



St Mark the Evangelist Anglican Church  
1606 Fisher Ave, Ottawa ON K2C 1X6

Volume 7:15  
**June 26, 2026**

**Weekly Newsletter**

Dear friends,

**Summer BBQ**

Welcome to our weekly newsletter. We are continuing the weekly newsletter for the foreseeable future.

Please send any news items or announcements for the newsletter to [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca) with the word newsletter in the subject line.

**Shout Outs**

If you would like some special occasion like an anniversary or birthday acknowledged in the Sunday service, we will be more than happy to announce it. However, it must be in to the office by Wednesday Evening for it to be included in the service for the following Sunday.

**Live Streaming**

The service will be streamed at 10 am on Sunday. [service bulletin](#) The link is also available on the home page of our website.

**Summer Sign-Up Rosters**

From next week, July 5 and continuing until September 6, there will be one service at 9 am. During this time, there will be no formal schedule for Opening, Closing, Sides, Servers, Readers, Prayers, Communion Assistants, Livestream and Refreshments. However, all of these volunteers will be required each week. There are Sign-up rosters posted in the link. Please check it out and sign up. It is not expected for the whole summer to be filled in all at once. Working several weeks ahead allows peace of mind for the celebrant and allows everyone a chance to sign up as their plans clarify.

**Summer Camps**

Starting June 29, Pedalheads will be using the back parking lot and Carleton Memorial Day Camp will be using Bishop Reed Hall.

**St Mark's  
Summer BBQ  
Sunday June 28, 2026**

following the 10am service  
join us for coffee hour

**sausages & hotdogs**

chips & ice-cream

**free-will offering**



sponsored by St Mark's Mothers' Union

**Stewardship – Ubuntu**



Ubuntu, it is more than just a philosophical idea – it's a way of life that emphasizes interconnectedness and mutual responsibility within a

community. In the Zulu language, Ubuntu means 'I am because we are.' There is a story about an anthropologist who visited a village in Africa. She had heard about the Ubuntu tribe, known for living in harmony and having a deep sense of connection. When she arrived, she met some children and suggested a game. She placed a basket of fruits near a tree and said, "Whoever reaches the tree first gets all the fruits." But when she gave the signal, something surprising happened.

Instead of competing against each other, the children joined hands and ran together as a group. They reached the tree at the same time, smiling and excited, showing no concern for who might have won. They were more focused on sharing the experience than on winning individually. Then they sat in a circle and shared the fruits among themselves. The anthropologist was curious and asked them why they didn't compete to win the fruits all for themselves. One of the children replied, "Ubuntu. How can one of us be happy if the others are sad?" This simple, yet profound

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story demonstrates the essence of Ubuntu: that we thrive and find happiness in togetherness, cooperation, and caring for others. It's a reminder that community and connection are what truly make us human.



Ubuntu! What an elegant word to describe community, our community of St. Mark's

We have always been a community that shares its abundance in what appears to be times of scarcity and in insecurity. We need to keep in mind that together we are a successful community comprised of many loving and talented people. We make up a caring and prayerful body of Christ that can rally together in the spirit of Ubuntu so that we can thrive and look forward to our next adventure together.

Michael Perkin, for Stewardship Team

### **Debra-Dynes Family House**

#### **We Need Your Help This Summer**

We had generous donations in the past few weeks from CC&C, Bible Study and our Sunday church attendees. Thank you to all who donated.

BUT

Summer is here! CC&C is over until September. Their donations will be missed and many of us will be away on vacations so please be overly generous if you can.

### **News from the Debra Dynes Family House Newsletter**

From their newsletter:

We have a very special event coming! July 8, at Rideauview Park, we will be having our annual community BBQ! Come enjoy some halal burgers and hot dogs while the kids play! Special guests include Barbara Carroll, Riley Brockington, The Ottawa Library and the Ottawa Paramedics! Mark your calendars now, because you won't want to miss the fun!

### **Home Care**

Karen Barber has a reliable helper who specializes in elderly individuals who wish to remain independent and stay in the comfort of their own. If you would like more information, Karen would be happy to provide a reference and contact information. Karen Barber, 613-2224-6300, [the39barbers@icloud.com](mailto:the39barbers@icloud.com).

### **E-Prayer**

E-prayer is now managed jointly by Cynthia Greer and Joy Bowerman. If you have a concern for which you would like prayer, you may contact Cynthia Greer at 613-723-2680 or [greercynthia69@yahoo.com](mailto:greercynthia69@yahoo.com) or send an email to [Eprayer@stmarksottawa.ca](mailto:Eprayer@stmarksottawa.ca). Likewise, if wish to be included on the E-prayer list, you may use the same contact information.

### **Rev Mary-Cate's contact information**

Mary-Cate's email is [MaryCate@stmarksottawa.ca](mailto:MaryCate@stmarksottawa.ca) You may call her at 613-231-7451 or 416-709-3487.

### **Dollar for Dollar Coupons**

We still have some dollar for dollar coupons from before the pandemic. We will be selling these at coffee hour until they are gone. They can be used at participating Loblaws, Dominion, No Frills, Real Canadian Superstore, Maxi, Provigo, Extra Foods, Your Independent Grocer, Atlantic Superstore, Zehrs Markets, Valu-mart, Fortinos, Wholesale Club and T & T Supermarket. Please talk to Joy about purchasing coupons.

### **Emails Addresses for Key People**

The wardens, as well as the paid staff (Rev Mary Cate, Joy and Elaine) all have email addresses in the StMarksOttawa domain. They are:

Rev Mary Cate: [MaryCate@stmarksottawa.ca](mailto:MaryCate@stmarksottawa.ca)  
Joy: [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca)  
Elaine: [Elaine@stmarksottawa.ca](mailto:Elaine@stmarksottawa.ca)

Janis Perkin : [Janis@stmarksottawa.ca](mailto:Janis@stmarksottawa.ca)  
Joseph Amuah : [Joseph@stmarksottawa.ca](mailto:Joseph@stmarksottawa.ca)  
Mike Duval : [Mike@stmarksottawa.ca](mailto:Mike@stmarksottawa.ca)  
Gillian Martin: [Gillian@stmarksottawa.ca](mailto:Gillian@stmarksottawa.ca)

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### **E-Transfers to the Church**

We can accept e-transfers to the main church account. We cannot do autodeposit because of the type of account but you may e-transfer money to [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca). You will be required to give a question. Please either make the answer obvious or email the office and let them know the answer to the question. This option has no cost to the church.

### **Donations to the Church**

We are extremely fortunate at St Mark's that there are a number of people who use Pre-Authorized Remittance (PAR). If you are unable to get to church, putting a cheque in the mail is always an option for getting your donation to us. If you wish to make a donation by credit card, you may do so at CanadaHelps.

<https://www.canadahelps.org/en/dn/47820>.

### **Contacting the Church**

You may contact the office at 613-224-7431 or [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca). Messages are being monitored. Email is faster.