



# St Mark the Evangelist Anglican Church

1606 Fisher Ave, Ottawa ON K2C 1X6

Volume 5:28

## Weekly Newsletter

September 20, 2024

Dear friends,

Welcome to our weekly newsletter. We are continuing the weekly newsletter for the foreseeable future. Please send any

news items or announcements for the newsletter to [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca) with the word newsletter in the subject line.

### Shout Outs

If you would like some special occasion like an anniversary or birthday acknowledged in the Sunday service, Fr Julian will be more than happy to announce it. However, it must be into either Father Julian or the office by Wednesday Evening for it to be included in the service for the following Sunday.

- Brenda Zanin celebrates her birthday on September 23.

### Live Streaming

The service will be streamed at 10 am on Sunday. Here are the links for the [service](#) and the [bulletin](#). The link is also available on the home page of our website.

### Dollar for Dollar Coupons

We still have some dollar for dollar coupons from before the pandemic. We will be selling these at coffee hour until they are gone. Please talk to Joy about purchasing coupons.



Fellowship after the 10 am service.



### Aged in Harmony Concert

As part of our 75<sup>th</sup> Anniversary celebrations, Aged in Harmony will be hosting a musical event at St Mark's on Saturday, September 28 at 2:00 pm, with refreshments to follow in Bishop Reed Hall. Aged in Harmony was started in 2002 by a small group of "retired" members of the Ottawa Capital City Barbershop Chorus. Presently, it has a membership of about 30 senior male singers directed by Rod McKenzie and it performs twice a month at seniors' residences or hospices.

The concert is free; however, free-will donations are suggested to cover costs. Mark your calendar now so that you don't miss this event!

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St Mark's@75



Our 2012 Junior Choir

### Greetings from Glenn Keefe

Hello to you all at St Mark's,

I hope you are all well and settling in for the fall season. I have been busy over the summer getting ready for school and just taking time to decompress from life in the military.

I start a new position at St Luke's Anglican church in Peterborough on 8 Sep, and I am looking forward to being there. I know the incumbent very well and we have some great ideas for this group.

I have my first class on September 9, it is Hebrew Bible Old Testament, I am also taking Theological Foundations, pastoral foundations and research methods. Its all the beginning courses that I need for this program. I will be doing New Testament in the new year.

I am excited to see what this brings.

Wishing you all the best.

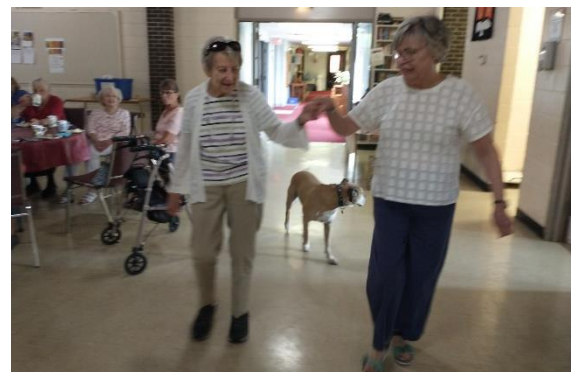
Glenn Keefe

### Coffee, Company & Conversation

September 19 at CCC was a magical musical morning. The Jock River Jazz Band, consisting of four very talented musicians



playing trumpet, clarinet, banjo and guitar, engaged everyone with Dixieland jazz tunes that were remembered and loved by everyone. Feet were tapping, and some were even up dancing to some of the songs. The music was just too happy and lively to sit still. It was wonderful to see everyone completely "tuned in" to the group. To put it mildly, they were a big hit.



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The food, especially the baking, was delicious and, as usual, the kitchen group and bakers, made it look easy. It is, in fact, a great deal of work, done with commitment and generosity for all those who come to share it. Forty-two people had fun yesterday at CCC and went away buoyed for the day.



Next week the Creative Writing group meet, while others play bridge, games, or just enjoy coffee and conversation. See you there.

### **Slim & Trim**

Slim & Trim resumed on Monday, September 9 at 9 am and will continue Monday, Wednesdays and Fridays.

