



St Mark the Evangelist Anglican Church

1606 Fisher Ave, Ottawa ON K2C 1X6

Volume 6:27

October 3, 2025

Weekly Newsletter

Dear friends,

Welcome to our weekly newsletter. We are continuing the weekly newsletter for the foreseeable future.

Thanksgiving

Next weekend is Thanksgiving. As is our custom, we will decorate the church with canned goods and fresh produce. Please bring your donations to the church either Thursday morning or evening, Friday morning or Saturday 9 – 10:30 am.

Newsletter

Please send any news items or announcements for the newsletter to stmarks@stmarksottawa.ca with the word newsletter in the subject line.

Shout Outs

If you would like some special occasion like an anniversary or birthday acknowledged in the Sunday service, we will be more than happy to announce it. However, it must be in to the office by Wednesday Evening for it to be included in the service for the following Sunday.

- Georgia Roberts and Russell Wilkins celebrate their 10th wedding anniversary on October 3.

Live Streaming

The service will be streamed at 10 am on Sunday. [service bulletin](#) The link is also available on the home page of our website.

Bible Study Resumes October 8

Bible Study will resume on October 8 at 10 am in Bishop Reed Hall. It will be led by Rev Mary Cate.

Welcome Rev Mary Cate!



The Rev. Dr. Mary-Catherine Garden (Mary-Cate) was ordained by the Diocese of Ottawa in May 2016. Mary-Cate spent her curacy at Trinity Anglican Church, Cornwall and has served at St Martin's and Huntley parishes.

Before hearing a call to ministry, Mary-Cate was an historical archaeologist for more than 25 years. She has degrees in archaeology and heritage studies from the University of Toronto, The College of William and Mary in Virginia and Cambridge University. She has worked in the private and public sectors for museums, provincial agencies and in academia and spent much of her time digging up 17th, 18th and 19th century buildings and thinking about landscapes. She is interested in how we understand 'place'— including the spaces in which we worship.



St Mark's Fall Bazaar ~ 2025

1606 Fisher Ave. Ottawa

Saturday November 1, 2025

10:00 am – 2:00 pm

Handcrafts (sewing, knitting & other crafts) Preserves, Baking,
Café, Cards, Puddings, Calendars, Books, Puzzles, Jewellery

there will be no Rummage or Clothing

on-line Bazaar November 9 - December 14

information: 613-224-7431 stmarks@stmarksottawa.ca






Mary-Cate is a cradle Anglican who was born and (largely) raised in Toronto. She returned there, after time in Glasgow, to study for her MDiv at Trinity College. In between Mary-Cate lived and worshipped in parishes in northern Quebec, the United States and the UK.

In addition to her parish work, Mary-Cate is a member of the Property and Finance Committees, Diocesan Council and the Cemetery Subcommittee Group. She sits on the Board for Cornerstone Housing for Women and helps with the International Anglican Women's Network e-news.

In her off time Mary-Cate walks with Archie her Airedale terrier, knits, takes cooking lessons and in winter can often be found at a Ottawa Charge hockey game.

Mary-Cate loves serving the church as a priest and delights in welcoming new people and walking with others (old or new) in their journey to better know and serve the Lord. If you'd like to meet with Mary-Cate give her a call or drop her an email.

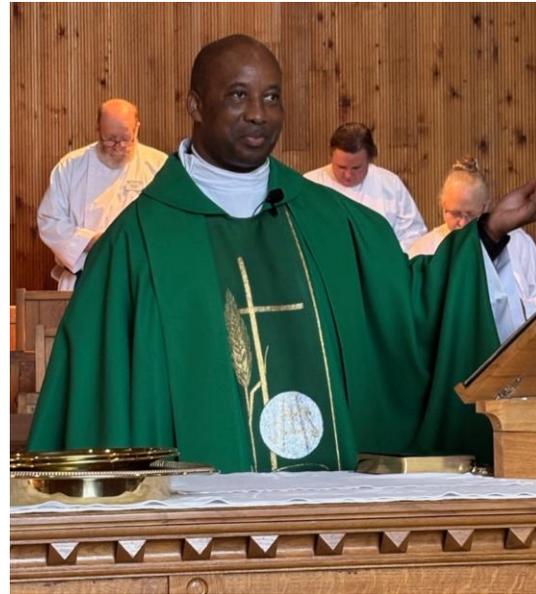
Mary Cate's email is MaryCate@stmarksottawa.ca We are still finessing the access details. For pastoral emergencies, she may be called at 613-231-7451.

Calendars and puddings early notice !

I have ordered 30 calendars, and they are available as of now. Please sign up on the link table to be sure you order yours.

Christmas puddings will be made soon, so again, please order yours now, so we know how many batches to make.

Thank you from Mothers' Union. – Cynthia



Last week, we thoroughly enjoyed having Fr Sony Jabouin as our celebrant at our morning services. James made his return to serving after a summer break – although with much shorter hair.



Fall Bazaar – November 1

This year at the bazaar we will have a jewellery table. This is a great opportunity to go through your jewellery. There will not be rummage, but there will be books.

One of things I am really hoping for is to have the bazaar reflect the backgrounds of our current congregation. For example, I make a lot of preserves for the bazaar. Some of them I make from recipes from my great-grandmother. It is a reflection of my interest and family background. We make Eccles Cakes, which are something very British, carrot cakes, cookies and pies which are very

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much part of our North American culture. Is there something in your family background you could share? Is there food or a craft? Please talk to Joy to see how we could work it into the bazaar.

Coffee, Company & Conversation

A fascinating look at the early 1800s in Upper and Lower Canada, through the novels of CCC's guest Catherine Grove, was most educational and enlightening. Catherine Grove is a retired engineer who, because she discovered that she had a mysterious ancestor who was very involved in the War of 1812, began to research this time in early Canadian history. Most importantly, the relationship between the colony and the United States nearby became the setting for some of the stories that she tells. Interestingly, the threat of a Southern neighbour in those days, mirrors the present situation - threats, particularly of annexation, and immigration from the South to the North.



She writes her tales using fictional women based on the study of actual women of that time. Through their lives she weaves important historical events, and emphasizes the diversity that existed then. The intermingling of British, Aboriginal and Black characters in the stories, and the situations in which they find themselves, tells of how early Canadian society and culture set the stage for

today's awareness of these three cultures that helped to build today's society. The photos shown enhanced this outline of 1800s life, particularly for women, in settler days. There were a number of insightful questions and comments following her presentation.



The food, prepared by Joy and Judy was, as always, a wonderful accompaniment to morning beverages. Thank you to two of our amazing baking teams. The array of goodies included homemade pretzels, almond zucchini

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loaf, date walnut bars, shortbread, chocolate chip and ginger molasses cookies, sauerkraut balls, along with crackers, rye bread, cheese dip and assorted cheeses.



Next week is Bridge and games or Koffee Klatsch. All are always welcome.

Debra Dynes Family House

Please continue to generously support the food bank for Debra Dynes Family house. There is a blue bin in the link waiting for your donations.

There is always a demand for the list below.

- Canned evaporated milk
- Canned tuna
- Pasta
- Pasta Sauce

Here are some specials from this week's flyers:

Specials this week from Flipp app

Giant Tiger: (until Tuesday)

Clover Leaf tuna or salmon - \$1.97 (50% off)

Metro:

Crown Leaf tuna - \$1.99

Classico Pasta sauce - \$2.97

No Frills:

Classico pasta sauce - \$3.00

No Name Evaporated Milk - \$1.50

Farm Boy:

Italpasta - \$1.99

Food Basic:

Barilla or Catelli Pasta - \$1.99

Monetary donations are another way to give. You may place your donation in the collection plate in a plain white envelope clearly marked for Debra Dynes or give it in person to Joan Grayer to take to Debra Dynes. If you require a tax receipt, please indicate and provide any information needed for that.

If you have any questions or concerns, please contact Joan Grayer.

Forward Day By Day

The newest edition of Forward Day by Day is now available, covering daily readings for August, September and October. This inspiring resource offers reflections on the passages assigned for each day, along with

prayers and suggestions to enhance your Christian journey.

Copies are placed on the table in the Link, available for \$3.

Little Free Library

We have a little free library by our front walk. The children's book are sought after and we do not have very many. If you have any to donate, just bring them in.

E-Prayer

E-prayer is now managed jointly by Cynthia Greer and Joy Bowerman. If you have a concern for which you would like prayer, you may contact Cynthia Greer at 613-723-2680 or greercynthia69@yahoo.com or send an email to Eprayer@stmarksottawa.ca. Likewise, if wish to be included on the E-prayer list, you may use the same contact information.

Dollar for Dollar Coupons

We still have some dollar for dollar coupons from before the pandemic. We will be selling these at coffee hour until they are gone. They can be used at participating Loblaw's, Dominion, No Frills, Real Canadian Superstore, Maxi, Provigo, Extra Foods, Your

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Independent Grocer, Atlantic Superstore, Zehrs Markets, Valu-mart, Fortinos, Wholesale Club and T & T Supermarket. Please talk to Joy about purchasing coupons.

Emails Addresses for Key People

The wardens, as well as the paid staff (Rev Mary Cate, Joy and Elaine) all have email addresses in the StMarksOttawa domain. They are:

Rev Mary Cate: MaryCate@stmarksottawa.ca

Joy: stmarks@stmarksottawa.ca

Elaine: Elaine@stmarksottawa.ca

Janis Perkin : Janis@stmarksottawa.ca

Joseph Amuah : Joseph@stmarksottawa.ca

Mike Duval : Mike@stmarksottawa.ca

Gillian Martin: Gillian@stmarksottawa.ca

E-Transfers to the Church

We can accept e-transfers to the main church account. We cannot do autodeposit because of the type of account but you may e-transfer money to stmarks@stmarksottawa.ca. You will be required to give a question. Please either make the answer obvious or email the office and let them know the answer to the question. This option has no cost to the church.

Donations to the Church

We are extremely fortunate at St Mark's that there are a number of people who use Pre-Authorized Remittance (PAR). If you are not on PAR, we would encourage you to continue your donations. Of course, putting a cheque in the mail is always a great option for getting your donation to us. If you wish to make a donation by credit card, you may do so at CanadaHelps.

<https://www.canadahelps.org/en/dn/47820>.

Contacting the Church

You may contact the office at 613-224-7431 or stmarks@stmarksottawa.ca. Messages are being monitored. Email is faster.