



St Mark the Evangelist Anglican Church

1606 Fisher Ave, Ottawa ON K2C 1X6

Volume 4:52

Weekly Newsletter

March 15, 2024

Dear friends,

Welcome to our weekly newsletter. We are continuing the weekly newsletter for the foreseeable future. Please send any

news items or announcements for the newsletter to stmarks@stmarksottawa.ca with the word newsletter in the subject line.

Shout Outs

If you would like some special occasion like an anniversary or birthday acknowledged in the Sunday service, Fr Julian will be more than happy to announce it. However, it must be into either Father Julian or the office by Wednesday Evening for it to be included in the service for the following Sunday.

Live Streaming

The service will be streamed at 10 am on Sunday. Here are the links for the [service](#) and the [bulletin](#). The link is also available on the home page of our website.

On this day in 2020, our church was dark and empty. March 15 was the Third Sunday in Lent and the first time in my memory that there was no Sunday services without weather-related causes.

Easter Flowers

If you would like place flowers on the altar in thanksgiving or in memory of loved ones for our Easter celebration, please contact the office.

Easter Communion

Easter will be with us soon. If you are unable to attend church, but would like to make your Easter Communion, please let the office know so that either Father Julian, or a member of the pastoral care team could visit you, and offer you Communion.

Holy Week & Easter

March 24 Sunday of the Passion with Liturgy of the Palms

8 am Holy Eucharist

10 am Sung Eucharist

March 26 Tuesday in Holy Week

7 pm Evening Prayer

March 27 Wednesday in Holy Week

7 pm Tenebrae

March 28 Maundy Thursday

7 pm Sung Eucharist

March 29 Good Friday

1 pm Celebration of the Lord's Passion

March 31 Sunday of the Resurrection

8 am Holy Eucharist with blessing of the Paschal candle

10 am Sung Eucharist

Spring Market

This week, there will be Lemon Loaves and Hot Cross Buns on offer. Janis' fabulous cards will also be available after the service. As well there will be packages of meringue nests. For an easy and elegant dessert for Easter or spring, top a nest with lemon or lime curd, fresh berries, whipped cream... with perhaps a few chocolate eggs on the side.



Also available are four types marmalade, red pepper jelly and lemon & lime curd. Click [HERE](#) for the latest order form and keep watching for more treats to come!

Coffee, Company & Conversation

On Thursday morning at Coffee, Company and Conversation, Green was the color of the day. A Ceili was celebrated, albeit in the

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morning, with Irish music and dance. Taught by Brian Armstrong, a regular attendee at CCC, a number of people learned to dance in line dance formation with a partner. The square dance type steps were fun to do to Irish jig music, and the efforts of the brave who took to the floor no doubt amused those seated with their coffee. It was a lively activity and much fun. Brian was an Irish dance instructor and organized large Ceilis monthly with live music. It was a treat to have him share his love of all things Irish with all of the CCC group.



The Hall was decorated by Brian and Penny Miller in a St. Patrick's Day theme which added to the fun. Along with green tea and coffee with Bailey's Irish Coffee creamer (non alcoholic!) colorful and delicious goodies added to the theme. The morning "snacks" included soda bread, Irish sugar cookies, pistachio loaf, green pinwheel bites, chocolate Guinness cake, cheese, crackers and green grapes, plus green wrapped chocolate. The overall effect was Green, and a true

celebration of the patron saint of Ireland and all things Irish.



Next week, March 21, is a morning of cards and games along with coffee, conversation and tasty snacks to celebrate the change in season. The Spring Equinox is on March 19 so by the time CCC meets again, winter will be past! (although not necessarily winter weather)

A reminder that if school buses have been cancelled due to inclement weather, CCC will also be cancelled.



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Lenten Outreach

Our Lenten Outreach projects this year are Belong Ottawa and the Diocese of Jerusalem. Look on Sunday for a brochure from Belong Ottawa detailing their work. Click [HERE](#) to see the brochure.

Spring Outreach

St Mark's Outreach Spring Campaign is focused on the nutritional health of the children living in the Debra Dynes community. The Family House is currently making lunches for 50+ children a day and giving out supper to 25 children. Some nourishing suggestions that I received from Barbara are :

- Apple sauce and puddings in individual sizes
- Granola bars, prepackaged cookies e.g. bear paws
- No Name cheese packets with crackers, pretzels or breadsticks
- Loblaws and Costco gift cards used to buy fresh fruit and vegetables, buns, bagels, cream cheese and cold cuts.
- Brown lunch bags and plastic sandwich bags (not fold-over.)

