



St Mark the Evangelist Anglican Church

1606 Fisher Ave, Ottawa ON K2C 1X6

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March 7, 2025

Weekly Newsletter

Dear friends,

Welcome to our weekly newsletter. We are continuing the weekly newsletter for the foreseeable future. Please send any

news items or announcements for the newsletter to stmarks@stmarksottawa.ca with the word newsletter in the subject line.

Shout Outs

If you would like some special occasion like an anniversary or birthday acknowledged in the Sunday service, we will be more than happy to announce it. However, it must be in to the office by Wednesday Evening for it to be included in the service for the following Sunday.

- Bill Barber celebrates his 87th birthday this Sunday, March 9

Live Streaming

The service will be streamed at 10 am on Sunday. Here are the links for the [service](#) and the [bulletin](#). The link is also available on the home page of our website.

E-Prayer

E-prayer is prayer sent via e-mail for people who have requested prayers. It has been operating at St Mark's for 17 years. For the people who have subscribed to e-prayer, it is a vital link with the prayer concerns of our community. We pray for parishioners who have requested prayer, for our friends and family as they face challenging times and rejoice with them as they celebrate. The person being prayed for must give permission for the email to send and people receiving the email must give permission to receive the email. With the retirement of Margaret Lodge as E-prayer coordinator, we need to regroup.

Margaret sent out an email asking anyone who wishes to remain on the list to contact the office at stmarks@stmarksottawa.ca. To date,

Spring Forward!!!

Don't forget to set your clocks ahead 1 hr on Saturday.
(or you'll be late for church!!)



only 4 of the 54 names on her list have done so. I don't actually believe that most people wish to be off the list, but I cannot include you if I don't receive confirmation.

If you wish to receive E-prayer emails, please contact the office. This includes people who are already on the list who have not responded and anyone who would like to join the list.

Black History Month

Last Sunday, in our extended Black History Month Yolande Parsons was our guest speaker. The text for her address on Sunday may be found [here](#).



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We also had a lovely extended coffee hour with Afro-Caribbean snacks.



The children presented a song with help from the choir:



Bible Study at St Mark's

Continuing this Wednesday, there is a Bible Study in Bishop Reed Hall for anyone who wishes to come. It will last an hour and there is no preparation needed (and no homework given!)

It's a fruitful time together as we learn from the bible and each other. I hope you can give it a try.

Fr David

The Bible readings for the March 12 are: Genesis 15:1-12, 17-18, Psalm 27, Philippians 3:17—4:1, Luke 13:31-35

Turkey Pies/Spring Market

There are turkey pies available. We will not make turkey pies again until November.

The Spring Market is coming! We have some new treats in store for you this year along with some old favourites. Because Easter is late this year, we are running the market for one week longer, starting next week. Watch your inbox midweek to see the order forms for each week.

Coffee, Company & Conversation

Thirty-three people enjoyed a quiet morning at CCC on Thursday. A group of 10 creative writers gathered to share and critique each others' works. Some of the writings are shared with the CCC group at the end of a season. The talent and imagination of these writers is amazing. Others just enjoyed their morning drinks and wonderful goodies, as they chatted with tablemates.

The snacks provided were varied and delicious - mini breakfast quiches, banana date walnut bread, pecan squares, lemon ricotta cookies, large red and green grapes to go with cheddar, brie and blue cheeses, along with crackers. Many thanks to Pat and Suzanne for making the "koffee klatsch" special.

On Thursday March 13, next week, it's the annual St. Patrick's Shenanigans at CCC, in pre-celebration before Monday the 17th. All Irish (and those who wish they were) won't want to miss Kevin Dooley, well known Ottawa Irish singer and Brian Armstrong, Irish dancer and teacher. They will be making it a true Irish morning. Wear green!

Please remember that if it is a "bad weather" day and school buses are not running, then CCC does not take place.

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Outreach

A special thank you to Joan Hounsell for her hard work and dedication to providing supplies to the Debra Dynes Family House!

With grocery prices predicted to rise, those in need will rely on our help more than ever. Currently, our bin located in the Link is low on food items. Please donate generously if you can.

Monetary donations are another way to give. You may place your donation in the collection plate in a plain white envelope clearly marked for Debra Dynes. or give it in person to Joan Grayer to take to Debra Dynes. If you require a tax receipt, please indicate and provide any information needed for that.

If you have any questions or concerns, please contact Joan Grayer who is the new Outreach Co-ordinator.

Belong Ottawa

Belong Ottawa is one of our 2 Lenten outreach charities.

I shall be taking things that have accumulated down to Belong Ottawa this coming week.

They can always use toiletries both large and small, for men and women, and new socks and underwear. If you received new tops,, sweaters and so on for Christmas, and feel you could spare some of your gently used ones, please bring them to church to go to Belong. Used jackets or pants are also of use, and continue to bring pill bottles, as they split up large shampoo bottles etc into those.

There is a large see-through plastic tub in the cloakroom. I'll put it where you can reach it.

The people at Belong are in far more need than they were 5 years ago, especially the women. Please help if you are able. Toilet paper is always needed as well.

Thank you,
Cynthia

LENT+MADNESS

Welcome to Lert Madness 2025. Once again this year we will be dancing with all the candidates for the Golden Halo.



Those of you who have participated in the past, or if you are new to this online devotion, here's how Lent Madness works: on the weekdays of Lent, information is posted at www.lentmadness.org about two different saints. Each pairing remains open for 24 hours as participants read about and then vote to determine which saint moves on to the next round. Sixteen saints make it to the Round of the Saintly Sixteen; eight advance to the Round of the Elate Eight; four make it to the Faithful Four; two to the Championship; and the winner is awarded the Golden Halo.