### **Primate Retired September 15**

Archbishop Linda Nicholls retired as Primate of the Anglican Church of Canada this Sunday. [Here](#) is a link to her farewell message.

## **TO HOPE AND ACT WITH CREATION**



Creation Season runs from September 1 to October 4, the Feast of St Francis of Assisi. It is a world-wide ecumenical celebration of creation. General Synod 2019 passed a resolution adopting the Season of Creation in the Anglican Church of Canada as a time of prayer, education and action, and encouraging dioceses and parishes to participate.

This week, I have included several quotes and short stories reflecting on creation followed by a prayer. These resources are from The Episcopal Church:

[https://newcreationliturgies.org/seasonofcreation/#\\_idTextAnchor000](https://newcreationliturgies.org/seasonofcreation/#_idTextAnchor000)

### **Hildegard of Bingen (1098-1179)**

We shall awaken from our dullness and rise vigorously toward justice. If we fall in love with creation deeper and deeper, we will respond to its endangerment with passion.

Glance at the sun. See the moon and the stars. Gaze at the beauty of earth's greenings. Now, think. What delight God gives to humankind with all these things. All nature is at the disposal of humankind. We are to work with it. For without it we cannot survive.

All living creatures are sparks from the radiation of God's brilliance, emerging from God like the rays of the sun.

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**St. Francis of Assisi (1181-1226)**

If you have men who will exclude any of God's creatures from the shelter of compassion and pity, you will have men who will deal likewise with their fellow men.

**A Reading from the Babylonian Talmud, Taanit 23a**

*The Talmud is the textual record of generations of rabbinic debate about law, philosophy, and biblical interpretation, compiled between the 3rd and 8th centuries and structured as commentary on the Mishnah with stories interwoven. Honi HaMe'agel ("Honi the circle-drawer") was a tanna or Jewish scholar of the 1st century BCE, the scholars from whose teachings the Mishnah was derived.*

While the sage, Honi, was walking along a road, he saw a man planting a carob tree.

Honi asked him, "How long will it take for this tree to bear fruit?"

"Seventy years," replied the man.

Honi then asked, "Are you so healthy a man that you expect to live that length of time and eat its fruit?"

The man answered, "I found a fruitful world because my ancestors planted it for me. Likewise I am planting for my children."

**A Prayer for the World**

Enlarge within us the sense of fellowship with all living things, our brothers and sisters the animals to whom you gave this earth as their home in common with us.

We remember with shame that in the past we have exercised the high dominion of humans with ruthless cruelty, so that the voice of the Earth, which should have gone up to you in song, has been a groan of travail.

May we realize that they live, not for us alone, but for themselves and for you, and that they love the sweetness of life even as we, and serve you in their place better than we in ours. We pray through our Savior Jesus Christ, who lifts up and redeems us all. Amen

**Older Adults Summit**

Special Bulletin: Ward 9 Older Adults Summit on October 1st!

Date: October 1, 2024

Time: 12:30 PM – 4:30 PM

Location: Nepean Sportsplex, 1701 Woodroffe Avenue, Halls A & B, Entrance 3 (rear of the building)

Join us on Tuesday, October 1, as we celebrate Canada's National Seniors Day with our Ward 9 Older Adults Summit! Hosted by Ward 9 Councillor Sean Devine and featuring former CBC Ottawa News anchor Lucy van Oldenbarneveld as Special Guest Emcee and Moderator, this afternoon promises an eclectic mix of valuable information resources and expert-led programming on themes are important to seniors, including Innovative Housing Solutions, Health & Wellness, and Public Safety. We are grateful to be doing this event in partnership with the Council on Aging of Ottawa.

We are thrilled to announce some of our exciting presenters and other partners, which will include experts and leaders from:

- The Ottawa Hospital
- Ottawa Fire Services and Ottawa Paramedic Services
- Ottawa Public Library and Ottawa Public Health
- The Olde Forge Community Resource Centre
- Nepean Rideau Osgoode Community Resource Centre
- BuildAble Accessible Home Renovations
- Abbeyfield Houses Society of Ottawa
- ...and many, many more

This is a free event. Light refreshments will be served. The Nepean Sportsplex is an accessible venue.