“Lack of food and money to purchase food has left our families in a very bad place. What we are seeing is quite awful as they struggle with high food prices and rents.” - Barbara Carroll, Executive Director of Debra Dynes Family House

Let us do what we can to help the children in the Debra Dynes community.

Joan, Outreach.

A Time of Prayer – Diocesan-Wide Gathering

The A Time of Prayer Working Group is thrilled to invite you to our first A Time of Prayer Diocesan Gathering. The purpose of this first meeting is to help all who are interested in contextual mission engage with the A Time of Prayer resources.

On Wednesday, March 20, 2024, from 7 – 8 pm, we'll gather via Zoom to introduce the Time of Prayer resources, learn from

colleagues on how the resources have been used so far, exchange ideas on how to overcome any barriers to their use, and of course we'll pray together!

We're so pleased that Bishop Shane will be joining us for this event.

Click [HERE](#) for the Zoom link.

Volunteers for Kiwanis Music Festival

Hello friends,

We are now five weeks until the start of the 2024 edition of our Festival – so much is happening!

As happened last year, we are short many front-of-house volunteers! These are the all-important greeters who guide guests and performers to the proper location in each venue. **WE CAN NOT HOLD A FESTIVAL WITHOUT THESE VOLUNTEERS!!**

We have many openings as follows:

- Junior/Intermediate Strings (St Aidan's Anglican Church, April 2-7)
- Choirs (St Thomas the Apostle Anglican Church, April 7-10)
- Brass (St Aidan's Anglican Church, April 9)
- Bands (Ridgemont High School, April 8 – 13) – we will sell tickets at these spots so cash handling is a must
- **Junior Piano (St Mark's Anglican Church, April 8 – 14)**
- Popular Voice (Arts Court Theatre, April 11)
- Piano Concertos (Ottawa Pianos, April 14)
- the afternoon of Woodwinds (St Aidan's Anglican Church April 16)
- Orchestras (Lisgar Collegiate, April 17-18) – we will sell tickets at these spots so cash handling is a must
- Guitar (St Aidan's Anglican Church, April 20).

These openings range from morning, afternoon, evening, and weekend – if you can help out, please contact Wenying (wenyingyu@hotmail.com) to find out what's available.

Again – we can NOT hold a live event without all of our front-of-house spots filled. You will hear some amazing music and support our students in their journey. It's also a great way to earn volunteer hours for senior high school students. Tell all your friends!

New Directory

I am thinking now that it will be after Easter. Thank you to everyone who has sent me updates and let me know they want a copy of the directory. You are eligible to receive a copy of the directory if you have given permission for your name to be included in the directory. Please be patient. Things keep cropping up.

PWRDF 2024 Lenten Resource

Daily reflections begin February 14!

Throughout the Lenten season, you will receive a daily email with a reflection from Dr. Sylvia Keesmaat, on what health, well-being and good living require of us in our lives and our relationships with one another, with creation and with God.

And so, on this journey through Lent, PWRDF invites you to join Dr. Keesmaat as she walks with us, meditating on our current climate crisis and the well-being of ALL of creation, human and non-human, and offering us lessons in repair and restoration that are both profoundly ancient and current.

[SUBSCRIBE](#)

Office Hours

The office will be open Monday and Friday mornings from 9:30 am to noon and Wednesday morning from 9:30 am to 11:30 am. Please call ahead to make sure someone is there.

COVID Status

In his most recent communique, our Bishop announced a revision of the Diocesan COVID restrictions. Parishes can now observe normal social and liturgical practices, with one exception, while following the three main public health recommendations. These are:

- asking people to stay home when sick;
- encouraging mask-wearing in indoor spaces; and
- keeping up-to-date on COVID boosters.

An easy tool for determining whether you are eligible for a new COVID booster, and how to book one, is found at

<https://www.ontario.ca/booster-recommendation/>

E-Transfers to the Church

We can accept e-transfers to the main church account. We cannot do autodeposit because of the type of account but you may e-transfer money to stmarks@stmarksottawa.ca. You will be required to give a question. Please either make the answer obvious or email the office and let them know the answer to the question. This option has no cost to the church.

Donations to the Church

We are extremely fortunate at St Mark's that there are a number of people who use Pre-Authorized Remittance (PAR). If you are not on PAR, we would encourage you to continue your donations. Of course, putting a cheque in the mail is always a great option for getting your donation to us. If you wish to make a donation by credit card, you may do so at CanadaHelps.

<https://www.canadahelps.org/en/dn/47820>.

Contacting the Church

You may contact the office at 613-224-7431 or stmarks@stmarksottawa.ca. Messages are being monitored. Email is faster.

Comments and Suggestions

If you have anything you would like to see in next week's newsletter, please email the church at stmarks@stmarksottawa.ca