



**COFFEE
COMPANY &
CONVERSATION
IS BACK!**

St Mark's Anglican Church

FALL & EARLY WINTER 2024

a weekly gathering for seniors in the community

SENIORS – COME & JOIN US

**September 12 to December 19
Thursdays at 10:00 am**



**St Mark the Evangelist Anglican Church
1606 Fisher Avenue, Ottawa**

For more information contact: **St Mark's at 613 224 7431**

WE ARE BACK! THURSDAYS AT 10AM UP-COMING ACTIVITIES

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| September 12 | Welcome Back to CCC –
reconnecting with Coffee & Conversation |
| September 19 | <i>The Jock River Jazz Quartet!</i> a lively group of four musicians
playing Dixieland jazz to kick off the Season |
| September 26 | Creative Writing group and Bridge/Games –
or Koffee Klatsch (Coffee & Conversation) |
| October 3 | Bridge or casual Coffee & Conversation |
| October 10 | <i>Jean-Francois Pinsonnault</i> – on Aging in YOUR Own Home
a well-known speaker and author,
former mediator and organizational consultant |
| October 17 | Bridge or Coffee & Conversation |
| October 24 | <i>Sean Devine</i> , Ward 9 (Knoxdale/Merivale) municipal councillor
speaking on city affairs and municipal politics |
| October 31 | <i>Hallowe'en Hijinks</i> – a CCC tradition
with a costume contest and fun activities |
| November 7 | Pre Remembrance Day Morning - remembering in song
with <i>Aged in Harmony</i> the male choral group |
| November 14 | Creative Writing group and Bridge/Games – or Koffee Klatsch |
| November 28 | <i>"Show & Share" Part II</i> – CCCers <i>Show</i> off their talents
& <i>Share</i> their hobbies, interests, and skills |
| December 5 | Bridge & Games – or Koffee Klatsch |
| December 12 | Creative Writing or Coffee & Conversation |
| December 19 | <i>Christmas Joy</i> – with Joy Bowerman on piano
and leading a Christmas Singalong |

