



# St Mark the Evangelist Anglican Church

1606 Fisher Ave, Ottawa ON K2C 1X6

Volume 5:53

## Weekly Newsletter

**March 14, 2025**

Dear friends,

Welcome to our weekly newsletter. We are continuing the weekly newsletter for the foreseeable future. Please send any

news items or announcements for the newsletter to [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca) with the word newsletter in the subject line.

### Shout Outs

If you would like some special occasion like an anniversary or birthday acknowledged in the Sunday service, we will be more than happy to announce it. However, it must be in to the office by Wednesday Evening for it to be included in the service for the following Sunday.

### Live Streaming

The service will be streamed at 10 am on Sunday. Here are the links for the [service](#) and the [bulletin](#). The link is also available on the home page of our website.

### E-Prayer

E-prayer is prayer sent via e-mail for people who have requested prayers. It has been operating at St Mark's for 17 years. For the people who have subscribed to e-prayer, it is a vital link with the prayer concerns of our community. We pray for parishioners who have requested prayer, for our friends and family as they face challenging times and rejoice with them as they celebrate. The person being prayed for must give permission for the email to sent and people receiving the email must give permission to receive the email. With the retirement of Margaret Lodge as E-prayer coordinator, we need to regroup.

If you wish to receive E-prayer emails, please contact send an email to [Eprayer@stmarksottawa.ca](mailto:Eprayer@stmarksottawa.ca). There are usually not too many emails. The first email went out this week. Did you miss it?

### Bible Study at St Mark's

Continuing this Wednesday, there is a Bible Study in Bishop Reed Hall for anyone who wishes to come. It will last an hour and there is no preparation needed (and no homework given!)

It's a fruitful time together as we learn from the bible and each other. I hope you can give it a try.

Fr David

The Bible readings for the March 19 are: Isaiah 55:1-9, Psalm 63: 1-8, 1 Corinthians 10:1-13, Luke 13:1-9

### Spring Market

The first order form for the Spring Market was sent out on Wednesday. If you missed it, you can get it [here](#). There will be another coming out next Wednesday.

On offer this week are individual Breakfast Strata (somewhat like an omelet on toast mixed together) in three flavours, hot cross buns, and 2-person servings of Bread Pudding available in two different flavours. There is also various kinds of marmalade on offer. There is a limited number of turkey pies still available. There will be no more turkey pies now until November.

### Coffee, Company & Conversation



At CCC on Thursday, a celebration of Ireland and St. Patrick made the morning a truly authentic ode to "The Old Sod". Thanks to CCC regular, Brian Armstrong, - Kevin

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Dooley and his daughter Deirdre were present to entertain with music and stories in the traditional Irish way. Kevin, born and bred in Ireland, is a well-known Irish musician in Ottawa who plays flute and tin whistle as well as singing old songs that tell of Ireland's history. Some of the songs told of the sad times in that country that were sung in kitchens and around the hearth. Deirdre accompanied her father on the bodhran and the snare. It made for truly poignant and sometimes lively Gaelic music. It was an experience that couldn't be more authentic short of being in Ireland itself. Brian Armstrong is an Irish dance teacher, and had a group up doing Irish country line dancing while Kevin and Deirdre played. It was the most Irish of all CCC St. Patrick's Day celebrations, and touched all who were there, for aren't all people Irish in some way!



Again, the food matched the theme, with Irish soda bread, Guinness cake, cookies decorated in green, Irish cheeses, green grapes and other fruit, as well as other Irish baking. Many thanks to Janis, Michael and Georgia for all

the effort involved in preparing such wonderful treats.



The Hall was "festooned" with decorations depicting all things Irish, again thanks to Brian and his helpers. On the tables were Oxalis plants, otherwise known as "Four Leaf Clover". One lucky person at each table took a plant home as a memento. CCC did St. Patrick proud.



Next week, on Thursday, March 20, CCC will enjoy coffee and conversation with some bridge playing as well. to mark the first day of Spring.

Hopefully there will be no need for school buses to be cancelled due to inclement



weather, and thus no need to cancel CCC. See you then!

### **Outreach**

On March 11 our donations were taken to Debra Dynes Family House. While all donations of packaged or canned foods are appreciated, they specified a need for the following:

- Tinned evaporated milk
- Canned tuna
- Pasta

Monetary donations are another way to give. You may place your donation in the collection plate in a plain white envelope clearly marked for Debra Dynes. or give it in person to Joan Grayer to take to Debra Dynes. If you require a tax receipt, please indicate and provide any information needed for that.

If you have any questions or concerns, please contact Joan Grayer.

### **Where do our milk bags go?**

All the milk bags we collect go to All Saints', Greely. They make sleeping mats and situpons which are then distributed by various outreach organizations to those experiencing homelessness. It is outreach in more than one way. Not only are the results outreach, but the weaving draws in a number of people, some of them younger, who are not parishioners.



434,707

That's how many milk bags have been kept out of the landfill through Earthhub! This evening, we visited one of our end users, All Saints Greely Anglican Church, in Ottawa See

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the video below to see their weaving skills!



On the evening Earthhub visited, the volunteers at All Saints' Greely estimated that they used 2,000 milk bags.

### Earthhub Ottawa wish list

Earthhub works with All Saint's Greely helping to provide them milk bags. They have a number of other things that they are collecting which we could contribute to by our link to All Saints'. There is a poster at the end of the newsletter. I would not suggest egg cartons, but of interest may be can pull tabs, plastic tags and plastic bottle caps.

[All Saints Greely Video](#)

## LENT+MADNESS

Welcome to Lert Madness 2025. Once again this year we will be dancing with all the candidates for the Golden Halo.



Those of you who have participated in the past, or if you are new to this online devotion, here's how Lent Madness works: on the weekdays of Lent, information is posted at [www.lentmadness.org](http://www.lentmadness.org) about two different saints. Each pairing remains open for 24 hours as participants read about and then vote to determine which saint moves on to the next round. Sixteen saints make it to the Round of the Saintly Sixteen; eight advance to the Round of the Elate Eight; four make it to the Faithful Four; two to the Championship; and the winner is awarded the Golden Halo.

Every day the two Saints that are up for election will be posted on St Mark's facebook page.. This is a fun and enlightening event and in the process we journey through the Lenten season with a new appreciation for our Saints. You will notice the Lent Madness poster in the church hall, we will be updating this on a

regular basis so keep track of your favourites as we journey through Lent.

For more information or if you wish to participate directly please click on [Lent Madness](#)

From the ACC newsletter:

### [The rocks cry out: Praying Lent with all of creation](#)

*via Facebook*

With busy schedules in mind, Queen's College Faculty of Theology is offering a flexible Lenten resource this year. "The Rocks Cry Out: Praying Lent With All of Creation" provides short daily liturgies and video reflections, encouraging moments of prayer and connection with creation.

### Alongside Hope(PWRDF) – Lenten Study

This Lent, Alongside Hope invites you to explore the intersections of faith and international development.

Weaving scripture, reflection and prayer together with the UN Sustainable Development Goals and the Anglican Marks of Mission, the Rev. Jonathan Rowe of the Diocese of Eastern Newfoundland and Labrador presents a rich tapestry. Titled "Living into God's Dream," the resource also offers the reader opportunity to reflect on questions, both personal and corporate and to learn more about Alongside Hope's partners.

Subscribe to receive a daily message in your inbox, including a Bible reading, a reflection and a prayer. On Saturdays during Lent, you'll receive an Alongside Hope story that relates to the theme of the week to come. Your introductory email will arrive March 4, the day before Ash Wednesday.

[Learn More & Subscribe](#)

### A Lenten Journey in the Holy Land

St George's College, Jerusalem is one of our two Lenten Outreach charities.

Violence and uncertainty have created a major crisis for St. George's College Jerusalem, an



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integral part of the ministry of the Episcopal Diocese of Jerusalem.

The College normally draws many pilgrims to the Land of the Holy One, and many local Palestinians provide services and goods to pilgrims. The College enables pilgrims to see, feel, and understand the biblical and contemporary richness of the land and the Christians, Jews, and Muslims who live there. It is wholly committed to building awareness and dialogue through pilgrimage, education, and by arranging encounters between different groups of people to promote reconciliation.

The College's earned revenue from pilgrims' fees, gift shop sales, and other lodging fee has been totally disrupted, and there are insufficient funds to provide already-reduced salaries for the College's staff and essential operations in 2025. The situation is dire for the remaining staff and their families, and for the future of the College itself.

Let Light Shine: The Canadian Campaign for St. George's College Jerusalem is an appeal to friends of the College in Canada. It will run until the end of April 2025. The Campaign objective is to raise \$250,000 from Canadian friends of St. George's College Jerusalem, to provide funds for paying reduced staff salaries and related operations in 2025.

In this time of alarming tension and restrictions, the College has adapted with creativity and resilience. The Dean and remaining staff have produced videos for virtual pilgrimages, developed future curricula, and continue to maintain the facility.