Every day the two Saints that are up for election will be posted on St Mark's facebook page.. This is a fun and enlightening event and in the process we journey through the Lenten season with a new appreciation for our Saints. You will notice the Lent Madness poster in the church hall, we will be updating this on a regular basis so keep track of your favourites as we journey through Lent.

For more information or if you wish to participate directly please click on [Lent Madness](#)

From the ACC newsletter:

[The rocks cry out: Praying Lent with all of creation](#)

via Facebook

With busy schedules in mind, Queen's College Faculty of Theology is offering a flexible Lenten resource this year. "The Rocks Cry Out: Praying Lent With All of Creation" provides short daily liturgies and video

reflections, encouraging moments of prayer and connection with creation.

Alongside Hope(PWRDF) – Lenten Study

This Lent, Alongside Hope invites you to explore the intersections of faith and international development.

Weaving scripture, reflection and prayer together with the UN Sustainable Development Goals and the Anglican Marks of Mission, the Rev. Jonathan Rowe of the Diocese of Eastern Newfoundland and Labrador presents a rich tapestry. Titled “Living into God’s Dream,” the resource also offers the reader opportunity to reflect on questions, both personal and corporate and to learn more about Alongside Hope’s partners.

Subscribe to receive a daily message in your inbox, including a Bible reading, a reflection and a prayer. On Saturdays during Lent, you’ll receive an Alongside Hope story that relates to the theme of the week to come. Your introductory email will arrive March 4, the day before Ash Wednesday.

[Learn More & Subscribe](#)

A Lenten Journey in the Holy Land

St George’s College, Jerusalem is one of our two Lenten Outreach charities.

Violence and uncertainty have created a major crisis for St. George’s College Jerusalem, an integral part of the ministry of the Episcopal Diocese of Jerusalem.

The College normally draws many pilgrims to the Land of the Holy One, and many local Palestinians provide services and goods to pilgrims. The College enables pilgrims to see, feel, and understand the biblical and contemporary richness of the land and the Christians, Jews, and Muslims who live there. It is wholly committed to building awareness and dialogue through pilgrimage, education, and by arranging encounters between different groups of people to promote reconciliation.

The College’s earned revenue from pilgrims’ fees, gift shop sales, and other lodging fee has been totally disrupted, and there are

insufficient funds to provide already-reduced salaries for the College’s staff and essential operations in 2025. The situation is dire for the remaining staff and their families, and for the future of the College itself.

Let Light Shine: The Canadian Campaign for St. George’s College Jerusalem is an appeal to friends of the College in Canada. It will run until the end of April 2025. The Campaign objective is to raise \$250,000 from Canadian friends of St. George’s College Jerusalem, to provide funds for paying reduced staff salaries and related operations in 2025.

In this time of alarming tension and restrictions, the College has adapted with creativity and resilience. The Dean and remaining staff have produced videos for virtual pilgrimages, developed future curricula, and continue to maintain the facility.

During Lent, we invite parishes to benefit from an excellent six-week video/study program prepared by the Staff of the College, called [A Lenten Journey in the Holy Land](#). As you enjoy this wonderful Lenten Resource, which is free, please consider making an offering for the Canadian Campaign for St George’s College Jerusalem.

The Canadian Campaign for St George’s College Jerusalem

Kiwanis Music Festival Front of House

St Mark’s is hosting Junior Piano from April 21 to May 1. We are looking for Front of House Volunteers to assist with registration. If you are interested in volunteering for a few sessions, please contact Janis or Michael Perkin and they will be happy to provide more information.

Forward Day By Day

The Forward Day by Day for February, March and April is now available at a cost of \$3 per copy.

Dollar for Dollar Coupons

We still have some dollar for dollar coupons from before the pandemic. We will be selling these at coffee hour until they are gone. They

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can be used at participating Loblaws, Dominion, No Frills, Real Canadian Superstore, Maxi, Provigo, Extra Foods, Your Independent Grocer, Atlantic Superstore, Zehrs Markets, Valu-mart, Fortinos, Wholesale Club and T & T Supermarket. Please talk to Joy about purchasing coupons.

Office Hours

The office will be open Monday, Wednesday and Friday mornings **from** 9:30 am to noon. Please call ahead to make sure someone is there.

Rev Canon David Clunie

Our interim priest is the Rev Canon David Clunie. You may reach Fr David at 613-224-7431 or David@stmarksottawa.ca For Pastoral Emergencies, please call 613-867-7027.

Emails Addresses for Key People

The wardens, as well as the paid staff (Fr David, Joy and Elaine) all have email addresses in the StMarksOttawa domain. They are:

Fr David David@stmarksottawa.ca

Joy: stmarks@stmarksottawa.ca

Elaine: Elaine@stmarksottawa.ca

Janis Perkin : Janis@stmarksottawa.ca

Joseph Amuah : Joseph@stmarksottawa.ca

Mike Duval : Mike@stmarksottawa.ca

Gillian Martin: Gillian@stmarksottawa.ca

E-Transfers to the Church

We can accept e-transfers to the main church account. We cannot do autodeposit because of the type of account but you may e-transfer money to stmarks@stmarksottawa.ca. You will be required to give a question. Please either make the answer obvious or email the office and let them know the answer to the question. This option has no cost to the church.

Donations to the Church

We are extremely fortunate at St Mark's that there are a number of people who use Pre-Authorized Remittance (PAR). If you are not

on PAR, we would encourage you to continue your donations. Of course, putting a cheque in the mail is always a great option for getting your donation to us. If you wish to make a donation by credit card, you may do so at CanadaHelps.

<https://www.canadahelps.org/en/dn/47820>.

Contacting the Church

You may contact the office at 613-224-7431 or stmarks@stmarksottawa.ca. Messages are being monitored. Email is faster.