

St Mark the Evangelist Anglican Church 1606 Fisher Ave, Ottawa ON K2C 1X6

Volume 5:40

Weekly Newsletter

December 13, 2024

Dear friends,

Welcome to our weekly newsletter. We are continuing the weekly newsletter for the foreseeable future. Please send any

news items or announcements for the newsletter to stmarks@stmarksottawa.ca with the word newsletter in the subject line.

Shout Outs

If you would like some special occasion like an anniversary or birthday acknowledged in the Sunday service, Fr Julian will be more than happy to announce it. However, it must be into either Father Julian or the office by Wednesday Evening for it to be included in the service for the following Sunday.

Live Streaming

The service will be streamed at 10 am on Sunday. Here are the links for the <u>service</u> and the <u>bulletin</u>. The link is also available on the home page of our website.

Christmas Flowers

If you would like to contribute to flowers for Christmas, please contact the office or speak to Joy.

2025 Offering Envelopes

If you would like offering envelopes for 2025 and do not currently have them, please contact the office. If you have offering envelopes and you no longer want them, please also contact the office.

Annual Fall Bazaar

This is the last week of the Fall Bazaar. If you have ordered cookie boxes, this is the week to pick them up. All of the guaranteed ones have been spoken for. We may have some extra and some half size ones but we won't know that until we pack the cookies. There is still a selection of pickles and relishes left

which will be available for purchase and there are still some cards available.

Advent Wreath Candles

There are new candles available for your Advent wreaths in the conference room. A full set of candles is \$10 or you can purchase single candles for \$2.

Puddings

Christmas puddings are now available.



Advent Giving Tree

This Sunday is the last Sunday to donate to the Advent Giving Tree. Items will be distributed during the week next week. Any items can be place under the tree.

The special focus this week is drink boxes, fruit bars, granola bars small chocolate bars and small treats for children. These items will be given to Debra-Dynes Family House

Thank you.

The full poster is at the end of the newsletter.

Egg Cartons needed

Debra-Dynes has an urgent need for egg cartons. If you bring them in, Joan Hounsell will make sure they are delivered.

Coffee, Company & Conversation

On the second last Thursday before Christmas break, 35 attended CCC. The Creative Writing group of nine people worked together on their stories and poems, which will be shared in the new year.

The bridge players enjoyed a game, and everyone else enjoyed chatting over coffee or

December 13, 2024

tea. The food was wonderful as always, with pizza topped by chopped spinach and pomegranate seeds. It was very festive looking. Dip and crackers, and of course, delicious baking, ginger cookies, Nanaimo bars, zucchini/walnut loaf and more, were a treat. St. Mark's preserves and puddings were available for purchase, and quite a few people left with goodies for Christmas.





Next week is the last week before the holiday, and traditionally it is a "Christmas Joy" singalong with Joy on the piano leading the group in timeless favorites, both popular songs and carols. It is a beautiful morning of sharing in the spirit, with Christmas decor and special goodies to accompany the tea and coffee. It's a morning that everyone looks forward to.

The Winter activity program begins in 2025 on January 9, when CCC welcomes a new year of coffee, company and conversation with special events and guests.

See you next week on the 19th, and if not, CCC wishes you a Merry Christmas.

Everyone is welcome. Please remember that if school buses are cancelled, CCC will also be cancelled.

Musical Advent Calendar

Music and Beyond is a classical music and arts festival that began in July 2010. Each year, the festival offers a variety of programming to highlight exciting connections between classical music and other art forms.

One mission of Music and Beyond is to introduce and foster new audiences as they explore or experience music and the arts. All the while emphasizing and providing opportunities for young people in the community.

This year Music and Beyond is offering a musical Advent Calendar. Scroll down through the website until you see the Advent Calendar towards the bottom and click on the day you want to see. The music is locally recorded, so far in Dominion Chalmers centre.

Your Anglican Charities thank you and need you.

While the Canada Post strike is affecting Advent appeals and donations, you can still support Anglican philanthropic partners – Giving with Grace, the Anglican Foundation of Canada and The Primate's World Relief and Development Fund (Alongside Hope) – by donating online or by phone.

December 13, 2024



To support PWRDF (Alongside Hope) visit <u>pwrdf.org/give-today</u> or call 1-866-308-7973.



To support PWRDF's World of Gifts campaign visit <u>pwrdf.org/worldofgifts</u> or call 1-877-936-9199.

To support Giving with Grace visit anglican.ca/giving or call 1-888-439-GIFT (4438)



To support the Anglican Foundation of Canada visit anglicanfoundation.org/donate or call 1-877-354-6387.



PWRDF Advent Resource

This Advent, make a daily commitment to pray and reflect. PWRDF's 2024 Advent resource was written by the Very Reverend Ken Gray. Subscribe to receive the daily scripture selections, reflections, prayers and PWRDF stories in your inbox. Learn more about the resource at pwrdf.org/Advent2024.

Request for Volunteers

Hello,

I am reaching out to your church because I am looking for help to find volunteers for my school. I run The Dandelion Cafe and Student Achievement Centre in Ottawa. We are a non-profit, volunteer run organization that educates vulnerable Ottawa teens. Most of our students have autism, other neurodiversity, learning disabilities, mental health issues, or are victims of discrimination due to their LGBTQ status.

Our student body is rapidly growing, and we are in desperate need of volunteers to facilitate workshops. These positions are ideal for B.Ed. students (any university student really!) or retirees who are looking to give back in a meaningful way. The workshops include:

- ESL conversation group
- Stock market simulation workshop
- Real-world mathematics workshop
- Learn to pencil sketch workshop

The commitment is approximately 1 hour per week. All plans, materials and resources will be provided, and class sizes are small, between 4-10 students.

If you have any questions, please feel free to send me an email. Thank you so much for your time and consideration.

Kind regards,

Jennifer Graham, OCT Co-Founder, Teacher, Curriculum Designer Person-Centered Therapy Certified Email: jennifer.graham@thedandelioncafe.org

Dollar for Dollar Coupons

We still have some dollar for dollar coupons from before the pandemic. We will be selling these at coffee hour until they are gone. They can be used at participating Loblaws, Dominion, No Frills, Real Canadian Superstore, Maxi, Provigo, Extra Foods, Your Independent Grocer, Atlantic Superstore, Zehrs Markets, Valu-mart, Fortinos, Wholesale Club and T & T Supermarket. Please talk to Joy about purchasing coupons.

Latest Update on COVID 19

From now until October 28th, doses of the new COVID-19 vaccine are prioritized for high-risk and priority populations, which include adults 65 years of age and older. Starting October 28th, anyone 6 months and older can access the COVID-19 vaccine in Ontario. For more details about where you can get your updated vaccine, go to https://www.ottawapublichealth.ca/en/public-health-topics/covid-19-vaccine.aspx

In the meantime, please keep using what OPH calls your <u>layers of protection</u>, which work for COVID-19 and other respiratory illnesses like influenza (flu) and RSV. These are:

- Stay home when you are sick
- Avoid visiting people at high risk when you are sick
- Consider wearing a mask to protect yourself, to protect others, or when recovering from illness.

A detailed respiratory illness factsheet is available at

https://www.ottawapublichealth.ca/en/publichealth-

topics/resources/Images/corona/mitigation/ Respiratory-Illness-Factsheet 8.5x14 v2023-09-08 EN.pdf

Georgia Roberts and Michael Perkin St Mark's pandemic team

Forward Day By Day

The new Forward Day By Day booklets, covering the months of November, December, January are now available. Nurture your life in Christ with daily Bible readings and meditations from this inspirational resource.

Booklets are displayed in the Link, and cost \$3.

Office Hours

The office will be open Monday, Wednesday and Friday mornings **from** 9:30 am to noon. Please call ahead to make sure someone is there.

Emails Addresses for Key People

The wardens, as well as the paid staff (Fr Julian, Joy and Elaine) all have email addresses in the StMarksOttawa domain. They are:

Fr Julian Frjulian@stmarksottawa.ca
Joy: stmarks@stmarksottawa.ca
Elaine: Elaine@stmarksottawa.ca

Suzanne Bisson: <u>Suzanne@stmarksottawa.ca</u>
Janis Perkin: <u>Janis@stmarksottawa.ca</u>
Joseph Amuah: <u>Joseph@stmarksottawa.ca</u>
John Hancock: <u>John@stmarksottawa.ca</u>

E-Transfers to the Church

We can accept e-transfers to the main church account. We cannot do autodeposit because of the type of account but you may e-transfer money to stmarks@stmarksottawa.ca. You will be required to give a question. Please either make the answer obvious or email the office and let them know the answer to the question. This option has no cost to the church.

Donations to the Church

We are extremely fortunate at St Mark's that there are a number of people who use Pre-Authorized Remittance (PAR). If you are not on PAR, we would encourage you to continue your donations. Of course, putting a cheque in the mail is always a great option for getting your donation to us. If you wish to make a donation by credit card, you may do so at CanadaHelps.

https://www.canadahelps.org/en/dn/47820.

Contacting the Church

You may contact the office at 613-224-7431 or stmarks@stmarksottawa.ca. Messages are being monitored. Email is faster.

Comments and Suggestions

If you have anything you would like to see in next week's newsletter, please email the church at stmarks@stmarksottawa.ca

VOLUNTEERS NEEDED

make a difference in the life of a local teen





Thank you for supporting your Anglican charities

While the Canada Post strike is affecting Advent appeals and donations, you can still support Anglican philanthropic partners – Giving with Grace, the Anglican Foundation of Canada and The Primate's World Relief and Development Fund (Alongside Hope) – by donating online or by phone.





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St Mark's Advent Giving Tree 2024

Every year the small tree in the corner of the church near the Baptismal font becomes our Advent Giving Tree. You are invited to help 'decorate' it with your gifts for those in need in our diocese.

Each week of Advent we have a different gift suggestion.



Some of the gifts we collect and send specially for Christmas, but through the Diocesan group **Belong Ottawa**, these groups are happy to receive donations all year long, since their needs are on-going.

If going out shopping is not easy for you, but you would like to take part, please feel free to make a donation, by giving it to Cynthia Greer, or another Mothers' Union member.