The group continues to grow.



Next Thursday, October 5, the creative writers in the group will gather to share their writings. They will be meeting every two months during a regular coffee morning.

Check out the dates for events and activities on the poster, on our Website and Facebook page, and in Crosstalk and the Council on Aging's weekly list of community gatherings. Everyone is welcome.

### **Diocesan Altar Guild AGM**

The Diocese of Ottawa Annual Altar Guild AGM will take place on October 14 from 10 am to 3 pm at Christ Church, Bell Corners. The registration fee is \$15 and includes lunch. Please register by September 30 by contacting Sheila Dunlop. 613-327-2933 [s.dunlop@sympatico.ca](mailto:s.dunlop@sympatico.ca) More details on poster at the end of the newsletter.

### **Office Hours**

The office will be open Monday and Friday mornings from 9:30 am to noon and Wednesday morning from 9:30 am to 11:30 am. Please call ahead to make sure someone is there.

### **Forward Day by Day**

The August to October booklet has arrived and is available in the office. The cost of the booklet is \$3.

### **COVID Status**

In his most recent communique, our Bishop announced a revision of the Diocesan COVID restrictions. Parishes can now observe normal social and liturgical practices, with one exception, while following the three main public health recommendations. These are:

- asking people to stay home when sick;
- encouraging mask-wearing in indoor spaces; and
- keeping up-to-date on COVID boosters.

The one liturgical exception to normal practices is that LAC's must wear masks when administering communion.

An easy tool for determining whether you are eligible for a new COVID booster, and how to book one, is found at <https://www.ontario.ca/booster-recommendation/>

### **E-Transfers to the Church**

We can accept e-transfers to the main church account. We cannot do autodeposit because of the type of account but you may e-transfer money to [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca). You will be required to give a question. Please either make the answer obvious or email the office and let them know the answer to the question. This option has no cost to the church.

### **Donations to the Church**

We are extremely fortunate at St Mark's that there are a number of people who use Pre-Authorized Remittance (PAR). If you are not on PAR, we would encourage you to continue your donations. Of course, putting a cheque in the mail is always a great option for getting your donation to us. If you wish to make a donation by credit card, you may do so at CanadaHelps. <https://www.canadahelps.org/en/dn/47820>.

### **Contacting the Church**

You may contact the office at 613-224-7431 or [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca). Messages are being monitored. Email is faster.

### **Comments and Suggestions**

If you have anything you would like to see in next week's newsletter, please email the church at [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca)

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The Anglican Diocese of Ottawa Altar Guild

Annual General Meeting  
Saturday October 14, 2023  
10am to 3pm

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Please contact Sheila Dunlop  
to register.

*Please advise of any food allergies.*

Email: [s.dunlop@sympatico.ca](mailto:s.dunlop@sympatico.ca)  
Phone: 613-327-2933

10:00 A.M. REGISTRATION - \$15.00  
PAYABLE AT THE DOOR  
(INCLUDES LUNCH)

REFRESHMENTS AVAILABLE

10:30 A.M. WELCOMING REMARKS &  
INTRODUCTIONS  
11:00 AM. EUCHARIST  
12:00 P.M. ANNUAL GENERAL MEETING  
1:00 P.M. LUNCH  
1:45 P.M. GUEST SPEAKER  
2:15 P.M. CLOSING REMARKS & GROUP  
PHOTOGRAPH

Please register by September 30, 2023.

Christ Church Bells Corners  
3861 Old Richmond Road  
Ottawa ON K2H 5C1  
613-829-1826



Guest Speaker  
The Ven. Kathryn Otley

