



# St Mark the Evangelist Anglican Church

1606 Fisher Ave, Ottawa ON K2C 1X6

Volume 6:4

**April 11, 2025**

## Weekly Newsletter

Dear friends,

Welcome to our weekly newsletter. We are continuing the weekly newsletter for the foreseeable future. Please send any

news items or announcements for the newsletter to [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca) with the word newsletter in the subject line.

### Shout Outs

If you would like some special occasion like an anniversary or birthday acknowledged in the Sunday service, we will be more than happy to announce it. However, it must be in to the office by Wednesday Evening for it to be included in the service for the following Sunday.

- Greta Robinson celebrated her birthday on April 9
- Kathy Woodard celebrates her 76<sup>th</sup> birthday on April 14

### Live Streaming

The service will be streamed at 10 am on Sunday. Here are the links for the [service](#) and the [bulletin](#). The link is also available on the home page of our website. Links for Holy Week are available in the top right. Not all of the bulletins are available yet but will be added on the website under Recent News as they become available.

### Photo Directories

Our photo directories are here!! You can pick yours up on Sunday or during office hours. (Monday, Wednesday, Friday 9:30 – 11:30) Please call the office to make sure someone will be there.

### Easter Flowers

If you would like place flowers on the altar in thanksgiving or in memory of loved ones for our Easter celebration, please contact the office.

## Holy Week & Easter

- April 13 – Sunday of the Passion with Liturgy of the Palms  
8 am Holy Eucharist  
10 am Sung Eucharist [Service Bulletin](#)
- April 15 – Tuesday in Holy Week  
7 pm Evening Prayer  
[Service Bulletin](#)
- April 16 - Wednesday in Holy Week  
7 pm Tenebrae  
[Service Bulletin](#)
- April 17 - Maundy Thursday  
7 pm Sung Eucharist  
[Service](#)
- April 18 - Good Friday  
1 pm Celebration of the Lord's Passion  
[Service](#)
- April 20 Sunday of the Resurrection  
8 am Eucharist with blessing of the Paschal candle  
10 am Sung Eucharist

### Maundy Thursday Vigil

Have you ever spent an hour in prayer? In the Garden of Gethsemane, Jesus asked his disciples if they could pray with him for just an hour as he prepared for his appalling fate: death on a cross. They were overwhelmed by his distress and by the threat of losing him, and in their sorrow they escaped into sleep, just a few feet away from where Jesus poured out his heart to his heavenly father.

As Maundy Thursday approaches, we at St Mark's are given an opportunity to spend an hour in prayer, spanning the period from after our service commemorating the Last Supper to dawn on Good Friday. Pledge your chosen time on the sign-up sheet placed in the Link. It is our hope that the full period will be covered, hour by hour. Prior to the pandemic, participants would come to the church for their allotted time, but since then those who take part have done so in their own home.

**April 11, 2025**

If you have never participated in this activity, there are spiritual resources available with suggestions on how to focus your prayers. Offering this sacrifice of time and attention on this most holy night is a unique opportunity to enrich your Christian experience.

If you would like to participate but won't be at church, just let the office know which hour you would like. We start at 9 pm and finish at 6 am.

### **Bible Study at St Mark's**

Continuing this Wednesday, there is a Bible Study in Bishop Reed Hall for anyone who wishes to come. It will last an hour and there is no preparation needed (and no homework given!)

It's a fruitful time together as we learn from the bible and each other. I hope you can give it a try.

Fr David

The Bible readings for the April 16 are: Acts 10:34-43, Psalm 118:1-2, 14-24, 1 Corinthians 15.1-11, Luke 24:1-12

### **Spring Market**

The last order form for the Spring Market was sent out on Wednesday. If you missed it, you can get it [here](#).

This week, there are mini-lemon loaves available and Chocolate Easter Eggs. For the first time this year, there are peanut butter eggs and as a surprise offering, Rocky Road Easter Eggs (\$4). We also have a wonderful s Seasoned Breadcrumbs. There is a choice of Italian or Cajun Spice breadcrumbs. These come with a selection of recipes using the breadcrumbs including Breaded Fish Fillets, Italian Meatball Soup and Cajun Spice Chicken Burgers. There are also various kinds of marmalade and jam on offer. . There are bacon and vegetarian breakfast strata and a very few of Chocolate bread pudding available.

### **News from Parish Council (April 8, 2025)**

**Financial update:** As of March 31, our income from Collections is more than \$5,500 below the budgeted amount for the first quarter of the year. This is the lowest it has been in the past five years and is a bit worrying. We have lower salary expenses right now due to having a part-time interim priest so our net income is currently \$10,000 better than expected. However, we must look toward long-term sustainability with a full-time priest.