During Lent, we invite parishes to benefit from an excellent six-week video/study program prepared by the Staff of the College, called [A Lenten Journey in the Holy Land](#). As you enjoy this wonderful Lenten Resource, which is free, please consider making an offering for the Canadian Campaign for St George's College Jerusalem.

The Canadian Campaign for St George's College Jerusalem

### **Kiwanis Music Festival Front of House**

St Mark's is hosting Junior Piano from April 21 to May 1. We are looking for Front of House Volunteers to assist with registration. If you are interested in volunteering for a few sessions, please contact Janis or Michael Perkin and they will be happy to provide more information.

### **Forward Day By Day**

The Forward Day by Day for February, March and April is now available at a cost of \$3 per copy.

### **Dollar for Dollar Coupons**

We still have some dollar for dollar coupons from before the pandemic. We will be selling these at coffee hour until they are gone. They can be used at participating Loblaws, Dominion, No Frills, Real Canadian Superstore, Maxi, Provigo, Extra Foods, Your Independent Grocer, Atlantic Superstore, Zehrs Markets, Valu-mart, Fortinos, Wholesale Club and T & T Supermarket. Please talk to Joy about purchasing coupons.

### **Office Hours**

The office will be open Monday, Wednesday and Friday mornings **from** 9:30 am to noon. Please call ahead to make sure someone is there.

### **Rev Canon David Clunie**

Our interim priest is the Rev Canon David Clunie. You may reach Fr David at 613-224-7431 or [David@stmarksottawa.ca](mailto:David@stmarksottawa.ca). For Pastoral Emergencies, please call 613-867-7027.

### **Emails Addresses for Key People**

The wardens, as well as the paid staff (Fr David, Joy and Elaine) all have email addresses in the StMarksOttawa domain. They are:

Fr David [David@stmarksottawa.ca](mailto:David@stmarksottawa.ca)

Joy: [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca)

Elaine: [Elaine@stmarksottawa.ca](mailto:Elaine@stmarksottawa.ca)

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Janis Perkin : [Janis@stmarksottawa.ca](mailto:Janis@stmarksottawa.ca)  
Joseph Amuah : [Joseph@stmarksottawa.ca](mailto:Joseph@stmarksottawa.ca)  
Mike Duval : [Mike@stmarksottawa.ca](mailto:Mike@stmarksottawa.ca)  
Gillian Martin: [Gillian@stmarksottawa.ca](mailto:Gillian@stmarksottawa.ca)

<https://www.canadahelps.org/en/dn/47820>.

### Contacting the Church

You may contact the office at 613-224-7431 or [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca). Messages are being monitored. Email is faster.

### E-Transfers to the Church

We can accept e-transfers to the main church account. We cannot do autodeposit because of the type of account but you may e-transfer money to [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca). You will be required to give a question. Please either make the answer obvious or email the office and let them know the answer to the question. This option has no cost to the church.

### Donations to the Church

We are extremely fortunate at St Mark's that there are a number of people who use Pre-Authorized Remittance (PAR). If you are not on PAR, we would encourage you to continue your donations. Of course, putting a cheque in the mail is always a great option for getting your donation to us. If you wish to make a donation by credit card, you may do so at CanadaHelps.



**EARTHUB**  
Items To Keep Out of The Landfill  
[www.earthhub.ca](http://www.earthhub.ca) | [environment@earthhub.ca](mailto:environment@earthhub.ca)

**OTTAWA COLLECTION**

These items are collected for reuse.  
Earthub is run by volunteers - for privacy reasons, drop-off locations can only be obtained by email.

Monetary donations to help support our program can be made to: [accounting@earthhub.ca](mailto:accounting@earthhub.ca)  
Security Question: *Ottawa*  
Answer: *Chapter*

**Can Pull Tabs**  
Fundraiser for Earthub programs

**Milk Bags**  
Reused to make sleeping mats for people experiencing homelessness

**Egg Cartons**  
Closeable 6, 12 & 18 holder cartons are reused for egg distribution by local food banks and farmers

**Plastic Tags & Plastic Bottle Caps**  
Reused for an Earthub project in the works!

**Crayons + Empty Lip Balm & Glue Stick Tubes**  
Melted down & used for Operation Christmas Child shoeboxes - tubes used for 'push-up' crayons

Want to join our movement? Please email us about volunteering, we'd love to hear from you!

\* All items must be donated clean

2024-12-11