



St Mark the Evangelist Anglican Church

1606 Fisher Ave, Ottawa ON K2C 1X6

Volume 5:31

Weekly Newsletter

October 11, 2024

Dear friends,

Welcome to our weekly newsletter. We are continuing the weekly newsletter for the foreseeable future. Please send any

November 4 through to the 7 from 2:30 pm to 8:30 pm. And note that if you wish your pet to be in the photo with you, please let Suzanne know so arrangements will be made. More information is forthcoming.

Happy Thanksgiving!

This Sunday is Harvest Thanksgiving. **Please bring in any donations of canned goods or fresh produce Saturday morning 10-10:30 am.**

news items or announcements for the newsletter to stmarks@stmarksottawa.ca with the word newsletter in the subject line.

Shout Outs

If you would like some special occasion like an anniversary or birthday acknowledged in the Sunday service, Fr Julian will be more than happy to announce it. However, it must be into either Father Julian or the office by Wednesday Evening for it to be included in the service for the following Sunday.

Anniversary Service

Last Sunday we had a joyous celebration of our 75th Anniversary as a parish (the building being 5 years later). Bishop Shane Parker led the service and a number of people were welcomed as new members of the parish – a first since before the Pandemic. We were also pleased to see some old friends, Anne & Scott Kirby and Roger & Karen Steinke among them. It was also a joy to see Patsy Bradley who is an original member of the parish (as a young girl). The service was followed by a light luncheon in the hall.

Live Streaming

The service will be streamed at 10 am on Sunday. Here are the links for the [service](#) and the [bulletin](#). The link is also available on the home page of our website.



75th Anniversary Keepsake

The Pictorial Directory to commemorate our 75th Anniversary will outline the mission, our congregation, our activities and our history. We will be registering photography appointments after the October 13, Sunday Service. Each photographed family or individual will receive a free directory. There is also no charge for your photo to be taken. The picture-taking sessions will take place

St Mark's Fall Bazaar ~ 2024

1606 Fisher Ave. Ottawa

Saturday November 2, 2024

10:00 am – 2:00 pm

Handcrafts (sewing, knitting & other crafts) Preserves, Baking, Café, Cards, Puddings, Calendars, Books, Puzzles, Plants, Attic Treasures
there will be no Rummage, Jewellery or Clothing

On-line Bazaar October 30 - December 10

information: 613-224-7431 stmarks@stmarksotawa.ca



October 11, 2024



Please Read

STEWARDSHIP -
OUR WALLET IS
EMPTY



Annual Fall Bazaar

Our annual Fall Bazaar is November 2 and preparations have already begun. We will again have a café, baking, preserves, cards, handcrafts, books, calendars, puddings. This year, for one year only, we will feature the Attic Treasures which are currently being stored downstairs. If you have something you wish to contribute or help, please contact Joy.

Empty 125, 250 or 500 mL jars are always gratefully received

Calendars and Puddings

Calendars are already available and puddings will soon be made. Please order ahead by putting your name, and order on the appropriate sheets on the Link (hallway) table.

We are celebrating 75 years as an active and vibrant church. Over our three quarters of a century we have seen many years of prosperity and growth yet we have also experienced periods of decline and challenges. Coming out of the pandemic we find ourselves in one of those low periods. We are currently seeing more people come and we are truly thankful for our financial and volunteer contributors and look forward to our renewed ministry. Yet we find ourselves lacking funding to do our regular upkeep and pay our bills on time; to put it in real world terms, we are existing pay cheque to pay cheque with more month than we have money.

At our March vestry we approved a deficit budget of over \$15,000, we are scheduled to come in below the expected amount by carefully watching our expenditures and reducing wherever possible, but we are still coming up short. In this our 75th year we are endeavoring to maintain our facilities but, like any 75-year-old, things are wearing out and don't always last (at least two members of our

October 11, 2024

congregation have had knee replacements in the past 6 months). Our plumbing had to be unplugged at a cost of \$3,000 which was not budgeted for and we are not seeing so well in the dark because our outside lighting need replacing. The list goes on but the bottom line is we need your help.

We have some opportunities coming up, at the Bazaar consider purchasing some items or buy some Dollar for Dollar coupons, they are good for buying your groceries or donating to places like the Food Bank and since the church has already paid for them the money comes back directly into our budget. We ask you to take this time to pray about a love gift or sacrificial giving to help us through this shortfall. Remember you can give by cheque or cash, through electronic transfer or through Canada Helps.

2 Corinthians 9:7 Each of you must give as you have made up your mind, not reluctantly or under compulsion, for God loves a cheerful giver.

May you be enriched and blessed by your generosity.

If you have any questions please contact any of the wardens or myself.

Michael Perkin Stewardship

Financial Update

In several ways, we are doing better than we were last year. However, there are several ways where we are significantly behind last year.

At the end of September, our collections income is around \$12,000 behind what was budgeted and but only about 1% lower than last year. However our total non-directed income, while still ~\$5,000 behind the budgeted amount is 3% above last year. While most expenses are below the budgeted amount, the drain work in BRH in April, has increased our building expenses, leaving our net income almost ~\$7,000 less than expected

What is significantly different this year is the amount of cash in the bank. If we had paid the full amount owing to the diocese at the end of August, there would have been under \$4,000 in the bank. As a result, when corporation met in September, they decided to withhold one month's payment to the diocese. We hope that increased income during the fall will allow the full payment to be made before the end of the year. At the end of September, our position actually improved slightly from the end of August

To increase the amount in the bank, the GST & PST refunds have been applied for and the Memorials fund held in the Consolidated Trust Fund has been returned to the bank. This money was accounted for in the reserve accounts.

Joy Bowerman, Acting Treasurer

Coffee, Company & Conversation



Yesterday Coffee, Company and Conversation listened to a very knowledgeable speaker on the subject of aging in the home of one's choice. Jean-Francois Pinsonnault, an organizational development consultant, counsellor, coach and specialist in the field of aging safely, presented suggestions and ideas on how to be safe in one's home and how to prepare for the future. His expertise is based on over ten years experience as a caregiver for his mother. He has authored two books on the subject: Lasting Touch, about his experience with his mother, and Ageing Safely in the home of YOUR Choice, which offers

October 11, 2024

ideas and tips on how to customize your home into a Senior-friendly environment. These books may be ordered through his website given below. To receive a discount and not pay for shipping, please use the code "thank you".

<http://www.jeanfrancoispinsonnault.com>



The morning was most enlightening, as all older adults are dealing with decisions and situations regarding how to age safely and comfortably with choice.



Next week will be a bridge or games morning, or for some, coffee and conversation.

St Mark's@75



Recently discovered vintage note cards

Debra Dynes Soupalicious Ottawa 2024

This annual DDFH fundraiser takes place on Sunday, October 27 at Carleton Heights Community Centre , 1665 Apeldoorn Ave, 4:30 – 7 pm.

This culinary experience allows you to savour yummy soups crafted by talented local chefs. Bring your own spoon and on open mind to savour something new.

Tickets can be purchased using the QR code on the poster in the link. Speak to Joan H or Georgia for more information. Hope to see you on the 27th.

Belong Ottawa Wish List

As we celebrate Thanksgiving, remember those who have so little to be thankful for, the people who are served by Belong Ottawa,- Centre 454, the Well, and St Luke's table.

Items needed are

- Clothing, hats, scarves, mitts gloves, socks and underwear all sizes. Gently used sweaters t-shirts and jeans, or jogging pants, could be brought also.
- Toiletries, towels, soap, deodorant, hand cream, shampoo, combs, tooth brushes and paste..

October 11, 2024

These articles can be brought all fall and winter. Add a couple of items to your weekly groceries.

Dollar for Dollar Coupons

We still have some dollar for dollar coupons from before the pandemic. We will be selling these at coffee hour until they are gone. They can be used at participating Loblaws, Dominion, No Frills, Real Canadian Superstore, Maxi, Provigo, Extra Foods, Your Independent Grocer, Atlantic Superstore, Zehrs Markets, Valu-mart, Fortinos, Wholesale Club and T & T Supermarket. Please talk to Joy about purchasing coupons.

Latest Update on COVID 19

From now until October 28th, doses of the new COVID-19 vaccine are prioritized for high-risk and priority populations, which include adults 65 years of age and older. Starting October 28th, anyone 6 months and older can access the COVID-19 vaccine in Ontario. For more details about where you can get your updated vaccine, go to <https://www.ottawapublichealth.ca/en/public-health-topics/covid-19-vaccine.aspx>

In the meantime, please keep using what OPH calls your layers of protection, which work for COVID-19 and other respiratory illnesses like influenza (flu) and RSV. These are:

- Stay home when you are sick
- Avoid visiting people at high risk when you are sick
- Consider wearing a mask to protect yourself, to protect others, or when recovering from illness.

A detailed respiratory illness factsheet is available at

https://www.ottawapublichealth.ca/en/public-health-topics/resources/Images/corona/mitigation/Respiratory-Illness-Factsheet_8.5x14_v2023-09-08_EN.pdf

Georgia Roberts and Michael Perkin
St Mark's pandemic team

Pro Organo Recital

The next Pro Organo recital takes place on Monday, October 28 at 7:30 pm at Eglise Ste-Anne/St Clement Church 528 Old St Patrick. It features Isabelle Demers from Montreal. A Memorial Concert in honour of Rachel Laurin, the recital features work by Rachel Laurin, including some of her last organ works. Tickets \$30, \$25 for seniors, \$15 students at the door.

More Information on the [website](#)

Symphony of Seasons Concert

Little Hummingbird Foundations presents the premier performance of The Symphony of Seasons by Justin Saulnier. October 19, 2024, 7 pm at Carleton Dominion-Chalmers Centre. The event is free but tickets can be reserved [here](#).

Asperitas clouds

Last Sunday, there were some very unusual clouds in the sky. Here are some interesting facts about the cloud from the UK Met Office. Apparently, this sort of cloud is quite rare and was only added officially to the International Cloud Atlas in 2015 and is the newest type of cloud. I was fascinated to learn that there was an International Cloud Atlas and a Cloud Appreciation Society.

The newest cloud type, asperitas formations are rare and resemble rippling ocean waves in the sky.

Height of base: 4,000 - 10,000 ft

Shape: Undulating waves

Latin: aspero - make rough or uneven



What is asperitas cloud?

Asperitas (formerly referred to as Undulatus Asperitas) is a distinctive, but relatively rare cloud formation that takes the appearance of rippling waves. These wave-like structures form on the underside of the cloud to make it look like a rough sea surface when viewed from below.

How does asperitas form?

The way in which asperitas clouds form is somewhat a mystery, yet there is much debate and confusion over how the wave-like clouds come into existence. It is hypothesised that their appearance is associated with the aftermath of convective thunderstorms, though they have also been sighted in relatively calm environments. One theory does suggest that they are formed when mammatus clouds descend into areas of the sky where wind direction changes with height causing the wave-like movement.

What is clear however is that atmospheric conditions must be unstable to form a wavy cloud base like that seen with asperitas.

What weather is associated with asperitas formations?

Though the formation itself does not produce rainfall, asperitas have been linked to thunderstorms, occurring afterwards. Though the likely unstable atmospheric conditions required to form the wavy cloud base could also allow the growth of convective rain clouds, meaning that asperitas could be accompanied by other, precipitation-producing clouds.

The 'newest' cloud type

The addition of this previously undocumented cloud formation to the World Meteorological Organisation's International Cloud Atlas was first proposed by the Cloud Appreciation Society in 2008. Between then and 2015 the case was supported by members of the public sending in images of the dramatic cloud formations.

At the WMO's 17th Congress in 2015, the classification was accepted, making asperitas

the first new cloud type in over 50 years, since cirrus intortus in 1951.

Forward Day By Day

The new Forward Day By Day booklets, covering the months of November, December, January are now available. Nurture your life in Christ with daily Bible readings and meditations from this inspirational resource.

Booklets are displayed in the Link, and cost \$3.

Office Hours

The office will be open Monday, Wednesday and Friday mornings **from** 9:30 am to noon. Please call ahead to make sure someone is there.

Emails Addresses for Key People

The wardens, as well as the paid staff (Fr Julian, Joy and Elaine) all have email addresses in the StMarksOttawa domain. They are:

Fr Julian Frjulian@stmarksottawa.ca

Joy: stmarks@stmarksottawa.ca

Elaine: Elaine@stmarksottawa.ca

Suzanne Bisson: Suzanne@stmarksottawa.ca

Janis Perkin : Janis@stmarksottawa.ca

Joseph Amuah : Joseph@stmarksottawa.ca

John Hancock : John@stmarksottawa.ca

E-Transfers to the Church

We can accept e-transfers to the main church account. We cannot do autodeposit because of the type of account but you may e-transfer money to stmarks@stmarksottawa.ca. You will be required to give a question. Please either make the answer obvious or email the office and let them know the answer to the question. This option has no cost to the church.

Donations to the Church

We are extremely fortunate at St Mark's that there are a number of people who use Pre-Authorized Remittance (PAR). If you are not on PAR, we would encourage you to continue your donations. Of course, putting a cheque

October 11, 2024

in the mail is always a great option for getting your donation to us. If you wish to make a donation by credit card, you may do so at CanadaHelps.

<https://www.canadahelps.org/en/dn/47820>.

Contacting the Church

You may contact the office at 613-224-7431 or stmarks@stmarksottawa.ca. Messages are being monitored. Email is faster.

Comments and Suggestions

If you have anything you would like to see in next week's newsletter, please email the church at stmarks@stmarksottawa.ca