**Property update:** We have purchased solar lights to be placed above the outdoor sign so that it is visible at night. Mike Duval has installed one, but there will ultimately be four lights, with two on either side of the sign. We have also started to replace indoor fluorescent lights with flush-mounted LED lights, since fluorescent lights are being phased out and are expected to be fully banned by 2030, and LED lighting will use significantly less power over time. John Hancock has already installed a flush-mount LED fixture in the basement. Over the coming weeks, additional lights will be replaced in the basement, the Link, Bishop Reed Hall, in the Sacristy and office area, as well as around the Choir room.

**Coming soon: Spring Cleaning**—Some of you may remember past Spring Cleaning activities around the church. Stay tuned for more details about how you can help tidy up St. Mark's property inside and outside.

Next Parish Council Meeting: May 13, 2025

### **Stewardship A.R.K**

I am sure that most of you have made an Act of Random Kindness (A.R.K.). Perhaps you have helped someone by holding the door open, sparing some change at the checkout because the person in front was a bit short , or given an encouraging word to a check-out clerk because they looked stressed. Maybe you just sat with a friend who needed someone to listen. you may have participated in paying it forward at your favourite snack spot. I know that Janis and I have done a few of these things.

But have any of you been on the receiving end of one? Well, we have!

April 11, 2025

Last summer we did a trip around the Great Lakes, travelling across Lake Huron then North of Superior and down the west coast of Lake Michigan stopping for a few days in Chicago. We stayed downtown and I must admit we were cautious about going out in the evenings, we were obviously tourists because our heads were constantly on a swivel taking in all the sights. One evening we decided that we couldn't leave the windy city without trying out a deep-dish pizza. We found one of the best and Giordano's was within walking distance. We arrived at what we thought would be a slow time only to find that there was a line-up.

We got in line anticipating a bit of a wait and while we were waiting we started a conversation with a couple from North Dakota who were getting away from their kids for a couple of days. We stood chatting for a good twenty minutes before the ladies decided to see if they could accelerate our entry. Janis



came out and waved to me and we got in right away, the other couple were stuck at the counter and Janis went over and told

them to tell the reception that there was only the two of them and they would get in right away. We sat down to a huge pizza, and I believe a cold adult beverage. When it came time to pay for our meal our server informed us that another couple had paid in full including tip and yes, it was the couple we had chatted to in the line. We were flabbergasted and grateful.

We shared our story with others and remarkably we heard other stories of A.R.K. such as a couple staying at a favourite getaway and sharing with the owner how much they loved staying there. Then on checkout finding out that they had received a free night. If you have been the recipient of an act of random kindness maybe it made you grateful, I know we certainly were.

The financial benefit was not the most significant aspect of receiving an A.R.K., it was the feeling it generated. Humbled but also immense gratitude and it brought to mind a quote from one of my morning meditations:

“If you're grateful, you're not fearful, and if you're not fearful, you're not violent. If you're grateful, you act out of a sense of enough and not a of a sense of scarcity, and you are willing to share. If you are grateful, you are enjoying the differences between people. You are respectful to everybody. And that changes this power pyramid under which we live.” Brother David Steirndl-Rast

May you all continue to be grateful and enjoy the blessings of A.R.K. both the giving and receiving.

Michael Perkin Stewardship

### Coffee, Company & Conversation

It was a mellow morning at Coffee, Company and Conversation on Thursday. There were 52 people in attendance to hear the Glebob Jazz Trio playing wonderful old favourites that brought back memories for many. All the songs were well known ones that had people toe tapping and a few who couldn't help dancing.



The performers were Bert Waslander who plays piano in great jazz form and coordinates the group, Peter Gemmel who plays a mean saxophone, and Maxine Passer, the vocalist who sang beautifully with real feeling and introduced the pieces. The threesome brought warmth and joy to a cold spring morning. It was delightful. One piece was a "new" version of Route 66, in keeping with the current times. New lyrics written by the

April 11, 2025

group, turned the jazz piece into a cross-Canada trip on Highway #1 from St. John's to Nanaimo. It was a hit and got a big round of applause. They were a most entertaining and enjoyable group, and we look forward to them making another appearance at CCC in the coming year.



Next week, as is the usual alternating practice, is a quieter one with Bridge (and other games if any group wishes) and lots of good coffee/tea and conversation in good company.

### Outreach

I dropped off a generous offering again from your donations to our blue bin in the Link. Thank you all so much.

As I was leaving Debra Dynes House, I noticed a woman leaving a bag full of cans of evaporated milk in her bag. I asked the administrator why there is such a demand for this item. She explained that Debra Dynes no longer gives out fresh milk, due to less donations from the grocery stores and also the storage space at the House. Please keep this in mind when looking for items to donate, there is a big need for this item.

I hope you find a few examples of "what is on sale this week" helpful:

Food Basics - Carnation Evaporated Milk - 2/\$4

Giant Tiger - Clover Leaf solid white tuna in water - \$2.77

Giant Tiger - Rice Krispies and Frosted Flakes - \$3.47

Giant Tiger - No Name assorted pastas 900 grams - \$2

(from Flipp app)

While all donations of packaged or canned foods are appreciated by Debra Dynes Family House, they specified a need for the following:

- Tinned evaporated milk
- Canned tuna
- Pasta



The morning's treats with coffee or tea were generous and delicious as usual. Three lovely variety of squares (date walnut chocolate chip, key lime, rice krispie), Banana pecan chocolate chip bread, different cheeses, pate, crackers and grapes were provided by Georgia, Janis and Michael. Again, many thanks for such generous contributions to a CCC morning. Our bakers are the best!

**April 11, 2025**

Monetary donations are another way to give. You may place your donation in the collection plate in a plain white envelope clearly marked for Debra Dynes. or give it in person to Joan Grayer to take to Debra Dynes. If you require a tax receipt, please indicate and provide any information needed for that.

If you have any questions or concerns, please contact Joan Grayer.

### **E-Prayer**

E-prayer is now managed jointly by Cynthia Greer and Joy Bowerman. If you have a concern for which you would like prayer, you may contact Cynthia Greer at 613-723-2680 or [greercynthia69@yahoo.com](mailto:greercynthia69@yahoo.com) or send an email to [Eprayer@stmarksottawa.ca](mailto:Eprayer@stmarksottawa.ca). Likewise, if wish to be included on the E-prayer list, you may use the same contact information.

### **Earthub Ottawa wish list**

Earthub works with All Saint's Greely helping to provide them milk bags. They have a number of other things that they are collecting which we could contribute to by our link to All Saints'. There is a poster at the end of the newsletter. I would not suggest egg cartons, but of interest may be can pull tabs, plastic tags and plastic bottle caps.

[All Saints Greely Video](#)

## LENT + MADNESS

Welcome to Lent Madness 2025. Once again this year we will be dancing with all the candidates for the Golden Halo.



Those of you who have participated in the past, or if you are new to this online devotion, here's how Lent Madness works: on the weekdays of Lent, information is posted at [www.lentmadness.org](http://www.lentmadness.org) about two different saints. Each pairing remains open for 24

hours as participants read about and then vote to determine which saint moves on to the next round. Sixteen saints make it to the Round of the Sainly Sixteen; eight advance to the Round of the Elate Eight; four make it to the Faithful Four; two to the Championship; and the winner is awarded the Golden Halo.

Every day the two Saints that are up for election will be posted on St Mark's facebook page. This is a fun and enlightening event and in the process we journey through the Lenten season with a new appreciation for our Saints. You will notice the Lent Madness poster in the church hall, we will be updating this on a regular basis so keep track of your favourites as we journey through Lent.

For more information or if you wish to participate directly please click on [Lent Madness](#)

**From the ACC newsletter:**

### **[The rocks cry out: Praying Lent with all of creation](#)**

*via Facebook*

With busy schedules in mind, Queen's College Faculty of Theology is offering a flexible Lenten resource this year. "The Rocks Cry Out: Praying Lent With All of Creation" provides short daily liturgies and video reflections, encouraging moments of prayer and connection with creation.

### **Alongside Hope(PWRDF) – Lenten Study**

This Lent, Alongside Hope invites you to explore the intersections of faith and international development.

Weaving scripture, reflection and prayer together with the UN Sustainable Development Goals and the Anglican Marks of Mission, the Rev. Jonathan Rowe of the Diocese of Eastern Newfoundland and Labrador presents a rich tapestry. Titled "Living into God's Dream," the resource also offers the reader opportunity to reflect on questions, both personal and corporate and to learn more about Alongside Hope's partners.

Subscribe to receive a daily message in your inbox, including a Bible reading, a reflection

**April 11, 2025**

and a prayer. On Saturdays during Lent, you'll receive an Alongside Hope story that relates to the theme of the week to come. Your introductory email will arrive March 4, the day before Ash Wednesday.

[Learn More & Subscribe](#)

### **A Lenten Journey in the Holy Land**

**St George's College, Jerusalem is one of our two Lenten Outreach charities.**

Violence and uncertainty have created a major crisis for St. George's College Jerusalem, an integral part of the ministry of the Episcopal Diocese of Jerusalem.

The College normally draws many pilgrims to the Land of the Holy One, and many local Palestinians provide services and goods to pilgrims. The College enables pilgrims to see, feel, and understand the biblical and contemporary richness of the land and the Christians, Jews, and Muslims who live there. It is wholly committed to building awareness and dialogue through pilgrimage, education, and by arranging encounters between different groups of people to promote reconciliation.

The College's earned revenue from pilgrims' fees, gift shop sales, and other lodging fee has been totally disrupted, and there are insufficient funds to provide already-reduced salaries for the College's staff and essential operations in 2025. The situation is dire for the remaining staff and their families, and for the future of the College itself.

