



St Mark the Evangelist Anglican Church

1606 Fisher Ave, Ottawa ON K2C 1X6

Volume 5:7

May 3, 2024

Weekly Newsletter

Dear friends,

St Mark's @ 75

Welcome to our weekly newsletter. We are continuing the weekly newsletter for the foreseeable future. Please send any

news items or announcements for the newsletter to stmarks@stmarksottawa.ca with the word newsletter in the subject line.

Shout Outs

If you would like some special occasion like an anniversary or birthday acknowledged in the Sunday service, Fr Julian will be more than happy to announce it. However, it must be into either Father Julian or the office by Wednesday Evening for it to be included in the service for the following Sunday.

Live Streaming

The service will be streamed at 10 am on Sunday. Here are the links for the [service](#) and the [bulletin](#). The link is also available on the home page of our website.

Coffee, Company & Conversation

Thursday, the 2nd, was a relaxing conversational morning at CCC. People enjoyed chatting with their coffee or tea, complemented by delicious baked goodies, fruit and cheese. The food is part of what makes St. Mark's community outreach morning for older adults a special one.

Next week it's Bridge and Games, or for some, just coffee, company and conversation.

Hopefully in May, CCC will not have to be cancelled due to inclement weather conditions!

Welcome Elaine!

This Sunday we welcome Elaine Graham as our new music director. We look forward to her ministry among us.



Lorne Bowerman burning the mortgage in 1983. "Debt Free in 83" Rob Mellon and Bishop Edwin Lackey in the background.

Tulipathon Walk for the Multifaith Housing Initiative



The annual Tulipathon Walk organized by The Multifaith Housing Initiative, is being held on Sunday, May 26.

Registration will begin at 2:00 pm, followed by opening ceremonies at 2:45 and the start of the walk at 3 pm. It starts and finishes at Commissioners Park across from Dows Lake. People from many faith groups will be walking in support of the important mission to provide safe and affordable housing for low-income families, veterans, and others in need of a home in a supportive community. MHI has more than 70 faith groups who are invited to walk among the tulips and raise money for tenants who live at MHI communities.

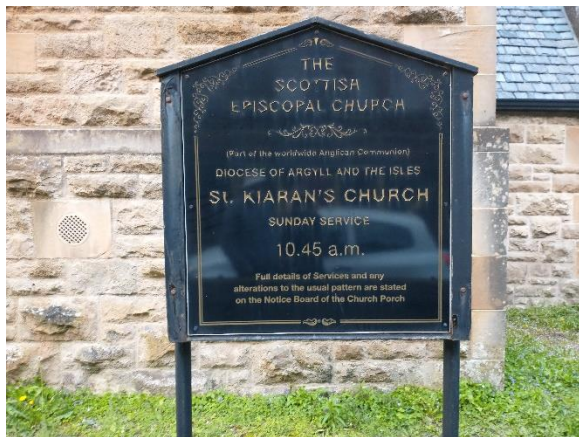
This year, we have an extra incentive to donate to the Tulipathon here at St. Mark's. An anonymous parishioner will be matching donations up to \$1,000! This means that your \$10 donation becomes \$20, your \$20 donation becomes \$40, your \$40 donation becomes \$80, and your \$50 donation becomes \$100 etc.

Please consider walking with the St. Mark’s team along the Canal and making our presence known. You can complete the walk in 20 to 30 minutes. If you are unable to walk, then a donation towards our church’s contribution would be very welcome.

See either Brian Harrison or Laurie Slaughter for further information on donating and walking. We need you!

Georgia and Russell in Scotland

Georgia and Russell are on holiday and are currently in Campbeltown, a little village in the west of Scotland. Georgia sent this photo of the St. Kieran’s Anglican Church in the Diocese of Argyll and the Isles. She writes that the village has many churches, but several are closing or amalgamating with others. The buildings are very old. The town library is in the same building as the swimming pool and is aptly called the “Aqualibrium”. They have also visited cousins near London and in Edinburgh. Russell is doing genealogy research trying to pinpoint which of his relatives immigrated to American in the early 1700’s. A wonderful holiday for both!



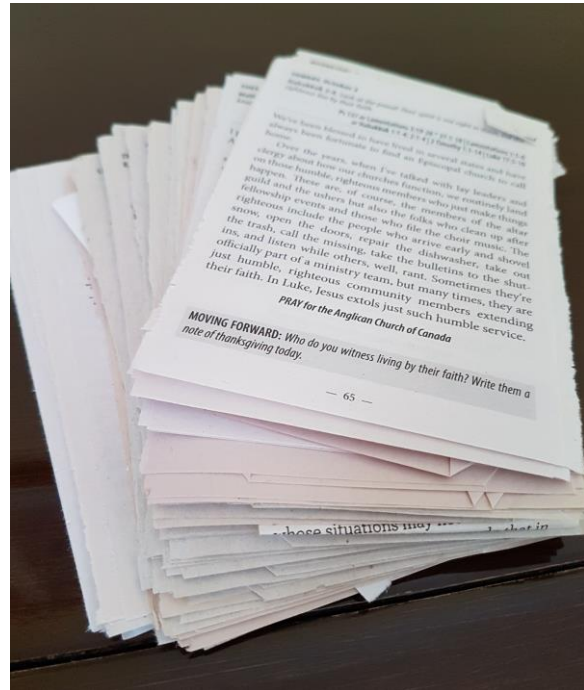
Forward Day by Day

This resource has been an inspiration to me for years, as it has guided me through daily readings from the Bible. So often, a meditation on the day's reading has given a special insight, and that's when I earmark the page corner, underline a significant phrase, and when the booklet is finished, I go back and tear out those pages for future reference.

The photo here indicates how often that happens!

If you are seeking greater insight into the Bible's treasures, pick up a copy of the newest edition (only \$3) available now in the Link.

- Brenda Z.



Branches of Hope

A project of the Diocesan Working Group of the Primate’s World Relief and Development Fund (PWRDF) in the Anglican Diocese of Ottawa in 2024

What are the goals of this project?

Inspired by the Communion Forest (throughout the worldwide Anglican Communion) there are 2 goals:

To help “green” the Anglican Diocese of Ottawa region through the distribution of tree seedlings; and

Support tree growing by our PWRDF partner in Uganda.

How will you reach these goals?

Through support from Christ Church Cathedral, we can distribute red maple and black spruce seedlings throughout the diocese upon request.

Donations of \$10 per seedling will support our partner in Uganda (St. Jude Family

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Projects) to conserve soil through tree planting. This partner also provides educational programs to local and international students.

How to order a tree/trees?

Please contact The Ven. Patrick Stephens thereverendpatrickstephens@gmail.com to place an order and arrange for tree delivery later this spring.

Donations of \$10 per tree (or more) are suggested. You may donate here: pwrdf.org/branchesofhope.

If you are interested in a tree or trees, please contact our office and we can arrange for the trees to be delivered here.

Looking for Hosts

I'm reaching out from the non-profit YMCA Summer Work Student Exchange (SWSE) program. I know we had been in touch last spring, and I really appreciate your efforts to help strengthen opportunities for youth in the Ottawa region.

Each year, we run a 6-week national summer program for youth aged 16-17 to practice their second language in another community in Canada. The students are given the opportunity to gain work experience, participate in group activities, and learn more about diverse cultures and families in our community.

There are many young people in the Ottawa area this year who would really benefit from this opportunity, although many of them are not able to host in return, due to unsuitable family situations, living too far away from the city, or not having the resources to do so. We are struggling to find families willing to take in exchange students this summer, and I wanted to reach out to inquire if you could spread the message to the members of your church community.

With such kind-hearted, welcoming, and involved members, I would love to collaborate with you to pair exchange students with willing families in your area. Local families have had numerous positive

experiences with being able to share their culture, language, and lifestyle with a young person, building an unforgettable connection. We are offering \$400 grocery store gift cards to families who host a student, in order to compensate for any costs associated with providing meals. We are also open to discussing any additional supports needed in order to facilitate a positive experience for the youth and families!

Please feel free to contact me if you are willing to discuss this opportunity further, and I would be happy to explain more about the program! I have attached a short message if you are able to share it in a newsletter or bulletin posting. I truly appreciate your collaboration and community involvement!

Thank you so much, and I look forward to hearing from you.

Best,

Abby Traina
National Capital Region Support Coordinator
Summer Work Student Exchange

YMCA of Greater Toronto
2200 Yonge Street, Unit 300,
Toronto, ON M4S 2C6

Email: abby.traina@ymcagta.org
Telephone: (365) 889-6923

Spring Outreach

St Mark's Outreach Spring Campaign is focused on the nutritional health of the children living in the Debra Dynes community. The Family House is currently making lunches for 50+ children a day and giving out supper to 25 children. Some nourishing suggestions that I received from Barbara are :

- Apple sauce and puddings in individual sizes
Granola bars, prepackaged cookies e.g. bear paws
- No Name cheese packets with crackers, pretzels or breadsticks
- Loblaws and Costco gift cards used to buy fresh fruit and vegetables, buns, bagels, cream cheese and cold cuts.

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- **Brown lunch bags and plastic sandwich bags (not fold-over.)**

“Lack of food and money to purchase food has left our families in a very bad place. What we are seeing is quite awful as they struggle with high food prices and rents.” - Barbara Carroll, Executive Director of Debra Dynes Family House

Let us do what we can to help the children in the Debra Dynes community.

Joan, Outreach.

New Directory

Progress is being made, we are doing a few last minute checks and corrections and the directory will be published next week. Thank you to everyone who has sent me updates and let me know they want a copy of the directory. You are eligible to receive a copy of the directory if you have given permission for your name to be included in the directory. Please be patient. Things keep cropping up.

Office Hours

The office will be open Monday and Friday mornings from 9:30 am to noon and Wednesday morning from 9:30 am to 11:30 am. Please call ahead to make sure someone is there.

E-Transfers to the Church

We can accept e-transfers to the main church account. We cannot do autodeposit because of the type of account but you may e-transfer money to stmarks@stmarksottawa.ca. You will be required to give a question. Please either make the answer obvious or email the office and let them know the answer to the question. This option has no cost to the church.

Donations to the Church

We are extremely fortunate at St Mark's that there are a number of people who use Pre-Authorized Remittance (PAR). If you are not on PAR, we would encourage you to continue your donations. Of course, putting a cheque in the mail is always a great option for getting

your donation to us. If you wish to make a donation by credit card, you may do so at CanadaHelps.

<https://www.canadahelps.org/en/dn/47820>.

Contacting the Church

You may contact the office at 613-224-7431 or stmarks@stmarksottawa.ca. Messages are being monitored. Email is faster.

Comments and Suggestions

If you have anything you would like to see in next week's newsletter, please email the church at stmarks@stmarksottawa.ca