



St Mark the Evangelist Anglican Church

1606 Fisher Ave, Ottawa ON K2C 1X6

Volume 4:45

January 26, 2024

Weekly Newsletter

Dear friends,

Welcome to our weekly newsletter. We are continuing the weekly newsletter for the foreseeable future. Please send any

daughter Ginikachi Gianna Chiboka. She was born on January 13 and weighed 7 lb 11 oz.



news items or announcements for the newsletter to stmarks@stmarksottawa.ca with the word newsletter in the subject line.

Shout Outs

If you would like some special occasion like an anniversary or birthday acknowledged in the Sunday service, Fr Julian will be more than happy to announce it. However, it must be into either Father Julian or the office by Wednesday Evening for it to be included in the service for the following Sunday.

Live Streaming

The service will be streamed at 10 am on Sunday. Here are the links for the [service](#) and the [bulletin](#). The link is also available on the home page of our website.

Vestry Reports

Our annual vestry will be held on March 3. I would like to get the vestry reports out the week before that. Could everyone submitting vestry reports make sure they are submitted before February 18, 2024. I would prefer not to hunt people down, but I will if necessary.

Heartfelt Congratulations!

We rejoice and give thanks with Nnamdi & Sophia Chiboka for the birth of their

A prayer of thanks and praise

*For children who are a gift from you, Loving God,
We thank you and we praise you.*

*For the laughter and smiles of your children,
We thank you and we praise you.*

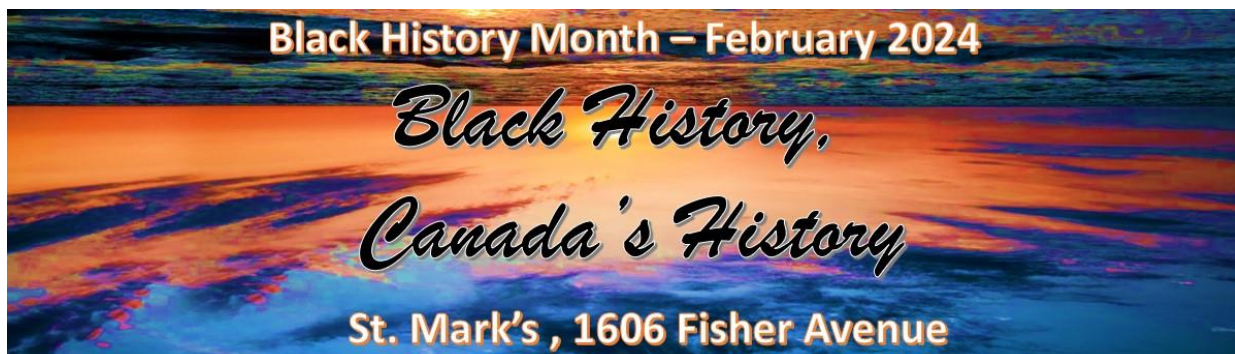
*For the sleepless nights and endless washing,
We thank you and we praise you.*

*For the tearful nights and morning hugs,
We thank you and we praise you.*

*For all the love your children show us,
We thank you and we praise you.*

Black History Month, February 2024

2024 is the final year of the United Nations' "International Decade for People of African Descent." For the past four years our church has observed Black History Month in



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February. This year St Mark's is once again celebrating BHM with guest speakers, tasty ethnic food, music and much more. Keep your eye on the website, facebook and newsletter for more information.

Our first guest speaker this year is PAUL MUGARURA who is a Pastor, Worship Leader and Musician. Paul lives in Ottawa and splits his time between Greenbelt Baptist Church and Trinity Anglican Church.

Joan Hounsell, BHM Committee Chair.

Celebrating Black History Month (BHM) 2024 with a Fashion Show.

"Black Fashion: Evolution & Diversity". A display of Black fashion in collaboration with St Mark the Evangelist Anglican Church. Location: St Thomas Church Hall. Models will wear traditional African garments or clothing with African themes or designs.

Arts & Crafts Display: Black Influenced arts and crafts will be on display before and after the fashion show.

Celebrating BHM with a Panel Discussion.

Panelists will discuss the final year of the UN's Decade for People of African Descent, as well as explore the rich diversity of theology, views and practices across the Anglican Communion.

The panelists reflect a diversity of countries of origin from Africa and the Caribbean within the Black Diaspora in Canada. They are:

- Rev Julian Campbell, MPhil, Rector, St. Mark the Evangelist Anglican Church
- Rev Deacon Elizabeth December-Lovell, Julian of Norwich Anglican Church.
- Dr. Joseph Emmanuel Amuah, Manager of Indigenous Health, Canadian Institute for Health Information
- Rev Felix Longdon, PhD candidate in Theology - Saint Paul University & University of Ottawa, Priest from the Anglican Church of Ghana & Anglican Diocese of Ottawa doing supply work at St. Mary's Anglican Parish, Navan

Celebrating BHM with a Movie: Black Panther

Black Panther is a 2018 film based on the Marvel Comics character of the same name. The first Marvel Studios film with a Black director (Ryan Coogler) and a predominantly Black cast, **Black Panther** stars the late Chadwick Boseman, alongside other notable Black stars including Michael B. Jordan, Angela Bassett, Forest Whitaker, Sterling K. Brown, Lupita Nyong'o, Danai Gurira, Daniel Kaluuya, and Letitia Wright.

When it was released in 2018, **Black Panther** became a cultural phenomenon with Blacks the world over attending movie theatres in droves, proudly dressed in outfits symbolizing Black communities and culture. Named one of the top 10 films of 2018, **Black Panther** grossed \$1.3 Billion worldwide and broke numerous box-office records. It became the highest-grossing film directed by a Black filmmaker. It was nominated for seven Academy Awards, winning three, and received numerous accolades for its direction, writing, acting, costume design, production values, and soundtrack.

In honour of Black History Month 2024, everyone is invited to join us for a free viewing of **Black Panther** on Saturday, February 17 at 2:00 pm at St Thomas the Apostle Anglican Church, located at 2345 Alta Vista Drive, Ottawa. This event is co-hosted by St Thomas and St Mark's.

New Directory

I will soon print a new directory. If you have changed your phone number, perhaps by giving up your landline, please let the office know so our list can be accurate. If you wish to receive a copy of the new directory, please contact the office. You are eligible to receive a copy of the directory if you have given permission for your name to be included in the directory.

Coffee, Company & Conversation

Unfortunately, CCC has cancelled on January 25 due to inclement weather..

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Happily, our special guest who was to speak yesterday, is able to come next Thursday, February 1. Thus Retired Bishop Peter Coffin will be sharing his experiences as a long standing Chaplain to the Canadian Armed Forces, and showing slides to accompany his talk. This will be a very interesting and informative morning, and is not to be missed. All are welcome. Come and enjoy good coffee, company and a wonderful opportunity to hear about military life from a chaplain's perspective.

Creative Writing and Koffee Klatsch will take place the following week, February 8.

A reminder that if school buses have been cancelled due to inclement weather, CCC will also be cancelled.

Come and enjoy good company in a welcoming atmosphere.

Turkey Pies

There are a few turkey pies left from the last batch. Speak to Joy if you would like to purchase some.

PWRDF 2024 Lenten Resource

Daily reflections begin February 14!

Health and well-being – without one, the other simply isn't possible. Likewise, the well-being of humans isn't possible without a healthy planet; something we are discovering every day as we face a growing and global climate crisis.

This theme is at the centre of PWRDF's 2024 Lent Resource.

Throughout the Lenten season, you will receive a daily email with a reflection from Dr. Sylvia Keesmaat, on what health, well-being and good living require of us in our lives and our relationships with one another, with creation and with God.

As you will read, things begin to break down when human beings separate themselves from creation, exploiting it as a commodity, or separate from and exploit one another. In so doing, we separate ourselves from the Creator.

And so, on this journey through Lent, PWRDF invites you to join Dr. Keesmaat as she walks with us, meditating on our current climate crisis and the well-being of ALL of creation, human and non-human, and offering us lessons in repair and restoration that are both profoundly ancient and current.

[SUBSCRIBE](#)

Forward Day by Day

Readings from the daily office are provided, as well as suggestions for your Christian journey. The newest edition is now available, covering February, March and April. The cost is \$3 per copy.

Looking for Volunteers for Church School

We are looking to start a church school program, possibly every second week to start but desperately need volunteers to make this dream a reality. Please contact Janis Perkin or the office if you can help in this capacity.

Janis_perkin@rogers.com

Office Hours

The office will be open Monday and Friday mornings from 9:30 am to noon and Wednesday morning from 9:30 am to 11:30 am. Please call ahead to make sure someone is there.

COVID Status

In his most recent communique, our Bishop announced a revision of the Diocesan COVID restrictions. Parishes can now observe normal social and liturgical practices, with one exception, while following the three main public health recommendations. These are:

- asking people to stay home when sick;
- encouraging mask-wearing in indoor spaces; and
- keeping up-to-date on COVID boosters.

The one liturgical exception to normal practices is that LAC's must wear masks when administering communion.

An easy tool for determining whether you are eligible for a new COVID booster, and how

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to book one, is found at <https://www.ontario.ca/booster-recommendation/>

E-Transfers to the Church

We can accept e-transfers to the main church account. We cannot do autodeposit because of the type of account but you may e-transfer money to stmarks@stmarksottawa.ca. You will be required to give a question. Please either make the answer obvious or email the office and let them know the answer to the question. This option has no cost to the church.

Donations to the Church

We are extremely fortunate at St Mark's that there are a number of people who use Pre-Authorized Remittance (PAR). If you are not on PAR, we would encourage you to continue your donations. Of course, putting a cheque in the mail is always a great option for getting your donation to us. If you wish to make a donation by credit card, you may do so at CanadaHelps.

<https://www.canadahelps.org/en/dn/47820>.

Contacting the Church

You may contact the office at 613-224-7431 or stmarks@stmarksottawa.ca. Messages are being monitored. Email is faster.

Comments and Suggestions

If you have anything you would like to see in next week's newsletter, please email the church at stmarks@stmarksottawa.ca

*Joint Anglican and Lutheran
Project Anti-Racism & Community Conversations Series*

Culture and Food: Field Trip to T&T Supermarket



Friday, January 26, 6 p.m.

Have you always wanted to explore an Asian Supermarket with a guide? We will host a series of Food and Culture where we will visit culturally diverse supermarkets to spark conversations about stereotypes and to celebrate diversity.

- 6 p.m. T&T Supermarket - shopping
224 Hunt Club Road
- 7 p.m. St. Mark's Anglican Church -
potluck feast and conversations
1606 Fisher Ave, Ottawa



Register at <https://bit.ly/3H7MGEC>