Let Light Shine: The Canadian Campaign for St. George's College Jerusalem is an appeal to friends of the College in Canada. It will run until the end of April 2025. The Campaign objective is to raise \$250,000 from Canadian friends of St. George's College Jerusalem, to provide funds for paying reduced staff salaries and related operations in 2025.

In this time of alarming tension and restrictions, the College has adapted with creativity and resilience. The Dean and remaining staff have produced videos for virtual pilgrimages, developed future curricula, and continue to maintain the facility.

During Lent, we invite parishes to benefit from an excellent six-week video/study program prepared by the Staff of the College, called [A Lenten Journey in the Holy Land](#). As you enjoy this wonderful Lenten Resource, which is free, please consider making an offering for the Canadian Campaign for St George's College Jerusalem.

The Canadian Campaign for St George's College Jerusalem

### **Kiwanis Music Festival Front of House**

St Mark's is hosting Junior Piano from April 21 to May 1. We are looking for Front of House Volunteers to assist with registration. If you are interested in volunteering for a few sessions, please contact Janis or Michael Perkin and they will be happy to provide more information.

### **Forward Day By Day**

The Forward Day by Day for February, March and April is now available at a cost of \$3 per copy.

### **Dollar for Dollar Coupons**

We still have some dollar for dollar coupons from before the pandemic. We will be selling these at coffee hour until they are gone. They can be used at participating Loblaws, Dominion, No Frills, Real Canadian Superstore, Maxi, Provigo, Extra Foods, Your Independent Grocer, Atlantic Superstore, Zehrs Markets, Valu-mart, Fortinos, Wholesale Club and T & T Supermarket. Please talk to Joy about purchasing coupons.

### **Office Hours**

The office will be open Monday, Wednesday and Friday mornings **from** 9:30 am to noon. Please call ahead to make sure someone is there.

### **Rev Canon David Clunie**

Our interim priest is the Rev Canon David Clunie. You may reach Fr David at 613-224-7431 or [David@stmarksottawa.ca](mailto:David@stmarksottawa.ca) For Pastoral Emergencies, please call 613-867-7027.

April 11, 2025

## Emails Addresses for Key People

The wardens, as well as the paid staff (Fr David, Joy and Elaine) all have email addresses in the StMarksOttawa domain. They are:

Fr David [David@stmarksottawa.ca](mailto:David@stmarksottawa.ca)

Joy: [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca)

Elaine: [Elaine@stmarksottawa.ca](mailto:Elaine@stmarksottawa.ca)

Janis Perkin : [Janis@stmarksottawa.ca](mailto:Janis@stmarksottawa.ca)

Joseph Amuah : [Joseph@stmarksottawa.ca](mailto:Joseph@stmarksottawa.ca)

Mike Duval : [Mike@stmarksottawa.ca](mailto:Mike@stmarksottawa.ca)

Gillian Martin: [Gillian@stmarksottawa.ca](mailto:Gillian@stmarksottawa.ca)

## E-Transfers to the Church

We can accept e-transfers to the main church account. We cannot do autodeposit because of the type of account but you may e-transfer money to [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca). You will be required to give a question. Please either make the answer obvious or email the office and let them know the answer to the question. This option has no cost to the church.

## Donations to the Church

We are extremely fortunate at St Mark's that there are a number of people who use Pre-Authorized Remittance (PAR). If you are not on PAR, we would encourage you to continue your donations. Of course, putting a cheque in the mail is always a great option for getting your donation to us. If you wish to

make a donation by credit card, you may do so at CanadaHelps.

<https://www.canadahelps.org/en/dn/47820>.

## Contacting the Church

You may contact the office at 613-224-7431 or [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca). Messages are being monitored. Email is faster.



**EARTHUB**  
Items To Keep Out of The Landfill  
www.earthhub.ca | environment@earthhub.ca

### OTTAWA COLLECTION

These items are collected for reuse.  
Earthub is run by volunteers - for privacy reasons, drop-off locations can only be obtained by email.

Monetary donations to help support our program can be made to: [accounting@earthhub.ca](mailto:accounting@earthhub.ca)  
Security Question: *Ottawa*  
Answer: *Chapter*

- Car Pull Tabs**  
Fundraiser for Earthub programs
- Milk Bags**  
Reused to make sleeping mats for people experiencing homelessness
- Egg Cartons**  
Closeable 6, 12 & 18 holder cartons are reused for egg distribution by local food banks and farmers
- Plastic Tags & Plastic Bottle Caps**  
Reused for an Earthub project in the works!
- Crayons + Empty Lip Balm & Glue Stick Tubes**  
Melted down & used for Operation Christmas Child shoeboxes - tubes used for 'push-up' crayons

\* All items must be donated clean

2024-12-11