



# St Mark the Evangelist Anglican Church

1606 Fisher Ave, Ottawa ON K2C 1X6

Volume 4:51

**March 8, 2024**

## Weekly Newsletter

Dear friends,

Welcome to our weekly newsletter. We are continuing the weekly newsletter for the foreseeable future. Please send any

news items or announcements for the newsletter to [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca) with the word newsletter in the subject line.

### Shout Outs

If you would like some special occasion like an anniversary or birthday acknowledged in the Sunday service, Fr Julian will be more than happy to announce it. However, it must be into either Father Julian or the office by Wednesday Evening for it to be included in the service for the following Sunday.

### Live Streaming

The service will be streamed at 10 am on Sunday. Here are the links for the [service](#) and the [bulletin](#). The link is also available on the home page of our website.

### Readers for Palm/Passion Sunday

There will be a dramatic reading of the gospel on March 24 which will require 10 readers. If you would like to read a part (many are just one line), even if you are not a regular reader, please contact the office or talk to Joy.

### Easter Flowers

If you would like place flowers on the altar in thanksgiving or in memory of loved ones for our Easter celebration, please contact the office.

**with love on**

### Mothering Sunday – March 10, 2024

In the Anglican Church, Mothering Sunday is the 4<sup>th</sup> Sunday in Lent. Through the years, that Sunday became the one festive day in Lent, including an annual pilgrimage to the Mother Church of the Diocese, the Cathedral. As they processed they sang the ancient psalms

## Holy Week & Easter

March 24 Sunday of the Passion with Liturgy of the Palms

8 am Holy Eucharist

10 am Sung Eucharist

March 26 Tuesday in Holy Week

7 pm Evening Prayer

March 27 Wednesday in Holy Week

7 pm Tenebrae

March 28 Maundy Thursday

7 pm Sung Eucharist

March 29 Good Friday

1 pm Celebration of the Lord's Passion

March 31 Sunday of the Resurrection

8 am Holy Eucharist with blessing of the Paschal candle

10 am Sung Eucharist

of Ascent from the times when Jews processed to the Temple in Jerusalem. As time went by the Cathedrals were overcrowded, and the festivals were moved to the local Parish churches.

Older children and adults often worked away from home, but on this Sunday they were allowed to go home to their mothers, and families would be reunited. Going home often entailed long walks along paths where they would gather spring flowers. Those in 'service' would also bring fruit and nuts and other food for the family gathering. Flowers and special Simnel cake became part of the celebration.

When Mothers' Union started in England in 1876, Mothering Sunday was revived and encouraged as a family-oriented festival. MU came to Canada in 1888 and Mothering Sunday came with it.

Although Mothering Sunday is not a normal part of the Anglican Church of Canada, many parishes who have a Mothers' Union branch, like St Mark's, still celebrate the 4<sup>th</sup> Sunday in Lent - Mothering Sunday, which is also when Mothers' Day is celebrated in Britain.

St Mark's present MU branch was started by a group of young mothers in 1983. Its focus is on the family and has continued the tradition of Mothering Sunday by serving Simnel cake, and providing flowers to all the women in the church. (not gathered by the wayside!)

We know that the Simnel cake and flowers were a special part of our Mothering Sunday coffee hours in the past. So in 2024, we are offering Simnel cake and a flower. Please join us on Sunday and enjoy a coffee or tea with us before you leave.

### Spring Market

Because Easter is so early, the Spring Market continues this Mothering Sunday with Simnel Cake and hot cross buns on offer. On March 17, look for Lemon Loaves and meringue nests as well as hot cross buns. Janis' fabulous cards will also be available next week. Also available are four types marmalade, red pepper jelly and lemon curd. Click [HERE](#) for the latest order form and keep watching for more treats to come!

### Special Mothers' Union Meeting March 13

Join us this coming Wednesday March 13 at 10 am. for an open meeting of Mothers' Union.

Brenda Zanin is our speaker, giving insights into her upbringing in different countries, as a diplomat's daughter, and also her Mother's childhood China. You will likely find it somewhat more exciting or at least different from what most of us experienced. If you have a story to tell, please let me know, for another time. - Cynthia

### Coffee, Company & Conversation

This week participants enjoyed a bridge and "coffee and conversation" morning.

Next week March 14, don't miss the Pre St. Patrick's Day Ceilidh. Thursday mornings make the winter go more quickly, with good company and conversation.

A reminder that if school buses have been cancelled due to inclement weather, CCC will also be cancelled.

### Condolences to Pam Rogers



Pam's husband Michael Andrew Rogers passed away from cancer Tues., February 27, 2024. Michael was a Roman Catholic born in British Guiana of Irish/Barbadian descent July 31, 1940. He has been in long term care for several years lovingly taken care of by his daughter Adrienne here in Toronto and doted on his grandson Jackson. He had a very friendly and caring personality to everyone. He will be buried in Mississauga. Your kind thoughts and prayers as well as from St. Marks community is greatly appreciated.