RSVP Information:

Help us prepare for this wonderful event by letting us know you'll be attending!

To RSVP, please email [megane.wood@ottawa.ca](mailto:megane.wood@ottawa.ca) with the subject line "RSVP Older Adults Summit." Include your name and indicate whether you'll be attending alone or with guests.

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We look forward to seeing you there for a meaningful afternoon!

Councillor Sean Devine  
<https://www.seandevine.ca/>

### **The Mysterious Envelope 30**

We have been noticing Envelope 30 from 2014 appearing in our collection plates. Unfortunately, it is 10 years ago and the envelope secretary has changed and we have no easy way of checking who had envelope 30 in 2014. If this is you, could you please identify yourself to Karen Roberts, our envelope secretary, by emailing her at [graniteseven@yahoo.ca](mailto:graniteseven@yahoo.ca). We cannot issue a tax receipt if we cannot identify the donor.

### **Annual Fall Bazaar**

Although our annual Fall Bazaar won't occur until November 2 this year, preparations have already begun. This time of year is the time to make jams, jellies, pickles and other preserves to offer at the bazaar. Empty 125, 250 or 500 mL jars are always gratefully received

### **Update on COVID 19**

For a short while this fall, COVID-19 vaccines will not be available in Ontario as we wait for a new formulation of the vaccines to be released. As soon as the vaccine is available, Ottawa Public Health (OPH) will inform residents of when and where people can get vaccinated.

In the meantime, please keep using what OPH calls your layers of protection, which work for COVID-19 and other respiratory illnesses like influenza (flu) and RSV. These are:

- Stay home when you are sick
- Avoid visiting people at high risk when you are sick
- Consider wearing a mask to protect yourself, to protect others, or when recovering from illness.

For more information, go to <https://www.ottawapublichealth.ca/en/public-health-topics/covid-19-vaccine.aspx>

Georgia Roberts & Michael Perkin  
St Mark's pandemic team

### **Forward Day By Day**

The new Forward Day By Day booklets, covering the months of August, September and October, are now available. Nurture your life in Christ with daily Bible readings and meditations from this inspirational resource.

Booklets are displayed in the Link, and cost \$3.

### **Office Hours**

The office will be open Monday, Wednesday and Friday mornings **from** 9:30 am to noon. Please call ahead to make sure someone is there.

### **Emails Addresses for Key People**

The wardens, as well as the paid staff (Fr Julian, Joy and Elaine) all have email addresses in the StMarksOttawa domain. They are:

Fr Julian: [Frjulian@stmarksottawa.ca](mailto:Frjulian@stmarksottawa.ca)

Joy: [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca)

Elaine: [Elaine@stmarksottawa.ca](mailto:Elaine@stmarksottawa.ca)

Suzanne Bisson: [Suzanne@stmarksottawa.ca](mailto:Suzanne@stmarksottawa.ca)

Janis Perkin : [Janis@stmarksottawa.ca](mailto:Janis@stmarksottawa.ca)

Joseph Amuah : [Joseph@stmarksottawa.ca](mailto:Joseph@stmarksottawa.ca)

John Hancock : [John@stmarksottawa.ca](mailto:John@stmarksottawa.ca)

### **E-Transfers to the Church**

We can accept e-transfers to the main church account. We cannot do autodeposit because of the type of account but you may e-transfer money to [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca). You will be required to give a question. Please either make the answer obvious or email the office and let them know the answer to the question. This option has no cost to the church.

### **Donations to the Church**

We are extremely fortunate at St Mark's that there are a number of people who use Pre-Authorized Remittance (PAR). If you are not on PAR, we would encourage you to continue your donations. Of course, putting a cheque in the mail is always a great option for getting your donation to us. If you wish to make a donation by credit card, you may do so at CanadaHelps.

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<https://www.canadahelps.org/en/dn/47820>.

### **Contacting the Church**

You may contact the office at 613-224-7431 or [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca). Messages are being monitored. Email is faster.

### **Comments and Suggestions**

If you have anything you would like to see in next week's newsletter, please email the church at [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca)