



# St Mark the Evangelist Anglican Church

1606 Fisher Ave, Ottawa ON K2C 1X6

Volume 7:20

## Weekly Newsletter

**August 02, 2026**

Dear friends,

Welcome to our weekly newsletter. We are continuing the weekly newsletter for the foreseeable future.

Please send any news items or announcements for the newsletter to [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca) with the word newsletter in the subject line.

### Shout Outs

If you would like some special occasion like an anniversary or birthday acknowledged in the Sunday service, we will be more than happy to announce it. However, it must be in to the office by Wednesday Evening for it to be included in the service for the following Sunday.

### Live Streaming

The service will be streamed at 9 am on Sunday. [service bulletin](#) The link is also available on the home page of our website.

### Summer Sign-Up Rosters

From next week, July 5 and continuing until September 6, there will be one service at 9 am. During this time, there will be no formal schedule for Opening, Closing, Sides, Servers, Readers, Prayers, Communion Assistants, Livestream and Refreshments. However, all of these volunteers will be required each week. There are Sign-up rosters posted in the link. Please check it out and sign up. It is not expected for the whole summer to be filled in all at once. Working several weeks ahead allows peace of mind for the celebrant and allows everyone a chance to sign up as their plans clarify.

### Summer Camps

Carleton Memorial Day Camp will be using Bishop Reed Hall every day during the summer.



### Parish BBQ August 2 2026

Join us for the first of our summer Sunday BBQs after the morning service. Come along, bring a friend Please speak to the Rector if you are able to help cook or serve on the day.

### Farewell and Fond Memories: The Ojo Family

Our St. Mark's community extended its deepest gratitude and best wishes to the Ojo family on June 21 as they moved to Fort Elgin, Ontario. We will greatly miss their presence as altar servers, parish council members, and talented coffee hour bakers.

Distance didn't keep them away for long! While in Ottawa on business last week, they met up with Suzanne Bisson, Sheila Pitt, and Cynthia and Paul Greer for snacks and dinner. Enjoy these photos from their lovely evening together. We keep the Ojo family in our prayers as they settle into their new community.



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### **Forward Day by Day**

The newest edition of this special resource, covering August, September and October, is now available. The appointed daily Bible readings are provided, along with thought-provoking commentary, to enhance your personal devotions. Copies, at \$3 apiece, are on display on the table in the Link.

### **Debra Dynes Family House**

Please remember to bring donations for our Food Bin in the link.

Also, remember to start looking for school donations such as binders, paper, pens, pencils, back packs.

### ***On sale this week***

**Shoppers Drug Mart** - No Name Tuna @\$1.49

**Food Basics** - Carnation milk @ 2/\$4.00  
Nature Valley Bars and Fruit Snacks @2.99

**Metro** - Catelli pasta @\$1.99

### **Summer Office Hours**

The office will be open Tuesdays and Fridays from 9:30 am to noon until after Labour Day. It is staffed by volunteers so please call ahead (613-224-7431) to make sure someone is there.

### **E-Prayer**

E-prayer is now managed jointly by Cynthia Greer and Joy Bowerman. If you have a concern for which you would like prayer, you may contact Cynthia Greer at 613-723-2680 or [greercynthia69@yahoo.com](mailto:greercynthia69@yahoo.com) or send an email to [Eprayer@stmarksottawa.ca](mailto:Eprayer@stmarksottawa.ca). Likewise, if wish to be included on the E-prayer list, you may use the same contact information.

### **Rev Mary-Cate's contact information**

Mary-Cate's email is [MaryCate@stmarksottawa.ca](mailto:MaryCate@stmarksottawa.ca) You may call her at 613-231-7451 or 416-709-3487.



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**(Re)Discovering the Spirit of St. Mark's**

After many years of significant change and uncertainty, St. Mark's is ready to think about what comes next – but first, we need to understand who we are **now**. What gifts has God given us for *this* time in the life of our parish and our community? How do we prepare ourselves to hear and follow God's call today *and* into the future?

Whether St. Mark's is your church home of decades or of months, your perspectives and insights are needed! Gather on Saturday, October 17<sup>th</sup> from 10-3 for a day of reflection, prayer, and preparation.



**Facilitator:** Rhonda Waters, Incumbent of St. Helen's, Orleans and Archdeacon of East Ontario

Rhonda came to ordained ministry after exploring a career in community development and discovering she wanted to talk to everyone about God. As a priest, she continued to pursue her interest in organization development, understanding that parishes are best able to serve God and God's world when they function well as organizations. She has Graduate Certificates in Community Economic Development (Concordia University) and Philanthropy and Non-Profit Leadership (Carleton University) and is currently writing her doctoral thesis for a D. Min in Ministry Development from Virgine Theological Seminary

**SATURDAY, OCTOBER 17<sup>TH</sup> 10 AM-3 PM**

## Dollar for Dollar Coupons

We still have some dollar for dollar coupons from before the pandemic. We will be selling these at coffee hour until they are gone. They can be used at participating Loblaws, Dominion, No Frills, Real Canadian Superstore, Maxi, Provigo, Extra Foods, Your Independent Grocer, Atlantic Superstore, Zehrs Markets, Valu-mart, Fortinos, Wholesale Club and T & T Supermarket. Please talk to Joy about purchasing coupons.

## Emails Addresses for Key People

The wardens, as well as the paid staff (Rev Mary Cate, Joy and Elaine) all have email addresses in the StMarksOttawa domain. They are:

Rev Mary Cate: [MaryCate@stmarksottawa.ca](mailto:MaryCate@stmarksottawa.ca)

Joy: [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca)

Elaine: [Elaine@stmarksottawa.ca](mailto:Elaine@stmarksottawa.ca)

Janis Perkin : [Janis@stmarksottawa.ca](mailto:Janis@stmarksottawa.ca)

Joseph Amuah : [Joseph@stmarksottawa.ca](mailto:Joseph@stmarksottawa.ca)

Mike Duval : [Mike@stmarksottawa.ca](mailto:Mike@stmarksottawa.ca)

Gillian Martin: [Gillian@stmarksottawa.ca](mailto:Gillian@stmarksottawa.ca)

## E-Transfers to the Church

We can accept e-transfers to the main church account. We cannot do autodeposit because of the type of account but you may e-transfer money to [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca). You will be required to give a question. Please either make the answer obvious or email the office and let them know the answer to the question. This option has no cost to the church.

## Donations to the Church

We are extremely fortunate at St Mark's that there are a number of people who use Pre-Authorized Remittance (PAR). If you are unable to get to church, putting a cheque in the mail is always an option for getting your donation to us. If you wish to make a donation by credit card, you may do so at CanadaHelps.

<https://www.canadahelps.org/en/dn/47820>.

## Contacting the Church

You may contact the office at 613-224-7431 or [stmarks@stmarksottawa.ca](mailto:stmarks@stmarksottawa.ca). Messages are being monitored. Email is faster.