### New Black History Month Stole



Janis made a new reversible stole of Fr Julian for Black History Month. It looks great!

### A Time of Prayer – Diocesan-Wide Gathering

The A Time of Prayer Working Group is thrilled to invite you to our first A Time of Prayer Diocesan Gathering. The purpose of

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this first meeting is to help all who are interested in contextual mission engage with the A Time of Prayer resources.

On Wednesday, March 20, 2024, from 7 – 8 pm, we'll gather via Zoom to introduce the Time of Prayer resources, learn from colleagues on how the resources have been used so far, exchange ideas on how to overcome any barriers to their use, and of course we'll pray together!

We're so pleased that Bishop Shane will be joining us for this event.

Click [HERE](#) for the Zoom link.

### **Volunteers for Kiwanis Music Festival**

Hello friends,

We are now five weeks until the start of the 2024 edition of our Festival – so much is happening!

As happened last year, we are short many front-of-house volunteers! These are the all-important greeters who guide guests and performers to the proper location in each venue. **WE CAN NOT HOLD A FESTIVAL WITHOUT THESE VOLUNTEERS!!**

We have many openings as follows:

- Junior/Intermediate Strings (St Aidan's Anglican Church, April 2-7)
- Choirs (St Thomas the Apostle Anglican Church, April 7-10)
- Brass (St Aidan's Anglican Church, April 9)
- Bands (Ridgemont High School, April 8 – 13) – we will sell tickets at these spots so cash handling is a must
- **Junior Piano (St Mark's Anglican Church, April 8 – 14)**
- Popular Voice (Arts Court Theatre, April 11)
- Piano Concertos (Ottawa Pianos, April 14)
- the afternoon of Woodwinds (St Aidan's Anglican Church April 16)
- Orchestras (Lisgar Collegiate, April 17-18) – we will sell tickets at these spots so cash handling is a must
- Guitar (St Aidan's Anglican Church, April 20).

These openings range from morning, afternoon, evening, and weekend – if you can help out, please contact Wenying (wenyingyu@hotmail.com) to find out what's available.

Again – we can NOT hold a live event without all of our front-of-house spots filled. You will hear some amazing music and support our students in their journey. It's also a great way to earn volunteer hours for senior high school students. Tell all your friends!

### **Readers, Servers, Sides & LACs**

We are always looking for more readers, servers, sidespeople & LAC's. If anyone feels a calling to any of these ministries, please let the office know. Appropriate training will be provided. Every month, an email is sent asking for your availability and you will be scheduled appropriately.

### **New Directory**

I will soon print a new directory, hopefully next week. If you have changed your phone number, perhaps by giving up your landline, please let the office know so our list can be accurate. If you wish to receive a copy of the new directory, please contact the office. You are eligible to receive a copy of the directory if you have given permission for your name to be included in the directory. Please be patient. Things keep cropping up.

### **PWRDF 2024 Lenten Resource**

Daily reflections begin February 14!

Throughout the Lenten season, you will receive a daily email with a reflection from Dr. Sylvia Keesmaat, on what health, well-being and good living require of us in our lives and our relationships with one another, with creation and with God.

And so, on this journey through Lent, PWRDF invites you to join Dr. Keesmaat as she walks with us, meditating on our current climate crisis and the well-being of ALL of creation, human and non-human, and offering us lessons in repair and restoration that are both profoundly ancient and current.

### **[SUBSCRIBE](#)**

### **Office Hours**

The office will be open Monday and Friday mornings from 9:30 am to noon and Wednesday morning from 9:30 am to 11:30

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am. Please call ahead to make sure someone is there.

### **COVID Status**

In his most recent communique, our Bishop announced a revision of the Diocesan COVID restrictions. Parishes can now observe normal social and liturgical practices, with one exception, while following the three main public health recommendations. These are:

- asking people to stay home when sick;
- encouraging mask-wearing in indoor spaces; and
- keeping up-to-date on COVID boosters.

An easy tool for determining whether you are eligible for a new COVID booster, and how to book one, is found at <https://www.ontario.ca/booster-recommendation/>

### **E-Transfers to the Church**

We can accept e-transfers to the main church account. We cannot do autodeposit because of the type of account but you may e-transfer money to [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca). You will be required to give a question. Please either make the answer obvious or email the office and let them know the answer to the question. This option has no cost to the church.

### **Donations to the Church**

We are extremely fortunate at St Mark's that there are a number of people who use Pre-Authorized Remittance (PAR). If you are not on PAR, we would encourage you to continue your donations. Of course, putting a cheque in the mail is always a great option for getting your donation to us. If you wish to make a donation by credit card, you may do so at CanadaHelps. <https://www.canadahelps.org/en/dn/47820>.

### **Contacting the Church**

You may contact the office at 613-224-7431 or [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca). Messages are being monitored. Email is faster.

### **Comments and Suggestions**

If you have anything you would like to see in next week's newsletter, please email the church at [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca)