



# St Mark the Evangelist Anglican Church

1606 Fisher Ave, Ottawa ON K2C 1X6

Volume 5:38

## Weekly Newsletter

**November 29, 2024**

Dear friends,

An updated one with items on offer

December 1 will come out next Wednesday.

Welcome to our weekly newsletter. We are continuing the weekly newsletter for the foreseeable future. Please send any

### Advent Wreath Candles

There are new candles available for your Advent wreaths in the conference room. A full set of candles is \$10 or you can purchase single candles for \$2.

news items or announcements for the newsletter to [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca) with the word newsletter in the subject line.

### Puddings

Christmas puddings will be available if we receive enough orders by December 8. Let the office know as soon as possible.

### Shout Outs

If you would like some special occasion like an anniversary or birthday acknowledged in the Sunday service, Fr Julian will be more than happy to announce it. However, it must be into either Father Julian or the office by Wednesday Evening for it to be included in the service for the following Sunday.

### Advent Giving Tree

As we have done for over 20 years, Mothers Union are collecting items each Sunday starting the week before Advent, November 24, to be given to Ottawa Belong which is comprised of Centre 454, St Luke's Table and the Well. We also deliver to The Mission.

### Live Streaming

The service will be streamed at 10 am on Sunday. Here are the links for the [service](#) and the [bulletin](#). The link is also available on the home page of our website.

The second week is hats, mitts, scarves and slippers for all ages. The third week is socks, underwear & undershirts.

### Annual Fall Bazaar

The online component of the bazaar has begun and we have lots of tasty baked treats coming up. This week's offerings are shortbread, Eccles cakes and Sourdough Boule. The Eccles cakes and sourdough boule are all spoken for this week but will also be available next week. These items will be available Sunday, December 1. As well, there are still preserves and soup mixes left which you can browse through on Sunday morning.

We divide it into 4 weeks to make it easier to focus, but we accept all items no matter which week.

Coming up, look for mincemeat tarts, shortbread and Christmas cake. Eccles Cakes are sold out on December 1 but will also be available December 8. The offered amount of Christmas cookie boxes have been spoken for but sometimes we get more cookies so your name can go on a wait list. Keep your eye out for the bazaar email on Wednesday for the order forms. The latest order form is [here](#).

Thank you. Questions?

Ask Cynthia or another M.U. member.

The full poster is at the end of the newsletter.

### Egg Cartons needed

Debra-Dynes has an urgent need for egg cartons. If you bring them in, Joan Hounsell will make sure they are delivered.

### Coffee, Company & Conversation

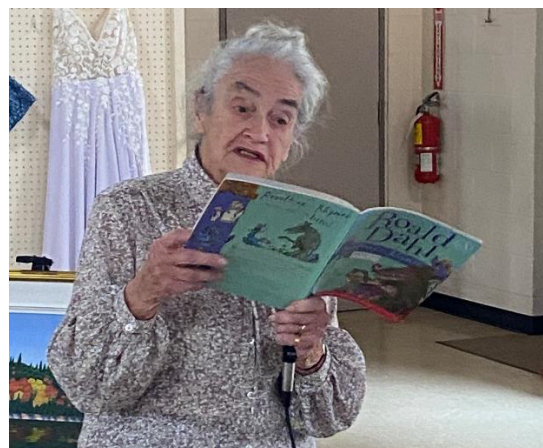
"Show and Share", offered for the second time this year, is a way for CCCers to share their individual experiences, skills and interests and for the forty-four people who attended on Thursday, it proved to be a fascinating glimpse into the lives of five very different presenters. One of the life stories described growing up and living in Egypt before, during and after the Suez Canal Crisis

**November 29, 2024**

and the effect upon the speaker's life. The second story was a powerful insight into the speaker's experience working with both Canadian troops and the Afghani people in an effort to improve life under challenging and dangerous conditions.



pursuits offered by their own proved to be most informative and very appreciated.



Two other speakers shared their considerable talent and skill: one, an artist who explained his artistic development which led to him becoming an exhibitor and seller of his paintings; the other, a creative and prolific designer and sewer of clothes for both personal use and on the stage. The fifth presenter shared a most unusual rendition of a very famous child's fairy tale that had people entranced and amused. The CCCers present discovered that the various interests and

Next week, on December 5, activities will focus on bridge, games, and coffee and conversation. December 12 will be a creative writing group day, and for others, a coffee klatch. December 19 will be the last CCC morning of the 2024 year, and will be



**November 29, 2024**

highlighted with the annual "Christmas Joy" pre- Christmas morning of seasonal songs.

### **Jackie Sorfleet**

For those who remember Jackie Sorfleet, she enjoyed her 95th birthday very recently, is doing well, and says 'hi' to everyone.

### **Joseph's view on November 29**

Joseph Amuah is in Ghana visiting his father. He sent me a picture of his view.



### **Final Diocesan Altar Guild Meeting**

The last annual Diocesan Altar Guild meeting was held on Sept. 14 at St. Clare's Anglican Church in North Dundas, with more than 50 members of altar guilds from around the diocese attending. Gillian and Carolyn represented St Mark's.



### **Your Anglican Charities thank you and need you.**

While the Canada Post strike is affecting Advent appeals and donations, you can still support Anglican philanthropic partners – Giving with Grace, the Anglican Foundation of Canada and The Primate's World Relief and Development Fund (Alongside Hope) – by donating online or by phone.



To support PWRDF (Alongside Hope) visit [pwrdf.org/give-today](https://pwrdf.org/give-today) or call 1-866-308-7973.



To support PWRDF's World of Gifts campaign visit [pwrdf.org/worldofgifts](https://pwrdf.org/worldofgifts) or call 1-877-936-9199.

To support Giving with Grace visit [anglican.ca/giving](https://anglican.ca/giving) or call 1-888-439-GIFT (4438)



To support the Anglican Foundation of Canada visit [anglicanfoundation.org/donate](https://anglicanfoundation.org/donate) or call 1-877-354-6387.



### **PWRDF Advent Resource**

This Advent, make a daily commitment to pray and reflect. PWRDF's 2024 Advent resource was written by the Very Reverend Ken Gray. Subscribe to receive the daily scripture selections, reflections, prayers and PWRDF stories in your inbox. Learn more about the resource at [pwrdf.org/Advent2024](https://pwrdf.org/Advent2024).

### **Request for Volunteers**

Hello,

**November 29, 2024**

I am reaching out to your church because I am looking for help to find volunteers for my school. I run The Dandelion Cafe and Student Achievement Centre in Ottawa. We are a non-profit, volunteer run organization that educates vulnerable Ottawa teens. Most of our students have autism, other neurodiversity, learning disabilities, mental health issues, or are victims of discrimination due to their LGBTQ status.

Our student body is rapidly growing, and we are in desperate need of volunteers to facilitate workshops. These positions are ideal for B.Ed. students (any university student really!) or retirees who are looking to give back in a meaningful way. The workshops include:

- ESL conversation group
- Stock market simulation workshop
- Real-world mathematics workshop
- Learn to pencil sketch workshop

The commitment is approximately 1 hour per week. All plans, materials and resources will be provided, and class sizes are small, between 4-10 students.

If you have any questions, please feel free to send me an email. Thank you so much for your time and consideration.

Kind regards,

Jennifer Graham, OCT  
Co-Founder, Teacher, Curriculum Designer  
Person-Centered Therapy Certified  
Email: [jennifer.graham@thedandelioncafe.org](mailto:jennifer.graham@thedandelioncafe.org)

### **Dollar for Dollar Coupons**

We still have some dollar for dollar coupons from before the pandemic. We will be selling these at coffee hour until they are gone. They can be used at participating Loblaws, Dominion, No Frills, Real Canadian Superstore, Maxi, Provigo, Extra Foods, Your Independent Grocer, Atlantic Superstore, Zehrs Markets, Valu-mart, Fortinos, Wholesale Club and T & T Supermarket. Please talk to Joy about purchasing coupons.

### **Latest Update on COVID 19**

From now until October 28<sup>th</sup>, doses of the new COVID-19 vaccine are prioritized for high-risk and priority populations, which include adults 65 years of age and older. Starting October 28<sup>th</sup>, anyone 6 months and older can access the COVID-19 vaccine in Ontario. For more details about where you can get your updated vaccine, go to <https://www.ottawapublichealth.ca/en/public-health-topics/covid-19-vaccine.aspx>

In the meantime, please keep using what OPH calls your layers of protection, which work for COVID-19 and other respiratory illnesses like influenza (flu) and RSV. These are:

- Stay home when you are sick
- Avoid visiting people at high risk when you are sick
- Consider wearing a mask to protect yourself, to protect others, or when recovering from illness.

A detailed respiratory illness factsheet is available at

[https://www.ottawapublichealth.ca/en/public-health-topics/resources/Images/corona/mitigation/Respiratory-Illness-Factsheet\\_8.5x14\\_v2023-09-08\\_EN.pdf](https://www.ottawapublichealth.ca/en/public-health-topics/resources/Images/corona/mitigation/Respiratory-Illness-Factsheet_8.5x14_v2023-09-08_EN.pdf)

Georgia Roberts and Michael Perkin  
St Mark's pandemic team

### **Forward Day By Day**

The new Forward Day By Day booklets, covering the months of November, December, January are now available. Nurture your life in Christ with daily Bible readings and meditations from this inspirational resource.

Booklets are displayed in the Link, and cost \$3.

### **Office Hours**

The office will be open Monday, Wednesday and Friday mornings **from** 9:30 am to noon. Please call ahead to make sure someone is there.

November 29, 2024

### Emails Addresses for Key People

The wardens, as well as the paid staff (Fr Julian, Joy and Elaine) all have email addresses in the StMarksOttawa domain. They are:

Fr Julian [Frjulian@stmarksottawa.ca](mailto:Frjulian@stmarksottawa.ca)

Joy: [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca)

Elaine: [Elaine@stmarksottawa.ca](mailto:Elaine@stmarksottawa.ca)

Suzanne Bisson: [Suzanne@stmarksottawa.ca](mailto:Suzanne@stmarksottawa.ca)

Janis Perkin : [Janis@stmarksottawa.ca](mailto:Janis@stmarksottawa.ca)

Joseph Amuah : [Joseph@stmarksottawa.ca](mailto:Joseph@stmarksottawa.ca)

John Hancock : [John@stmarksottawa.ca](mailto:John@stmarksottawa.ca)

### E-Transfers to the Church

We can accept e-transfers to the main church account. We cannot do autodeposit because of the type of account but you may e-transfer money to [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca). You will be required to give a question. Please either make the answer obvious or email the office and let them know the answer to the question. This option has no cost to the church.

### Donations to the Church

We are extremely fortunate at St Mark's that there are a number of people who use Pre-Authorized Remittance (PAR). If you are not on PAR, we would encourage you to continue your donations. Of course, putting a cheque in the mail is always a great option for getting your donation to us. If you wish to make a donation by credit card, you may do so at CanadaHelps.

<https://www.canadahelps.org/en/dn/47820>.

### Contacting the Church

You may contact the office at 613-224-7431 or [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca). Messages are being monitored. Email is faster.

### Comments and Suggestions

If you have anything you would like to see in next week's newsletter, please email the church at [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca)

## VOLUNTEERS NEEDED

make a difference in the life of a local teen



Workshop Facilitators

ESL Conversation  
Stock Market Simulation  
Real-World Math  
Pencil Sketching

Small groups

Lessons &  
Materials provided  
1 hour per week



## Thank you for supporting your Anglican charities

While the Canada Post strike is affecting Advent appeals and donations, you can still support Anglican philanthropic partners – Giving with Grace, the Anglican Foundation of Canada and The Primate's World Relief and Development Fund (Alongside Hope) – by donating online or by phone.



To support PWRDF (Alongside Hope) scan the QR code or visit [pwrdf.org/give-today](http://pwrdf.org/give-today) or call 1-866-308-7973.



To support PWRDF's World of Gifts campaign scan the QR code or visit [pwrdf.org/worldofgifts](http://pwrdf.org/worldofgifts) or call 1-877-936-9199.



To support Giving with Grace scan the QR code or visit [anglican.ca/giving](http://anglican.ca/giving) or call 1-888-439-GIFT (4438).



To support the Anglican Foundation of Canada visit [anglicanfoundation.org/donate](http://anglicanfoundation.org/donate) or call 1-877-354-6387.



November 29, 2024

## St Mark's Advent Giving Tree 2024

Every year the small tree in the corner of the church near the Baptismal font becomes our Advent Giving Tree. You are invited to help 'decorate' it with your gifts for those in need in our diocese. Each week of Advent we have a different gift suggestion.



Some of the gifts we collect and send specially for Christmas, but through the Diocesan group **Belong Ottawa**, these groups are happy to receive donations all year long, since their needs are on-going.

If going out shopping is not easy for you, but you would like to take part, please feel free to make a donation, by giving it to Cynthia Greer, or another Mothers' Union member.