



St Mark the Evangelist Anglican Church

1606 Fisher Ave, Ottawa ON K2C 1X6

Volume 6:29

Weekly Newsletter

October 17, 2025

Dear friends,

Rev Mary-Cate's contact information

Welcome to our weekly newsletter. We are continuing the weekly newsletter for the foreseeable future.

Mary-Cate's email is

MaryCate@stmarksottawa.ca We are still finessing the access details. You may call her at 613-231-7451 or 416-709-3487.

Calendars and puddings early notice!

I have ordered 30 calendars, and they are available as of now. Please sign up on the link table to be sure you order yours.

Christmas puddings will be made soon, so again, please order yours now, so we know how many batches to make.

Thank you from Mothers' Union. – Cynthia

Fall Bazaar – November 1

I have printed some posters for the bazaar. If you have anywhere to put them up, please take one (or more). If you were a table convenor last year, please confirm to me whether you are willing to continue (unless you have already told me you are not.)

This year at the bazaar we will have a jewellery table. This is a great opportunity to go through your jewellery. There will not be rummage, but there will be books and puzzles.

One of things I am really hoping for is to have the bazaar reflect the backgrounds of our current congregation. For example, I make a lot of preserves for the bazaar. Some of them I make from recipes from my great-grandmother. It is a reflection of my interest and family background. We make Eccles Cakes, which are something very British, carrot cakes, cookies and pies which are very

Newsletter

Please send any news items or announcements for the newsletter to stmarks@stmarksottawa.ca with the word newsletter in the subject line.

Shout Outs

If you would like some special occasion like an anniversary or birthday acknowledged in the Sunday service, we will be more than happy to announce it. However, it must be in to the office by Wednesday Evening for it to be included in the service for the following Sunday.

Live Streaming

The service will be streamed at 10 am on Sunday. [service bulletin](#) The link is also available on the home page of our website.

Bible Study

Bible Study continues on October 22 at 10 am in Bishop Reed Hall. The readings for this week are: John 20:19-21.

Next Sunday

Because of previous commitments, Rev Mary-Cate will not be at the 8 am service on October 26. Keith Wilkins will lead a service of Morning Prayer at that time. Rev Mary-Cate will be present at the 10 am service.

St Mark's Fall Bazaar ~ 2025
 1606 Fisher Ave. Ottawa
Saturday November 1, 2025
 10:00 am – 2:00 pm
 Handcrafts (sewing, knitting & other crafts) Preserves, Baking,
 Café, Cards, Puddings, Calendars, Books, Puzzles, Jewellery
 there will be no Rummage or Clothing
 on-line Bazaar November 9 - December 14
 information: 613-224-7431 stmarks@stmarksotawa.ca

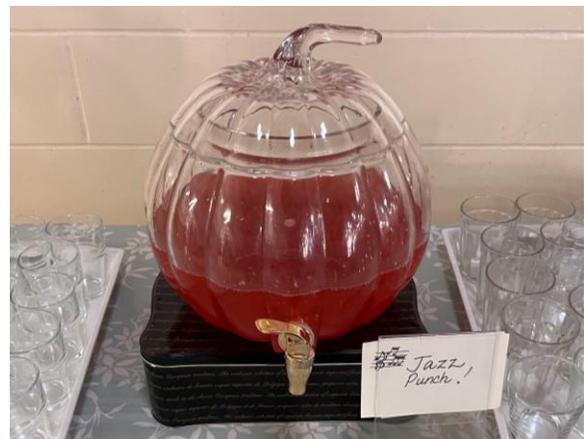
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much part of our North American culture. Is there something in your family background you could share? Is there food or a craft? Please talk to Joy to see how we could work it into the bazaar.

Coffee, Company & Conversation

Thursday morning at CCC was a swinging one with older songs and tunes played by a trio of consummate professionals. David Renaud, Craig Kennedy and Keith Walton, seasoned performers on the Ottawa jazz scene, entertained the group of 49 with pieces like Summertime from Porgy and Bess, When You're Smiling, Duke Ellington and Gershwin favourites, and many others. People were tapping their feet and were transported through memories to another time in their lives. It was an event to remember at CCC as these three gentlemen are renowned in the Ottawa region, and have played in military, RCMP and other bands, the NAC orchestra and Orpheus Theatre, the Ottawa Jazz Festival, and many venues around town where jazz and blues are played. It was a morning not to be missed.

As always, our renowned bakers prepared and served a themed table of goodies. In keeping with the jazz vibe. There was Jazz Punch, Smoked Salmon Spread, Bananas Foster Bread, Apple Bourbon Cake, Butter Tart squares, Chocolate Chip Oatmeal Crisps, Baguette slices and Crackers along with grapes and apple slices, accompanied by marble cheese slices, brie cheese and Danish Blue cheese. Thanks and kudos to Georgia Roberts and Janis and Michael Perkin. Could this be what entices people to CCC?



Next week will be a Creative Writing morning, while those who are not writers, will be

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playing Bridge or having coffee and conversation.

See you there!

Parish Council Updates

We heartily welcomed Rev Dr Mary-Cate to Parish Council on Tuesday, October 14. Here are a few updates for your awareness.

1) **Autumn Clean-up:** On Saturday, October 18, beginning at 8 a.m., we will have another Parish Clean-up Day. This time we will focus on the exterior, since others are renting the sanctuary. Come join us for fellowship and to prepare our church grounds for winter.

Some of the anticipated tasks include:

- Mow the lawn a final time for 2025
- Debris cleanup around the property
- Clear leaves and debris from gutters and window wells
- Disconnect and drain outdoor taps before the first frost
- Rake and collect leaves around the front garden and parking areas
- Perform end-of-season maintenance on the lawnmower
- Check key areas for needed repairs to prevent winter issues, especially around drainage, taps, and roof flow.

Volunteer help is urgently needed to complete these tasks — even a few hours makes a big difference

2) Leadership for Debra Dynes Family House:

A Message from Barbara Carroll



It's A Wrap!

Dear community members, staff, friends, partners, colleagues and donors, it has been the experience of a lifetime to have worked

and know you as ED of the Debra Dynes Family House. I feel so privileged to have worked alongside you on so many great adventures, over the years. My heartfelt thanks and gratitude for all the support that you have shown to me. I feel so privileged to have worked and developed strong bonds with you. I feel that in these challenging times the Family House is in a strong position to move forward and chart new paths together.

Sincerely,

Barbara A Carroll

It gives me great pleasure to introduce you to the new Executive Director of the Debra Dynes Family House.



Greetings new friends!

I am thrilled to be joining the team at Debra Dynes, I bring with me over two decades of experience in community support including shelters, youth outreach, food banks and poverty advocacy. I'm passionate about helping communities come together, supporting their members, and building a brighter future for everyone. Together, our brilliance will shine and Debra Dynes will fight for equity, equality and beauty for all.

Come and say hi, tell me your stories, and bring your ideas. I can't wait to meet you all!

Barbara

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Respectfully submitted,

Gillian Martin
Deputy Warden

Property Update

As we move into the fall season, several important property and maintenance priorities are underway to keep St. Mark's safe, welcoming, and compliant with regulations.

Immediate Priorities

- Heating System Repairs

Work is being scheduled to replace a failed hydronic zone valve for the Hall heating system to ensure reliable service through the winter.

- Backflow Preventer Installation

The installation of a new backflow preventer is a key compliance priority to meet City of Ottawa requirements.

- Drain Line Cleaning

Plans are also in motion to clean and clear the basin drain system to improve drainage and reduce future flooding risks.

These three items are being treated as top priorities to protect the parish building and maintain critical infrastructure.

Long-Term Planning and Stewardship

Other items — such as chimney repairs, ramp and accessibility improvements, door operator research, security system upgrades, and sump pump system improvements — are currently in the information-gathering stage. Quotes and options are being collected to support the Stewardship Committee and guide responsible long-term planning for the property. No decisions have been made yet; this stage is about setting a strong foundation for the future.

Fire Safety and Volunteer Engagement

We're currently updating and revitalizing our existing fire and safety inspection routines to meet Ottawa Fire Services requirements and strengthen our overall preparedness. These

inspections will include checking extinguishers, alarms, emergency lighting, exits, and other key systems that keep the building safe and compliant.

Volunteers are needed to help with these monthly inspections and other basic property checks. A few extra hands can make a big difference in maintaining a safe and welcoming environment for everyone.

If you're interested in joining the Fire and Safety Team, please email me directly at mike@stmarksottawa.ca.

Fall Cleanup Day — Saturday, October 18 at 8 a.m.

- Weather permitting, we'll be gathering at the church this Saturday for our Fall Cleanup and Winterization Day. Parishioners and friends are warmly invited to come lend a hand as we:

- Rake leaves and tidy the gardens
- Wash windows
- Sweep walkways and entrances
- Clear leaves and debris from gutters and window wells
- Clean and store the lawnmower and weed eater for the season
- Spruce up the property before winter

If you can spare a couple of hours, your help will be greatly appreciated. Please bring gloves, rakes, or any helpful tools if you have them. A warm cup of coffee is always a welcome treat to keep spirits up.

A Special Thank You

A very special thank you to all of our volunteers whose tireless dedication helps sustain St. Mark's and the comfort of our shared space. Your ongoing care, time, and generosity are truly the foundation of our parish life.

God bless

Mike Duval
Deputy Warden

Financial Update

Our collections income is significantly behind where we hope to be at this time of year. It is

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the lowest we have seen in the last 6 years. This is a very worrying trend.

However, at the moment we are in admirable financial shape. We will notice a significant increase in expenditures starting in October as we once again have full-time clergy. We also have some significant property expenditures coming up (namely furnace and backflow prevention).

Debra Dynes Family House

St. Marks has supported DDFH in more ways than just the Food Bank. Some of you may remember constructing the raised beds for the community garden, being on the planning committee for Soupalicious, being members on the Board, offering piano lessons to children in the Debra Dynes community (which was done by Carol Dicks), donating food to the food bank, donating school supplies and Mother's Day gifts, making monetary donations and offering assistance to many other activities.



Sip! Slurp! Savour! your way through
SOUPALICIOUS Ottawa 2025
Sunday October 26
4:30 pm - 7:00 pm
Carleton Heights Community Centre
1665 Apeldoorn Avenue
Adults: \$25 in advance • \$30 at-the-door
Children: 6-12 yrs. = \$10.00 • 5 yrs. & under = FREE

Purchase tickets online here:



A Debra Dynes Family House Fundraiser

For more information, debradynesfamilyhouse.com,
info@debradynes.com, or 613-224-3824.



Harrowsmith
MAKE. GROW. SUSTAIN. SHARE.

Reproduction is required permission of Authors of Soupalicious, designed to support the growing needs of local food banks.

Georgia Roberts has tickets for Soupalicious.

This is a special request for October:

- Halloween candies for the shell outers

There is a blue bin in the link waiting for your donations.

There is always a demand for the list below.

- Canned evaporated milk
- Canned tuna
- Apple Sauce
- Pasta
- Pasta Sauce

Specials this week from Flipp app

No Frills

No Name Evaporated Milk - \$1.65

Bastilla Pasta - \$1.60

Catelli Garden Select Pasta Sauce - \$1.69

PC Organic Applesauce cups - \$3.50

Food Basics

Carnation milk - 2/\$4

Giant Tiger:

Primo Pasta Sauce - \$1.47

Primo Pasta - \$.97

Shoppers Drug Mart

No name tuna - \$1.49

Monetary donations are another way to give. You may place your donation in the collection plate in a plain white envelope clearly marked for Debra Dynes or give it in person to Joan Grayer to take to Debra Dynes. If you require a tax receipt, please indicate and provide any information needed for that.

If you have any questions or concerns, please contact Joan Grayer.

Forward Day By Day

The newest edition of Forward Day by Day is now available, covering daily readings for August, September and October. This inspiring resource offers reflections on the passages assigned for each day, along with prayers and suggestions to enhance your Christian journey.

Copies are placed on the table in the Link, available for \$3.

Little Free Library

We have a little free library by our front walk. The children's book are sought after and we

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do not have very many. If you have any to donate, just bring them in.

E-Prayer

E-prayer is now managed jointly by Cynthia Greer and Joy Bowerman. If you have a concern for which you would like prayer, you may contact Cynthia Greer at 613-723-2680 or greercynthia69@yahoo.com or send an email to Eprayer@stmarksottawa.ca. Likewise, if wish to be included on the E-prayer list, you may use the same contact information.

Dollar for Dollar Coupons

We still have some dollar for dollar coupons from before the pandemic. We will be selling these at coffee hour until they are gone. They can be used at participating Loblaws, Dominion, No Frills, Real Canadian Superstore, Maxi, Provigo, Extra Foods, Your Independent Grocer, Atlantic Superstore, Zehrs Markets, Valu-mart, Fortinos, Wholesale Club and T & T Supermarket. Please talk to Joy about purchasing coupons.

Emails Addresses for Key People

The wardens, as well as the paid staff (Rev Mary Cate, Joy and Elaine) all have email addresses in the StMarksOttawa domain. They are:

Rev Mary Cate: MaryCate@stmarksottawa.ca

Joy: stmarks@stmarksottawa.ca

Elaine: Elaine@stmarksottawa.ca

Janis Perkin : Janis@stmarksottawa.ca

Joseph Amuah : Joseph@stmarksottawa.ca

Mike Duval : Mike@stmarksottawa.ca

Gillian Martin: Gillian@stmarksottawa.ca

E-Transfers to the Church

We can accept e-transfers to the main church account. We cannot do autodeposit because of the type of account but you may e-transfer money to stmarks@stmarksottawa.ca. You will be required to give a question. Please either make the answer obvious or email the office and let them know the answer to the question. This option has no cost to the church.

Donations to the Church

We are extremely fortunate at St Mark's that there are a number of people who use Pre-Authorized Remittance (PAR). If you are not on PAR, we would encourage you to continue your donations. Of course, putting a cheque in the mail is always a great option for getting your donation to us. If you wish to make a donation by credit card, you may do so at CanadaHelps.

<https://www.canadahelps.org/en/dn/47820>.

Contacting the Church

You may contact the office at 613-224-7431 or stmarks@stmarksottawa.ca. Messages are being monitored. Email is faster.